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Casco Bay Weekly

Down by law:
Judge rules
that promoter
Don Law can
stage concerts
at Scarborough
Downs. *page 5*

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paign finance
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page 13

Artists have the
edge at PMA,
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Edge" shows off
30 years' of
contemporary
Maine art.
page 23

Getting the lead out

**Lead poisoning
threatens Portland
kids of all socioeco-
nomic levels, but
could be prevented**

■ By Mishe Pietkiewicz

Mary and Tim Follo never imagined that renovating their Victorian house in Portland would endanger their one-year-old, Emily. Tim knew the painted surfaces in his house contained lead, and took safety precautions. So when their pediatrician told the Follas that Emily's blood lead level was dangerously high, they were shocked.

"You read stories about a housing project in the dark corners of the city where paint chips are like potato chips, and we certainly didn't consider ourselves susceptible," said Tim. "We had never heard of middle-class people suffering [from lead poisoning], so consequently, it didn't exist for us."

In March of 1990, the Environmental Defense Fund estimated that 12 percent of the children between six months and 5 years old in Portland have dangerously high blood lead levels. Depending on the condition of your house, your child may be at risk. It wasn't until 1977 that the Consumer Product Safety Administration prohibited the use of lead-based house paint. And 89 percent of Portland's houses were built before 1977, according to the Portland Council of Governments.

In April of 1992, Maine's Legislature passed a revised version of the 1973 Lead Poisoning Control Act. But key components of the bill were axed during the legislative process. And passing more stringent legislation has been hampered by widely held misperceptions that lead poisoning affects only low-income families, according to Portland City Nurse MaryAnn Amrish.

In fact, middle- and upper-class children whose parents renovate older houses may be most at risk. Sanding and stripping paint release toxic lead dust, which children inhale. Furthermore, Amrish said these kids are less likely to be screened for lead poisoning because their living environments are not perceived to be high-risk.

But lower-income children who participate in public health programs are regularly screened. And the places they live may be safer, since federal HUD regulations stipulate public housing must be lead-free.

In passing the lead control act, the Legislature recognized the extent and severity of lead poisoning among the state's children. Yet Maine still lacks a comprehensive program for controlling lead poisoning.

Continued on page 8



Leadbusters: Keith Rickett, John Johnston and Kyle Rickett (l. to r.) are Westbrook's Abatement Professionals. Photos/Tonee Harbert

GET LOST WITH CASCO BAY WEEKLY'S GETAWAY SECTION: SEE PAGES 26-27.

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GOOD COOKIN'
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It was a dark and stormy night. I'd moved the car because of the parking ban, but otherwise Allison and I had been cooped up all day. There was nothing on the tube. The reruns ran together and the list of cancellations rolled endlessly across the screen. The Mall had closed at six.

I picked up the mail on the way back from moving the car and had mistakenly grabbed our downstairs neighbor's Fingerhut catalog. Allison looked through it for awhile and mentioned that maybe it was time to replace our steak knife set. I glanced with alarm at the mail-order catalogs stacked beside the couch. It was time to get out of there.

Our friend Della has a favorite saying, "When life hands you lemons make lemonade." So we bundled up and stepped out for some fresh air and to enjoy the snow. We were halfway down Spring Street when it hit us - the wonderful aroma of London Broil and Chowder wafting through the air. We looked at each other in surprise. Katahdin was open! In this weather!

We followed the delicious smell and looked through the frosted window. I was astonished to see practically everyone from the neighborhood inside, chatting and laughing over steaming plates and bowls of food. The couple nearest us were enjoying what looked like hot cider. I shook my head in disbelief. We had been in Portland one year and were just now discovering how the natives coped with Cabin Fever! Allison tugged at my coatsleeve and led me inside.

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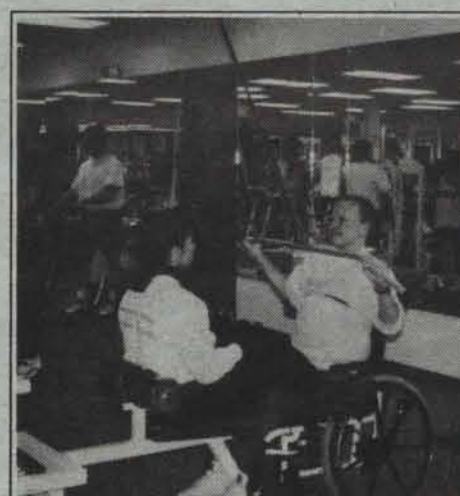
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Judith Faust: "Is it coincidence that you were drawn to that card? It represents what you are."

**A conversation with
Judith Faust**

I thumbed through a large deck of tarot cards, pausing at the ones that appealed to me, pulling them out of the deck, laying

them on the table. Each card was decorated with a different symbol. Some were luminous and beautiful; others were grim but oddly compelling.

Judith Faust of Old Orchard Beach, a tarot card reader, had told me that I would be inclined toward some cards but not toward others.

Like other tarot card devotees, Faust believes there is a higher wisdom available to us if we know how to access it with the tarot.

What makes anyone come to a tarot card reading for the first time?

Curiosity. Entertainment. It has also been said that when the student is ready the teacher appears.

Do you have some special gift?

My only gift is intuitiveness. I have been trained to interpret the tarot. I've studied. It is like a foreign language and you can learn to speak it.

Do people come to you because they're in trouble?

A lot of times.

What if you see something ominous in their cards?

Oftentimes I am telling them something that they already know. The reading of tarot cards gives form to their thoughts. If I point out to you that you have some probable bad times coming then you can take time to brace yourself or to change the situation by a word, by an action or a deed.

What do you say to skeptics?

That they should go to the library and read about this.

You look quite different than I thought you would. I expected you to look more other-worldish.

I hope you're not disappointed.

By Deb Dalfonso, photo by Toney Harbert

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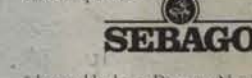
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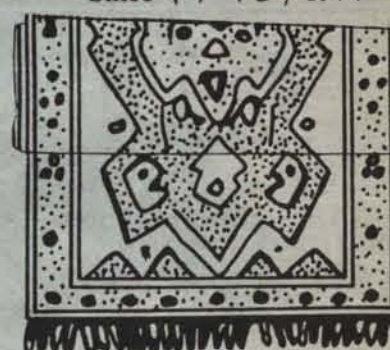
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newsreal

A review of the top news stories affecting Greater Portland February 17 through 23.

More Mainers will get gas if plans for a larger natural gas pipeline from Quebec province to Westbrook become reality. A coalition of four companies has begun seeking land easements to build the pipe, which will replace a smaller one leased from the Portland Pipeline Corp. through 1996. The project, estimated to cost \$350 million, would increase the current pipeline's capacity tenfold. A second, smaller project would enlarge another pipeline from Westbrook to Massachusetts.

"There is a market in New England for that quantity of natural gas," said John Flumerfelt of Granite State Gas Transmission, Inc., one partner in the group. "We're not going after the small customers so much as larger industrial users and power plants." Flumerfelt singled out Central Maine Power's oil-fired electricity plant on Cousins Island as one possible customer.

Gas bills may go up to finance the construction project, said Shelley Dunn, spokeswoman for Northern Utilities, but they may not. That's because one component of natural gas prices — transportation costs — will rise, while another part — the price of the gas — should drop with increased volume, Dunn said.

Dunn and Flumerfelt noted that natural gas produces less pollution per unit of liquid fuel than oil. "Natural gas is the cleanest-burning fossil fuel; there's absolutely no doubt about that," Flumerfelt said.

Maine is among the most oil-dependent states in the nation. Presently, approximately 60 percent of the state's homes heat with oil while only 1 percent heat with natural gas.

Westbrook decided not to hop off Metro.

Westbrook's finance committee debated a plan to leave the Portland-Westbrook bus system after Metro's latest budget requested an extra \$11,000 from the city, but aldermen voted 6-1 Feb. 8 to remain with the system.

Even if the city had seceded from Metro, it would have been required to pay the \$11,000 increase because member communities must give one year's notice of their departure, said Metro General Manager Sarah deDoe.

Peter Eckel, assistant to the city's mayor, briefly examined the possibility of Westbrook starting up its own bus system just as South Portland did in 1983. He concluded that staying with Metro would cost the city less.

Westbrook pays about 13 percent of Metro's costs and Portland pays the rest. Metro is asking Portland to contribute \$1.56 million during its next fiscal year, an increase of \$36,000.

Debate over an elected mayor was put off

by the Portland City Council. On Feb. 17, city councilors tabled Mayor Charlie Harlow's proposal to study electing a full-time mayor. The council is now scheduled to discuss the city's charter at a March 8 workshop.

"It's absolutely ludicrous," said Harlow. "I don't understand the point of tabling it. It comes down to the Hamiltonian philosophy that people don't know enough to vote for what they want, and the Jeffersonian philosophy that people do know what they want and will vote that way."

Harlow denied allegations that local business leaders have encouraged his push for an elected mayor. "People look at me and feel there's some kind of agenda," he said. "It's simply a matter of wanting people to have the chance to vote on it. I'm not gonna slit my wrists if it doesn't pass."

Portland hasn't elected a mayor since 1923, when it abolished the elected mayor form of government. The City Council now appoints one of its members to serve as mayor for a year.

A budget impasse broke when state legislators compromised Feb. 17 on cuts to balance a projected \$1 billion shortfall. The bipartisan deal, brokered by Rep. George Kerz of Old Orchard Beach, defers expenses and shuffles funds while making fewer cuts in state services than Gov. John McKernan had sought. Among the most significant compromises hammered out were a 4 percent cut in the state's Aid to Dependent Families with Children (AFDC) budget. The legislature's Appropriations Committee had pushed for an 8 percent cut in AFDC money.

A Ballotgate burglar turned on his cohort. Longtime Democratic Party activist Michael Flood pleaded guilty to burglary, and will cooperate with state and federal authorities in exchange for leniency.

Flood said he had helped another man — widely believed to be Ken Allen, an aide to House Speaker John Martin — tamper with ballots stored in a recount room at the Statehouse Dec. 11. The fingerprints of Flood's alleged partner have been discovered on a ballot box, according to Assistant Attorney General Eric Wright, and about 30 suspicious ballots were discovered in boxes from the two legislative races still under investigation.

Attorney General Michael Carpenter and U.S. Attorney General Richard Cohen said they expected to complete the probe by the end of the month. Carpenter also said the state might pursue charges of an alleged cover-up of the ballot tampering scheme.

Scarborough Downs can get down with concerts, according to Cumberland County Superior Court judge Peter Goranites. The ruling by Goranites paves the way for Boston promoter Don Law to stage up to four concerts at the racetrack between April 15 and Oct. 31. Law and track owner Joe Ricci had been fighting for the last nine months for the right to hold concerts. But the town claimed that its zoning barred concerts at the track unless it was "fully enclosed" — which the town interpreted to mean that the concert area had to have a roof over it.

Law and Ricci's lawyers maintained that the track only had to be enclosed by a fence to comply with zoning. Goranites agreed, saying, "had the term 'fully enclosed' been intended to require containment in a building... the ordinance would have said so by the use of the term 'building.'"

Town attorney David Webbert said town councilors will probably decide next week whether to appeal the ruling to the Maine Supreme Court. Webbert added that Law and Ricci still must secure "mass gathering" permits before they can stage any concerts. The permits would require that concerts meet noise restrictions, as well as safety and sanitation requirements.

Promoters are also vying to hold concerts at Old Orchard Beach's ballpark. The town is fielding proposals from a handful of promoters — including Don Law — who want to stage concerts and other events at the vacant stadium, according to Town Manager Jim Bennett.

The Town Council wants to put the ballpark back in business to help relieve local taxpayers of the annual \$250,000 cost of paying the mortgage and other bills for the stadium. The council hopes to vote on signing a one-year lease with one of the promoters next month, Bennett said.

"We're doing a lot of behind-the-scenes work on checking references with other municipalities," Bennett said. "It will be like a marriage, so there's got to be some dancing and dating before we get to the altar."

Portland West came under fire again

at a City Council hearing on funding requests for non-profit groups. The West End neighborhood group was recently criticized by some councilors for defaulting on city housing loans. On Feb. 22, Portland West was knocked again by councilors who backed City Manager Bob Ganley's recommendation to deny the group \$40,000 it had received last year and sought again this year.

Ganley said he recommended no city funding for the group's housing development program because the council's Housing Committee — comprised of Cheryl Leeman, Keri Lord and Anne Pringle — had voted unanimously against it. "Since they went to that unusual step I felt I would accommodate their request," Ganley said.

Pringle said the committee had voted against Portland West because providing affordable housing — which has been the thrust of the group's housing program — was no longer the priority it had been in recent years. Pringle denied that the group's loan default figured in the vote.

Reza Jalali, Portland West's new director of Tenant Support Services, said the \$40,000 was not aimed at supplying affordable housing, but at providing tenants with budgeting skills and other services that would keep them from falling into a "cycle of homelessness."

But Pringle and Leeman called Jalali's pitch a "shift" from Portland West's original request. And they said it seemed tailored at the last minute to obtain city funding. Pringle also suggested that the people Portland West aimed to help could receive similar services at the Preble Street Resource Center (PSRC). Ganley recommended that PSRC's new Community Resource Center (CBW 1.7.93) receive the \$100,000 it had requested from the city.

Reported by Paul Karr, Bob Young and The Associated Press;
illustrated by John Bowdren.



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Landlords sued for fatal fire

Landlords of 215 Congress St. — and possibly the city of Portland — are facing lawsuits from the families of people who died in a fire at the building last December.

Mary Packard, whose husband Joseph fell to his death after helping his wife and their two daughters out of the blazing building, filed suit against the building's landlords in Cumberland County Superior Court on Feb. 19. The suit charges that the building's owners and management company were negligent and caused Joseph Packard's "wrongful death" because they failed to fix faulty alarms and smoke detectors.

The suit alleges that Ross James Management Company and building owners Richard Barbieri of Greenville, S.C., and Lee Topp of Hampton Falls, N.H., were notified by a tenant and the Portland Fire Department that the alarms and smoke detectors weren't working prior to the Dec. 3 fire which killed four people.

Kevin Merrill, who lived with the Packards, told the building's resident

manager that smoke detectors in the apartment were defective in October 1992, according to the suit.

Despite this notification, the building's landlords failed to repair or replace the detectors, the suit claims.

The suit also contends that on Nov. 22 the fire department notified the resident manager, Arthur Rice, that the alarms weren't working. Rice then informed Jack Linehan, owner of Ross James Management, of the problem, the suit says.

Portland Fire Chief Joe Thomas and Assistant Attorney General Tom Goodwin have confirmed that the building's alarm system wasn't functioning properly at the time of the fire. An attorney representing Jose

Salazar, whose 20-year-old wife Marjorie and 10-month-old daughter Kendra died in the fire, is also planning to file a suit. "It will be nearly identical to the Packards' suit," said Salazar's attorney, Jill Allen.

But Allen added that she might also sue the city of Portland and its fire department. She said the suit might allege that the fire department had violated a city ordinance by failing to send the building's landlords written notice that the alarm system wasn't working.

Thomas said that the department's policy requires either verbal or written notification (CBW 1.14.93). But Allen cited a section of a city ordinance which says that the "fire chief shall give written notice" of a "malfunctioning alarm system... within three days."

Allen explained that she wants to find out more from the attorney general's office "about exactly what the fire department did" before she decides whether to sue the department.

Allen expects the landlords to defend themselves against the suits by arguing that a working alarm system would not have saved lives. Fire department officials have also made that claim because Virgil Smith — who has been charged with arson and murder — allegedly used gasoline to set the fire, which raced through the building.

But Allen disputed that claim. "Marjorie was sound asleep when the fire struck. There's no question that if she had a half-minute more she would've gotten out safely," Allen said.

The father of the fire's fourth victim, Thomas Curlew Jr., also plans to sue the building's owners and manager. But attorney Peter DeTroy said he doesn't anticipate suing the city.

"Legally, I think it's a very, very tough proposition," DeTroy explained. "Government entities have such extraordinary immunity."

Last call at Ralph's

The Portland City Council continued its crackdown on bars by refusing to renew the liquor license of Ralph's on Middle Street.

Councilors cited Ralph's recent history of problems in a 5-4 vote against renewing the tavern's license. Portland police have reported 84 fights at Ralph's over the last four years. The bar also owes the city more than \$28,000 in back taxes and fees.

Councilors who supported Ralph's noted that Gloria Peaslee, who has owned the business for 18 years, had a clean record until health problems forced her to turn over daily supervision of the business to managers, under whom most of the problems occurred. Councilors expressed hope that Ralph's would clean up its act with Peaslee back in charge.

When councilors had first considered Ralph's license renewal last December, they told Peaslee to improve the bar's security. Since then, the bar hasn't had any problems, according to Portland police Lt. Richard Rizzo. "We asked them to do something. They did it. I don't understand how we can deny them the license," said Mayor Charlie Harlow.

But Tom Allen — who joined Cheryl Leeman, Keri Lord, Dick Paulson and Anne Pringle in voting against Ralph's — argued that the bar has the "worst record in the city of the Portland."

Leeman added that it would be unfair to renew Ralph's license when councilors had recently denied a license renewal for Sharky's, an Old Port bar which didn't have the same degree of problems as Ralph's.

Harlow countered that councilors had voted against Sharky's largely because neighboring businesses had complained about the rowdiness of the bar's patrons. No neighbors had complained about Ralph's, Harlow said.

Peter O'Donnell also stressed that Peaslee's case demonstrated the city needed the ability to suspend licenses for short periods of time before denying them. O'Donnell suggested that licenses could be revoked for several days to send a message to bar owners. Suspensions could be longer for second offenses and third offenses would cause a license denial, he proposed.

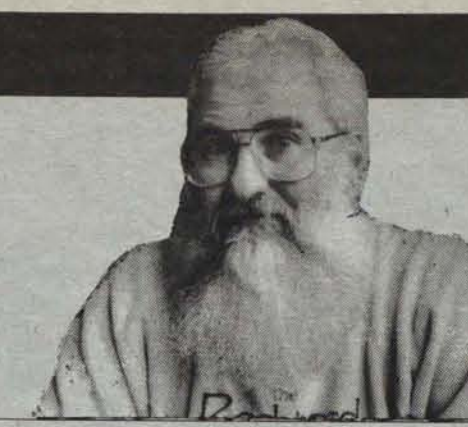
He also said that the city's Public Safety Committee, which he chairs, will recommend that the city lift its moratorium on granting licenses to new bars in April. At the same time, the committee will urge the City Council to adopt a proposal levying \$500 fines against people found urinating or fighting in public.

Meanwhile, Ralph's will remain open while Peaslee appeals her case to the state liquor commission. The state overruled the city's decision on Sharky's.

Bob Young

politics & other mistakes

By Al Diamon



Will the wolf survive?

The bumper stickers read, "WHAT'S THE TRUTH ABOUT MARTINGATE?!" and "ASK A DEMOCRAT ABOUT TAMPERGATE." They're being churned out by a Republican activist who smells blood in the vicinity of the office of the speaker of the house.

Just before Attorney General Michael Carpenter announced there might be indictments due to a cover-up in the ballot tampering scandal, Statehouse hangers-on were saying the odds of House Speaker John Martin of Eagle Lake being forced out of office by the scandal were 10-1 against. That's down from 100-1 at the beginning of the year and there's nothing in sight that's likely to change the trend that the odds will keep dropping.

It's not just the scandal that's weighing on Martin's mind. His power has been tested almost continuously since the November election, and the strain is starting to show. He crushed two rivals for the speakership without breaking a sweat, but that was hardly a fair test of his power. State Reps. Marge Kilkelly of Wiscasset and John Michael of Auburn both lacked the stature, credibility and political skills to be taken seriously as potential speakers.

A better measure of Martin's standing came in December, during the infighting over who'd be attorney general. Martin worked hard behind the scenes on behalf of Androscoggin County District Attorney Janet Mills, who got so little support she dropped out of the race rather than embarrass herself. Reliable estimates gave her fewer than a dozen votes among the 186 members of the Legislature.

Martin also twisted arms to help state Rep. Patrick Paradis of Augusta win the House majority whip job. In spite of, or perhaps because of, that help, Paradis edged state Rep. Annette Hoglund of Portland by a single vote.

When a rule change that would have limited the speaker to three terms in office (Martin is currently serving his 10th term) hit the House floor in January, those in favor fell just one vote short of the two-thirds majority needed. Martin's core supporters turned out to be his fellow Aroostook County Democrats, legislators he'd appointed as committee chairs and intimidated freshmen. Even Martin's heir apparent, House Majority Leader Dan Gwadosky of Fairfield, deserted him.

The speaker was little more than a bystander when the supplemental budget drafted by his handpicked Appropriations Committee was rewritten by disgruntled rank-and-filers. Martin bestowed his blessing on the revised budget, but then, he allows the tide to go in and out, too.

Even if Martin dodges the legal bullet, his political future will still be in doubt. Although his enemies are

weak and incompetent, and the Republican minority in the Legislature has, so far, failed to create anything close to the sort of public pressure that might force Martin from office, the ballot tampering scandal may do it for them. Even if there was no cover-up, the voters may hold the speaker responsible.

As one Republican gaffly put it, "It was on his watch. It was his people. He's responsible."

At current odds, a \$10 bet against Martin seems to be a pretty good investment. You could use some of your winnings to buy valuable collector's item bumper stickers.

Unfaithful servant

Grassroots anger over Democratic President Bill Clinton's decision to abandon his campaign promise of a tax cut for the middle class and instead propose a tax increase, may be fueled by motives ranging from the pure to the thoroughly contaminated.

Some voters take campaign promises seriously, and they're having a hard time buying Clinton's explanation that deficit projections are much worse now than during the campaign. (An argument could be made that anyone foolish enough to believe campaign promises is probably a good candidate for the Portland City Council, but one could be forgiven for suspecting most of the emotional attacks are the result of something other than naivete.)

Here's a short test to measure whether your outrage at Clinton's economic proposals is based on partisan politics or a true feeling of betrayal.

Do you believe Clinton changed his mind on taxes because:

- A) he's stupid
- B) he's a liar
- C) he's incompetent
- D) he's evil
- E) he was genuinely unaware of trends in federal budget projections

Do you believe Republican John McKernan claimed the state had no budget crisis during the 1990 gubernatorial campaign because:

- A) he's stupid
- B) he's a liar
- C) he's incompetent
- D) he's evil
- E) he was genuinely unaware of trends in state revenue collections

The correct answer is, pretty much, up to you, but it doesn't seem unreasonable to question the motives of anybody who answered A, B, C or D for one question and E for the other.

Charges, countercharges and other electrifying events may be sent to this column, care of Casco Bay Weekly, 551A Congress St., Portland, ME 04101. Reversals of polarity should be referred to 775-6601.

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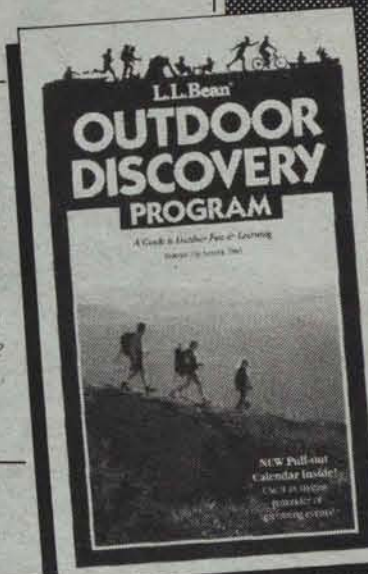
Spring is upon us, well, almost. And the L.L.Bean Outdoor Discovery Program Spring/Summer 1993 Guide can get you excited about venturing outdoors, doing the things you love to do.

Our Outdoor Discovery Program (ODP) was created to help people get more enjoyment out of the outdoors through a wide range of activities. ODP is all about biking, hiking, canoeing, kayaking, archery, fishing and much more. Most programs are led by people from our staff who have a real passion for the outdoors and like to pass it on.

The L.L.Bean Outdoor Discovery Program Spring/Summer 1993 Guide contains a complete listing of informative talks, workshops and symposiums about the outdoors.

Look for our guide in the February 28 issue of the **Maine Sunday Telegram** and the **Leiston Sun Journal** or the February 26 issue of the **Brunswick Times Record**. Or pick up a copy at our store on Main Street in Freeport.

Look for the pullout calendar of events in this year's guide. It's new for your convenience.





Emily Follo, shown with parents Mary and Tim, was poisoned by lead when her parents renovated their home.

GET THE LEAD OUT

Continued from front page

"How do you know if your kid was supposed to have an I.Q. of 120 and they end up with one of 100? You want your kid to have the I.Q. they were meant to have."

Nancy Schmid

Tim and Mary Follo were in the process of renovating their 125-year-old Victorian home in Portland when they received a disturbing call from their pediatrician, Susan Talbot. She informed them that the blood lead level of their one-year-old, Emily, had tested dangerously high, at twice the acceptable level. The acceptable level of lead, set by the Centers for Disease Control in Washington, D.C., is 10 micrograms per deciliter of blood. A child is considered to have lead poisoning if his or her blood lead level is over 10.

"We were in shock," said Tim Follo. "It was very emotional. I was aware the age of our house meant that the painted surfaces contained lead and I had taken lots of precautions. I had sealed off rooms where I was working with plastic and had two exhaust fans blowing all the time. I thought I was being safe."

Immediately after hearing from Talbot, the Follis contacted Portland's Lead Inspector Arthur Rowe, who inspected their house free of charge.

"We knew from talking to the pediatrician that Emily wasn't eating paint chips," said Follo. "My wife Mary stays home with Emily all the time, and Emily is not a real mouth child. Kids usually eat paint chips when they're left alone and bored. So it had to be that she was inhaling lead dust."

The only sure way to know if a child has lead poisoning is through a blood test like the one Emily had. Portland pediatrician Paul Ritger, who routinely tests for lead, said he finds that 12 percent of the children he tests show dangerous blood lead levels. (Studies also show that fetuses with levels exceeding 15 micrograms may suffer prenatal developmental deficiencies — meaning that pregnant mothers also put their babies at risk through exposure to lead during pregnancy.)

Only 10 Maine children have been hospitalized for lead poisoning in the past six years, said Ritger. But lead poisoning often goes undiagnosed so actual numbers may be higher, according to Lisa Belanger, Portland's maternal-child health manager.

Lead poisoning threatens children up to six years of age.

It can cause serious damage to the brain, kidneys and red blood cells. Lead can slow a child's normal development and cause learning and behavioral problems. Research gathered by the Centers for Disease Control (CDC) has shown that even levels of lead as low as 10 micrograms can gnaw at intelligence, impair memory, slow reaction time and muddy concentration.

High levels can result in retardation, coma and sometimes death. It takes strikingly little lead to poison a child. A child can become severely lead poisoned (showing 60 to 80 micrograms per deciliter of blood) by ingesting one milligram of lead paint dust — equivalent to about three granules of sugar — each day during childhood, according to *Newsweek* magazine (July 15, 1991).

And lead poisoning is difficult to detect because most children suffering from it never look sick. If they have any symptoms at all (and most don't), they're much like those of a common cold or flu: headaches, tiredness, lack of appetite, stomachaches and crankiness.

According to Ritger, children are more susceptible to poisoning than adults because their nervous systems and tissue are still evolving. "Children like Emily, between the ages of six months and one-and-a-half years, are at highest risk," he said.

Rowe told the Follis that sweeping and damp mopping were the most immediate and simplest ways they could minimize the problem. He told them to use TSP (trisodiumphosphate) or any other high-phosphate cleanser on the surfaces where dust had accumulated, because phosphates cling to lead particles.

Rowe also told them to avoid vacuuming altogether. "And that's exactly what we have been doing," said Follo. "Unfortunately, an upright vacuum cleaner is like a blender. It picks up the lead paint chips, churns them up, and spits the lead dust back out into the room. Once the lead is in the air, all the child has to do is breathe it in to become poisoned."

Follo said he and his wife did as much cleaning up as they could. "But we also immediately stopped renovating. We were told that any small amount of sanding or chemical stripping, even prying up lead-painted molding, would make the lead airborne again," he said. "Quite frankly, we considered moving out, but by following some experienced advice we got around the problem."

Emily was tested over six-week intervals and her lead levels slowly dropped back to normal. The Follis concurrently added more iron to her diet because iron helps the

body rid itself of lead more efficiently. Tim said he'd wished he'd known more about lead poisoning, because if he had he could easily have avoided the problem.

"But when things are taboo, people don't talk about them," he pointed out. "It's like that with lead poisoning. Nobody has been talking about how this is not an isolated problem, that it's pervasive," he said. "You read stories about a housing project in the dark corners of the city where paint chips are like potato chips, and we certainly didn't consider ourselves susceptible. We had never heard of middle-class people suffering, so consequently, it didn't exist for us."

The Larocques didn't think they had a problem either. Their Pownal home was built within the last 20 years and is lead-free. Leigh Ann Larocque said she was surprised when her pediatrician called to say her twin boys had tested at lead levels of 10 and 14.

"We couldn't figure out where they were being exposed. Finally we narrowed it down to visits to their grandparents' older home or to my husband's clothing. He works around a lot of gas and petroleum products," she said. "You have no idea where your child is going to get exposed to lead. There are chemicals everywhere out there." The Larocques still haven't figured out the cause of their boys' high lead levels.

The Schmidts are a middle-class Yarmouth family who live in a Victorian house. They weren't renovating, but friction from opening and closing their son Henry's bedroom windows had released enough lead dust to raise his blood lead level to 11. Nancy Schmid cleaned the windows with TSP, kept them shut all last summer despite the heat, and kept Henry away from them. She said their biggest concern was the possibility that Henry could have suffered permanent cognitive damage.

"How do you know if your kid was supposed to have an I.Q. of 120 and they end up with one of 100? You want your kid to have the I.Q. they were meant to have," she said.

Schmid went on a crusade to warn her friends with children about the dangers of lead poisoning. She was appalled to learn they had encountered resistance from their pediatricians, who wondered why they wanted to get their kids tested.

"Nobody is saying that a child will have serious problems with a blood level of 10," said Lani Graham, the director of the Bureau of Health for the Department of Human Services in Maine. "What we're saying is that it's an indicator that there is a problem. And it's very important to identify a problem like this before it does permanent damage."

"We're talking about the rest of a kid's life and their ability to learn."

Canaries in a coal mine

A group of Portland nurses, pediatricians, lawyers and public health officials came together in 1991 to form the Committee for Prevention of Childhood Lead Poisoning. Their initial goal was just to raise awareness in the community about the lead threat to Portland's kids.

Within a month of their first meeting, however, they had pulled together a statewide convention on lead. By May of 1992, they had joined with the state Public Health Department to update the 1973 Maine Lead Poisoning Control Act.

The group wanted to help the state better assess the problem, streamline testing methods and make Maine's lead laws easier to enforce. The revised bill requires physicians to report suspected cases of lead poisoning to the Department of Human Services within five days. The department must then inspect all dwelling units in the suspect structure. Once the presence of lead is detected, the department must post a notice on the dwelling; the owner has 30 days to remove, replace or cover a lead-based substance.

As of January 1994, all physicians must inform their clients of the availability and advisability of screening (at parental expense), and provide information on the risks of contamination. And as of this month, all lead blood samples must only be sent to the state Health and Environmental Testing Laboratory for analysis.

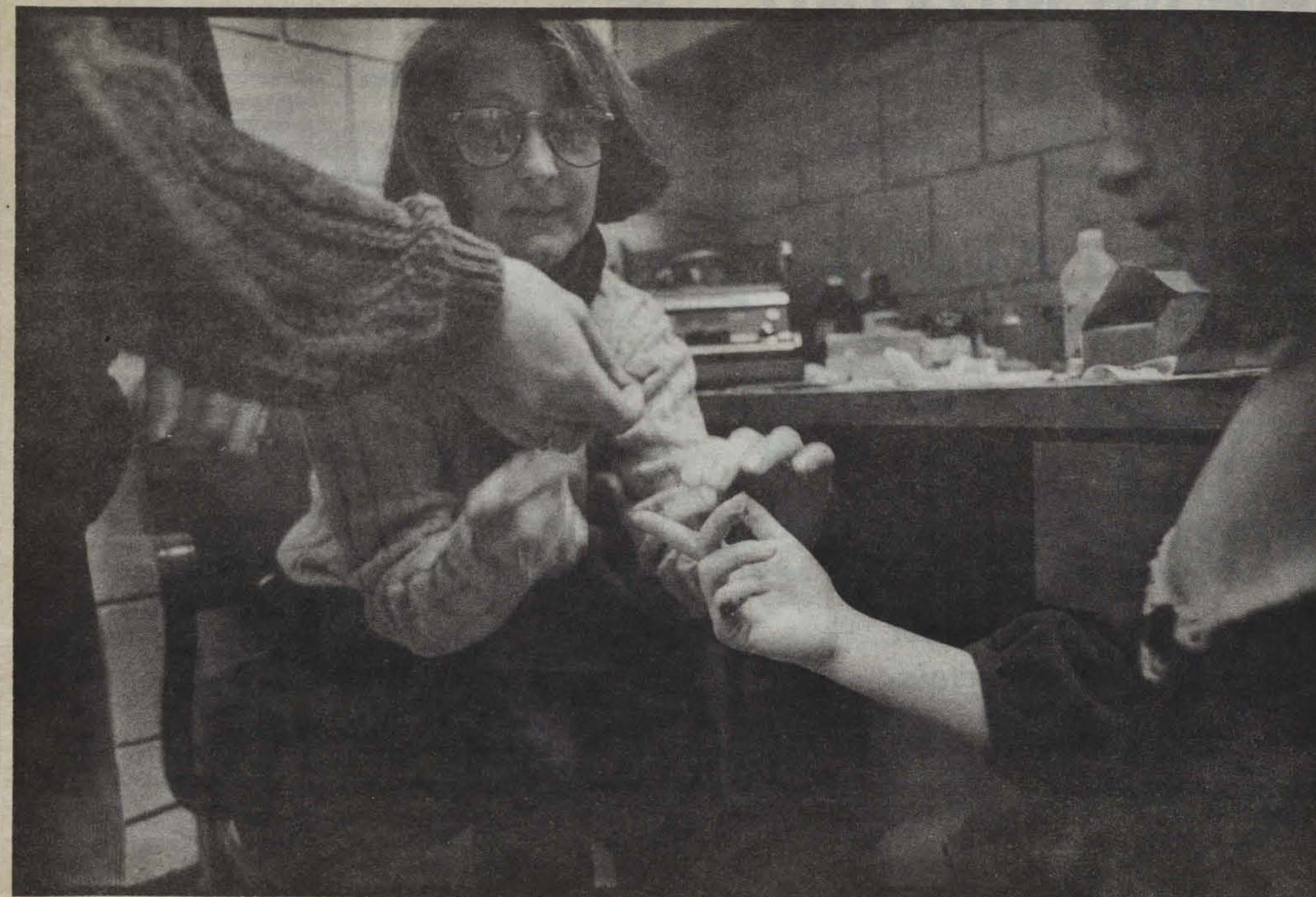
But three of the most stringent clauses were killed during the legislative process.

Lobbyists for the Maine Medical Association and some independent physicians opposed a clause requiring mandatory lead screening for all Maine children. South Portland pediatrician Jack Mann, M.D., was one of those strongly opposed to mandatory screening.

"The fear of lead poisoning has been exaggerated to the point of hysteria," said Mann. "The research on lead poisoning and its effect on the cognitive processes of children fails to satisfy the question of whether those cognitive difficulties are a result of lead or of iron deficiencies," he said. "Iron deficiencies have also been proven to cause cognitive damage."

But Mann admitted that a certain level of lead can be damaging. "Up above 40 it's very clear that children have problems and I'm sure that under 40 there are resulting learning problems. How far below, we just don't know."

Continued on page 11



MaryAnn Amrich, R.N., performs a capillary lead screening on 6-year-old Elizabeth Loudon. Amrich coordinates Portland's Childhood Lead Poisoning Prevention Program.

"Kids are being used like canaries in a coal mine. You take a kid, you dip them in a house, and if they turn a certain color the house is poisoned."

Paul Ritger

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Keep the lead out

According to Portland City Nurse Mary Ann Amrish, a child doesn't have to gnaw on a leaded window-sill or eating flakes of lead paint to get lead poisoning. The paint doesn't necessarily have to be peeling either; lead dust is easily inhaled.

But parents can help reduce a child's risk, even in a house that contains lead:

1. Lead-based paint disintegrates, especially around high-friction areas like doors and windows. Although one's immediate instinct might be to whip out the vacuum cleaner, Amrish said this is the worst thing you can do, since a vacuum blows all the lead dust into the room.

2. Instead, she recommends wet-mopping everything — windows, baseboards, hardwoods — and though it's environmentally incorrect, to use a high-phosphate detergent. "The phosphates bind to the lead. Spic and Span or dishwasher detergent works, or hardware stores sell a product call TSP," she said.

3. Good hygiene minimizes absorption. Wash the child's hands, toys and pacifiers often.

4. Lead is more easily absorbed on an empty stomach so make sure your child eats regular meals. Iron and calcium deficiencies also enhance the absorption of lead. Consult your physician about a supplement program for your child.

5. Lead is still used in a small percentage of canned fruits and vegetables. Be especially alert to imported foods. Avoid leaving foods in cans after opening because lead can leach into the food.

6. Lead can leach into your tap water from the lead solder in the pipes. Hot water is known to leach more than cold. If your pipes have been soldered with lead, Amrish suggests parents use only cold water to make baby formula and that they run the water for at least five minutes beforehand.

7. If you work with leaded materials, children can pick up lead dust from your clothing or tools.

8. If you are considering renovating your house, especially if the renovations will include sanding or heat-gunning painted surfaces, consult an environmental engineer for safety precautions to protect your family.

For more information on making your environment as lead-safe as possible, or who to call for inspection or lead abatement, contact Mary Ann Amrish at the City of Portland Public Health Division: 874-8300, ext. 8784

Get a complete copy of the 1992 Revised State of Maine Lead Poisoning Act by writing to the Department of Human Services' Bureau of Health, Division of Health Engineering, Community Health Program, State House, Station #10, Augusta, Maine 04333-0010. Or call 287-5689.

GET THE LEAD OUT

Continued from page 9

Mann said he is also concerned about the cost of screenings. "If the city and state think that this is so important, then they should be footing the bill," he said. "What about the family who works at Dunkin' Donuts who has to make a choice between bread and milk and the cost of a screening? What are they supposed to choose? If the government is so curious, let them provide free screening."

"Before we act and commit tremendous resources to this, we need more than a few experts in Washington saying that this is a problem."

However, as of 1991 the Environmental Protection Agency (EPA) has maintained that lead poisoning is the No. 1 environmental health risk to children. In the same year, the CDC recommended mandatory screening for all children annually, starting at age 1 until age 6.

Graham argued that the CDC and the EPA can hardly be classified as "a few experts in Washington." Graham also said that had mandatory screening passed, the \$15 fee paid by parents to the state lab for testing would have gone into a lead fund to provide free screening for Mainers who don't qualify for Medicaid but are too poor to afford insurance.

Belanger said mandatory testing is necessary if Maine really wants to solve its lead problem. "Without a wide range of [lead test results], you can't raise an informed awareness of the problem," she said. "You can't really even gauge the extent of the problem."

Two other clauses were lost in the legislative process.

Real estate lobbyists opposed an amendment requiring real estate agents to provide prospective purchasers with information on the possible presence of dangerous levels of lead in paint, plaster, soil or other materials in homes. And landlords opposed a requirement holding them responsible for lead inspections upon demand by prospective tenants.

"As it stands now, a landlord only has to address lead contamination if there is a poisoned child in their unit," said Ritter, who advocates both routine lead screening and housing inspections. "Any kind of mandated screening or housing inspection increases the chances of liability to a landlord. In other words, the way the law is now, if a landlord doesn't know about the problem, he doesn't have to do anything about it."

"Kids are being used like canaries in a coal mine," he added wryly. "You take a kid, you dip them in a house, and if they turn a certain color the house is poisoned."

Hanging by their fingernails

Landlords complain they are stuck between two tough laws. The federal Fair Housing Act makes it impossible for them to refuse to rent to a family with children. But Maine's lead law says that landlords are required to remove lead if their houses are contaminated.

In Portland, if a child is discovered to have lead poisoning, Rowe inspects the house where that child lives. If the house is contaminated, the landlord has 30 days to eliminate the hazard. According to Rowe, most landlords either comply by making necessary structural changes or by trying to move the tenants to another, lead-free unit.

If the landlord fails to comply, the city will move Portland families of any income level into a temporary shelter while searching for a lead-free environment for them.

"With new state laws in effect, most landlords have begun to do the work," said Rowe. "And once we threaten court action for non-compliance, they usually realize that they have no choice."

Violation of the act's provisions is punishable by a \$500 fine or six months' imprisonment or both. Failure to correct a hazard after a notice from the Department of Human Services also subjects property owners to punitive damages. But no one has ever been fined.

That's because few families choose to stay in a contaminated environment long enough to warrant legal intervention by the city — 30 days. And Rowe said the city has never proceeded with legal action.

Portland landlord Peter Wovkonish said that even faced with court action, most landlords don't have the money to clean up their properties. "Homeowners are hanging by their fingernails in this economic climate," he said.

Wovkonish suggested creating a pool of money to address the problem. "One way would be to create an apartment tax, wherein landlords paid a certain amount per unit and that tax went into a general lead abatement fund," he said.

"There are other ways besides panicking, and going up to Joe Schmo apartment owner who bought a building 20 years ago, passed all the necessary inspections, and now comes to find that he has 10 units that are lead hazards and has to come up with \$50,000 for lead abatement," said Wovkonish.

Steve Zaisley, the state's environmental health specialist, said that complying with the Maine lead law does not have to cost a landlord \$5,000 per unit.

"It may be a simple matter of removing one baseboard or stripping one door off-site," he said. "And the way the law stands now, only landlords who live off the premises are required to hire a certified abatement contractor. Those who work on the premises can do the work themselves... They should, however, consult a lead abatement professional because lead is a hazardous material and should be handled as such."

Zaisley also said that contrary to what many landlords believe, the state is not striving to make Maine lead-free, merely lead-safe. Landlords may choose to make their buildings lead-free by replacing leaded surfaces, or they may only want to make them lead-safe, either by encapsulating lead hazards with new coats of paint or scraping lead off exposed surfaces.

"Our primary purpose is to reduce lead hazards for children," said Zaisley. "To meet the current definition of lead-safe in this state does not require total removal. Maine is still working on the specifics, but it basically means that the paint be intact — not cracking or peeling. We do not view the presence of lead-based paint, in itself, as a health hazard," he said.

Litigating when legislation fails

A growing number of families whose children have been poisoned by lead are turning to litigation because legislative enforcement has failed them.

Rebecca and Ricki Roberts' son Kyle's blood lead level was under 10 micrograms when his family moved into a Forest Street apartment. Six months later, Kyle's lead level was 27 — more than two-and-a-half times the level set by the CDC as acceptable.

After inspecting their apartment, Rowe told the Roberts the lead levels were so high they should move out as soon as possible. But the Roberts' landlady failed to return their calls, according to Rebecca. And the couple was too worried about Kyle's health to remain in their house the requisite 30 days for the city to take legal action.

"We wanted to get Kyle out right away," said Ricki. "We knew his lead levels were high enough to cause brain damage."

No family should have to wait 30 days for the city to take action, said Jeff Thaler, an environmental lawyer with the Lewiston firm of Berman & Simmons. He said this is one of the ways the existing legislation is flawed.

"Once a lead hazard is discovered, abatement should be immediately enforced," he said. "And even if the child is removed from the situation, the hazard still exists. You can have as many regulations on the book as you want, but without the power of enforcement, regulations are useless."

Thaler is currently representing another Portland family whose child was poisoned by lead. "Sometimes to remedy a problem like this, the responsible parties have to be hit over the head with a few lawsuits before they react. Maine has been bending over backwards for landlords for years," he said.

And the Department of Human Services, which enforces Maine's Lead Poisoning Control Act, "just doesn't have the time, money or resources to be proactive," he explained. "In the absence of tougher legislation, people will have to rely on the legal system for enforcement."

The Roberts were lucky. They found a new landlord who had been a lead inspector in Boston and who did everything he could to get them into one of his units within five days of Rowe's inspection. Even so, they've decided to take legal action against their landlady because they want to set up a trust fund for Kyle.

"Ten years later, if our child suffers from a learning or physical disability because of this exposure, then what will we do? We want to be able to offer him all the help he's going to need at that point," they said.

Their experience with lead poisoning has turned the Roberts into strong advocates for mandatory screening for children and mandatory inspection of the houses where they live.

At this point there is no organized effort to reinstate such screening into Maine's lead bill.

"There's no doubt that screening for lead should be mandatory," said Rebecca. "Housing needs to be screened as well as the children. And building owners applying for house insurance should be required to prove that their dwelling is lead-safe before they are granted a policy."

"People may be worried about how much money it's going to cost," she said, "but we're talking about a child's life and well-being here." CBW

Mishe Pietkiewicz is a freelance writer living in Gorham.

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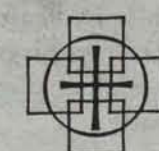
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Make lead testing mandatory for housing

The nation's campaign against lead poisoning in children has been ardently fought, but its outcome is still undecided.

And as we report in our cover story this week, high levels of lead persist in a large number of local children. Portland pediatrician Dr. Paul Ritger found that one child in six is at risk of contracting lead poisoning. And, contrary to common wisdom, lead doesn't affect just children from poor families. Kids from every socioeconomic level are suffering.

Recognition that lead is hazardous has been growing steadily. And we have taken steps to get it out of the environment. Studies in the 1960s found that crops grown along interstates contained as much as 50 times the lead allowed under federal standards. Now most vehicles run on unleaded gasoline, improving the air we breathe and the food we eat. Lead was also banned in house paints in 1977 by the Consumer Product Safety Administration.

After those early successes, regulators tracked down lead to increasingly elusive lairs, where it was eliminated. The last lead-soldered can rolled out of a U.S. manufacturing plant in 1991. The same year plastic bread-bag manufacturers stopped using lead-based inks. (While the inks didn't contaminate the bread, studies found that consumers often turned the bags inside out to store other food, which *did* become contaminated.) Even the domestic wine industry recently vowed to eliminate the use of lead-sealed corks, which often left a lead residue on the bottle mouths.

So why do our children continue to have problems with lead poisoning? It appears we still have a lot to learn about managing the lead-laced products in use before the curbs were imposed. For the most part, that means learning to live with homes built before 1978, when the lead-paint ban went into effect.

The U.S. Congress took some tentative first steps toward that end last October when it passed a bill requiring home sellers and landlords to notify prospective buyers and tenants about lead and its dangers. Although mandatory testing of properties was debated in an earlier version of the bill, a watered-down law eventually passed, requiring only the distribution of an informational brochure about lead hazards.

More action is still needed, particularly to protect tenants. Unlike potential home buyers, who wield considerable leverage with sellers, tenants are rarely in a position to demand lead testing before they move into a new apartment.

Maine's lead laws are reasonably farsighted. The problem is, legislators put the cart before the horse. The law mandates that landlords must remove lead hazards from their apartments. But it doesn't require that landlords test their properties to learn whether lead is a problem or not. No ostrich could have devised a better plan.

Rather than demanding the immediate removal of lead in all apartments (a rule that has been impossible to enforce), we think the state should simply require mandatory lead testing by landlords for each apartment they own. The full results of these tests should be made available to all current and prospective tenants, who can decide whether to stay and implement lead reduction measures or move.

Landlords instinctively tend to support the free market. But a free market demands the open exchange of information. So let tenants make informed decisions about the risks they're willing to take, and the rents they're willing pay if they accept those risks. We'd guess that apartments contaminated by lead won't command the same rents as lead-free apartments. This disparity would provide ample economic incentive for landlords to seriously consider abatement measures.

This clearly won't take care of the entire problem — some families facing economic difficulties will accept hazards for cheaper rents, and their children will suffer. And lead clearly needs to be removed from all dwellings in time. The state should eventually set realistic and enforceable deadlines for bringing all housing into compliance with stringent standards.

But spreading the word is the essential first step. "The reason hysteria exists is not because people can't protect themselves," said Tim Follo, a Portland resident whose daughter was found to have high lead levels. "It's because they don't know the whole story and they don't know what they're up against. That makes people feel vulnerable."

"Once you have knowledge, there is no need for hysteria." (WC)

Another boomer-harangue

I am a baby boomer — one of the first, born in 1945. I want to contribute to David Kurapka's contention ("Why I hate boomers," 1.28.93) that my fellow baby boomers and I are loathsome irresponsible about the future.

We were the first generation in the United States to notice that our culture, the pursuit of the American dream, could not be passed on to future generations. This culture, premised on the nefariously rapid use of its resources (oil, gas, coal, iron, timber, ground water, topsoil, and so on) had, at best, one or two more generations to last.

We did nothing about it. Of course, there were occasional low-entropy, hippy communes, but characteristically narcissistic, we baby boomers have not grown up enough to abandon our cities, and build passive, underground houses and grow our food organically.

From Gary Snyder's political concept of bioregionalism, to Jeremy Rifkin's articulate delineation of the problem, we have only experienced the American dream becoming a nightmare. And without waking up.

Please, post-baby boomers, feel free to live for the future. Rouse yourselves from this nightmare and live as if people will be here longer than the half-life of plutonium; please, don't pay for this party.

Ray Hall
Portland

Dropping recycling

I read with interest Paul Karr's article ("Dropping the bottle," 2.4.93). Although he explains in great detail the socioeconomic problems associated with recycling petrochemicals, he fails to inform the reader of the actual physical laws that describe the real fallacies associated with recycling.

Recycling fails to conform with the first and second laws of thermodynamics. The first law of thermodynamics deals with the amount of available energy in the universe. This amount has been fixed since the beginning of time and will remain fixed until the end of time.

This is called conservation of energy, and it is a fundamental law of Newtonian physics, which states: While energy can never be created or destroyed, it can be transformed from one form to another.

The second law of thermodynamics states that every time energy is transformed from one state to another a certain penalty is exacted. This penalty is a loss in the amount of available energy to perform work of some kind in the future.

Many people believe that almost everything that we use up can be totally recycled and reused if only we can develop the appropriate technology. There is no way to achieve anywhere near 100 percent reprocessing.

Every time something is recycled, some of it is inevitably, and irreversibly, lost. Recycling creates additional pollution and requires ever greater

amounts of energy inputs to collect, transport and transform the scattered materials. Therefore, things can only be recycled by the expenditure of new sources of available energy.

When Copernicus announced that the universe does not revolve around the earth, society of the

time became bewildered and depressed. But for humanity to continue a healthy existence, it must somehow manage to adjust itself to the physical laws that are reality.

I think the time has come for us to realize that recycling is no longer the operative word when it comes to dealing with our high entropy culture.

Brian Harris
Brian Harris
Portland

The truth about plastics

In response to your article about recycling, I was glad that someone finally told the truth about plastic. However, I will not be boycotting plastics because there are some answers to the problem that no one wants to listen to.

We can replace all plastics made from petroleum with biodegradable plastics made from hemp. In fact, if we grew 40 million acres of hemp in this country, we could replace all foreign oil.

We currently import 18 barrels of foreign oil into this country every

day. Gee, I wonder why we have a four trillion dollar deficit? The laws in this country against hemp are ludicrous. They are only there to protect the interests of corporate America and to keep law enforcement officers employed.

This is ruining our country by creating a fascist attitude with propaganda. It also will be the downfall of the entire world with the pollution that petroleum products creates.

This planet will not be fit to live on when we run out of oil. The people who are responsible for creating this situation are evil and wicked to a point where they don't even care about their own children. And since they don't care, I don't either.

If you think I am a crackpot, I know a gentleman who offers \$10,000 to prove this wrong. Feel free to call me at any time if you want further information.

Manny Wallace
Founder and chairman,
Americans Fighting for our Rights
Daily (AFFORD)
Sebago Lake

Casco Bay Weekly welcomes your letters. Please limit your thoughts to 300 words, include a daytime phone number and address to: Letters, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.

A call to arms: Reform campaign financing now

What are the chances of getting real reform out of Washington on an issue like health care? Probably slim and none, after all the lobbyists for doctors, hospitals, insurance companies and drug manufacturers take their well-funded shots at a reform package.

No matter what President Clinton says, there will be no meaningful reform out of Washington without first enacting the kind of campaign finance reform that eliminates the influence of high-powered lobbyists.

The good news is that the time is ripe for meaningful campaign finance reform. Clinton has promised it and Congress is slated to start debating it in several weeks. And the beauty of campaign finance reform is that it's a nonpartisan issue. It's something every citizen who wants a clean, efficient government should support. Perotistas clamoring for change should support it. Clintonites who insist their guy represents fundamental change should support it. And GOP-ers who

editorial

complain that the Democrat-controlled Congress is controlled by special interests should support it. Now the onus is on citizens who have gripped about losing control of their government. Citizens must act now to ensure that politicians don't pull a fast one and offer some watered-down reform as the real thing. And Maine citizens will play a role in the decade's most important political drama.

\$\$\$

The key to campaign finance reform is breaking the link between candidates and their special interest contributors. That means replacing the dirty money with clean money. That means replacing private contributions with public ones. And that means reducing the amount that candidates can spend and setting limits on the amounts that Political Action Committees (PACs) and individuals can contribute to candidates.

It might seem costly — and even repugnant — for taxpayers to fork over money for candidates' campaigns. But our current system costs taxpayers far more in sweet deals to big campaign donors. For instance, taxpayers will pay \$500 billion over the next 30 years — or more than \$175 per year per household — because the S&L industry defeated timely attempts to halt the banking crisis. Funds for publicly financed elections should come from two sources: Repealing the tax deduction corporations currently take for lobbying expenses would produce \$100 million per year; and increasing the voluntary tax return check-off from \$1 to \$5 would produce another \$100 million per year.

Based on the availability of that money, the U.S. Public Interest Research Group (U.S. PIRG) is promoting a four-point platform for campaign finance reform, which we support. The platform includes:

1992 congressional races: what money can (and can't) buy

Here's what Maine's candidates for Congress spent, how many votes they received and how much they spent per vote.

1st Congressional District
Tom Andrews: \$822,170 — 232,696 — \$3.53
Linda Bean: \$1,414,262 — 125,236 — \$11.29

2nd Congressional District
Olympia Snowe: \$736,207 — 153,022 — \$4.81
Pat McGowan: \$380,249 — 130,824 — \$2.91
Jonathan Carter: \$16,533 — 27,526 — 60 cents

■ 100 percent public financing of general elections, with public matching funds for small private contributions in primaries.

■ Voluntary spending limits set at \$500,000 for the House and \$775,000 to \$4.5 million, depending on the voting population of the state, for the Senate.

■ Reducing contribution limits (in primaries) for PACs and individuals by at least 75 percent. PACs are currently allowed to contribute \$5,000, individuals \$1,000.

■ Closing soft money loopholes. Current laws allow for unlimited contributions of so-called soft money — money that is donated to a party but often funneled to candidates, thereby circumventing the limits on contributions to candidates.

\$\$\$

Maine's congressional delegation will play a critical role in the debate over campaign finance reform, and they must be encouraged to do the right thing. Senate Majority Leader George Mitchell is obviously a key player. Last year,

Mitchell sponsored S3, a campaign finance reform bill, which was vetoed by George Bush. The bill is a start, but it needs to be strengthened. It only requires 20 percent public financing and it allows both higher limits on spending and smaller reductions in PAC and individual contributions than the U.S. PIRG platform. We need to tell Mitchell that we want a bill that's tougher than S3.

It's also time to hold U.S. Rep. Tom Andrews to his assertions that he wants stronger reform than that outlined in S3.

And since Republicans (and Democrats) are expected to balk at tough reform, U.S. Sen. Bill Cohen's vote is crucial. The same goes for U.S. Rep. Olympia Snowe (who spent nearly twice as much as her Democratic opponent in last November's election).

To make sure our elected officials vote for the U.S. PIRG reform platform, we suggest citizens take the following actions:

■ Call or write the offices of Maine's congressional delegation and voice your support for the four-point platform outlined above.

■ Call U.S. PIRG at 202-546-9707, and ask Jeanne Bassett to send you a petition. Fill up the petitions and return them to U.S. PIRG as soon as possible.

■ Call 1-800-847-6611, a number established by U.S. PIRG. Your call will be connected to Western Union, where service representatives will ask if you want to spend \$5.75 to send a telegram to President Clinton and your congressional delegation saying you want tough campaign finance reform.

■ Send letters to the editors of local newspapers voicing your concerns. Be specific about which reforms you want.

No issue is more central to real change than campaign finance reform. And no politician wants to be seen voting against it. This is the perfect time to hold their feet to the fire. (BY)

Treating reformed sexual harassers justly

■ By Martha McCluskey

The news lately suggests that sexual harassment is a widespread social problem found in elite boardrooms and law offices as much as in sleazy bars. But if sexual harassment has been so pervasive, we have a problem: There are probably lots of otherwise talented people around who have been sexual harassers at one time or another.

So what is a fair response when past harassment comes up in the face of future ambitions? From Clarence Thomas to Bob Packwood, some have been disturbed that people may be penalized for behavior alleged to have taken place years ago. How much do people deserve to lose if stories of past sexual harassment are true?

These questions recently came home to Maine when charges of sexual harassment shattered Portland attorney Peter Murray's nomination to a state Superior Court judgeship. Murray pleaded that he should be judged for his present and future behavior, not his past: "What a cruel twist it would be if my career and life's work were destroyed by a past I've tried to counteract," he said.

Although my comments here are not directed to his judicial nomination in particular, I think Murray has a point. As a feminist, I have high expectations of men. That is, I reject the claim (recently popularized by media star Camille Paglia) that men just are that way and always will be. And although sexual harassment of women is a serious offense, I don't put much stock in fantasies of revenge or mass extrajudicial deporation. Instead, I think that men (or women) who harass can and should reform, and that we should give them a fair chance to prove they've changed. In the spirit of constructive problem-solving, I offer

some general guidelines for judging the reformed sexual harasser.

As a start, real reform would mean demonstrating as much concern for repairing any possible damage to the careers of the people who have suffered harassment as for salvaging one's own career from charges of harassment. And certainly reform should include taking strong action to protect and support those victims who have dared to speak up.

Since sexual harassment is typically a problem of discrimination against women, real reform should include a demonstrated commitment to combatting sexism — for instance, by volunteering to help battered women's shelters or rape crisis organizations, or by actively organizing and supporting efforts to improve the status of women in one's profession.

But public support for feminist concerns, while important, is not enough. The allegations against Sen. Packwood suggest that someone may be publicly pro-feminist on some issues, yet privately abusive. Real evidence of reform should require showing a sustained effort to thoroughly understand the problem of sexual harassment. Sexual harassment in employment has been illegal under Maine and federal law for over a decade. If someone aspires to a position of authority in law or policy, but missed this major legal development (or took a decade to pay attention to it), this gap in knowledge certainly deserves scrutiny and correction.

And real reform efforts should include taking professional risks to speak out against sexual harass-

ment. It should mean taking active steps not just to ensure that others in one's profession comply with the minimum letter of the law, but to work to change the attitudes of privilege allowing people in power to disregard the effects of their behavior on others.

Think how much progress could be made against sexual harassment if colleagues and friends — particularly former harassers — consistently responded to rumors and jokes about others' questionable behavior with discussions about the seriousness of sexual harassment, rather than smirks and shrugs. And imagine if executives, political leaders and prominent lawyers were as likely to pass around feminist literature on sexual harassment as the *Wall Street Journal* or *Sports Illustrated*.

When it comes to admitting people to institutions as powerful as the judiciary or the Senate, we cannot rely on general testimonials of newfound enlightenment without concrete evidence of change. Those who plead their cause to people in authority must be confident they will be heard on the merits of their argument, not ogled like a piece of meat.

Everyone can make mistakes. But those deserving of being our leaders are those who are willing to work to learn from the past. And those of us who know the pain of being sexually harassed can certainly use more talent and energy in the struggle for a future in which those with power and privilege don't need harsh reminders to respect the feelings of others.

Martha McCluskey hopes her comments will be taken as sisterly by what was termed the "legal fraternity" when she joined the Maine bar.

Casco Bay
Weekly

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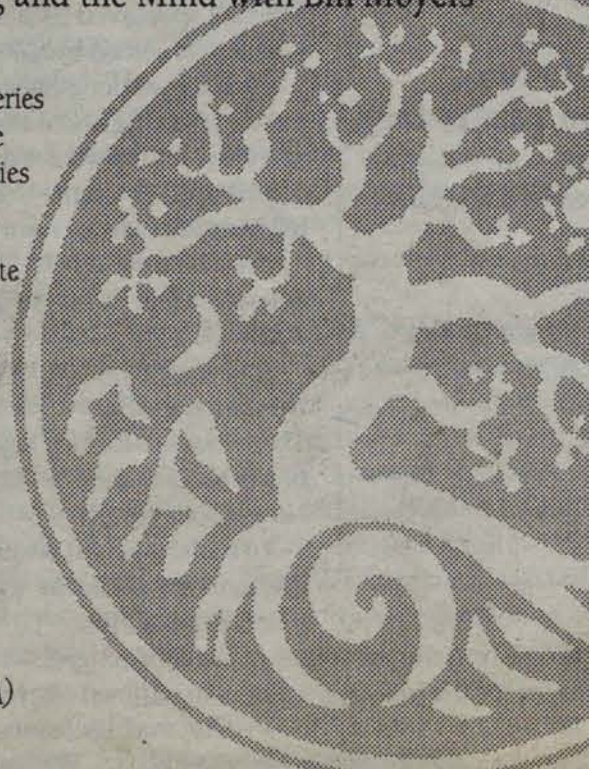
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PERSONAL BACKGROUND

In addition, I have completed courses in sports injury and work related rehabilitation, nutrition and acupuncture certification. I received my bachelors degree at St. Joseph's College in Windham, and my Doctor of Chiropractic degree from Logan College of Chiropractic in St. Louis. During my training I served as Vice President to the Student American Chiropractic Association. Additionally, I have visited a number of other chiropractic clinics to study their methods and procedures.

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- Shoulder Pain
- Arm/Leg Pain
- Cold Hands/Feet

art & soul

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"There's a stigma attached to bluegrass that only disappears when people see what the musicians are doing," said Ted DeMille (seated), with other Oakhurst Boys (l. to r.) Mike Gallant, Jim Williams, Henry McCracken and Chris Dombrowski.

No smoke, no mirrors

The Oakhurst Boys use fingers, string and wood

■ By Patti Lanigan

They were once defeated in festival competition by a pair of 12-year-old cloggers in matching polka dot outfits. This week The Oakhurst Boys open for Vassar Clements, the legendary fiddler (also dobro, banjo, mandolin, cello, viola, bass and guitar player) who got his chops playing with Bill Monroe, the father of bluegrass, and went on to perform with

everyone from Arthur Fiedler to Jerry Garcia.

The Oakhurst Boys are five local musicians who play acoustic music in the bluegrass tradition. Lately they've been opening for bands like Cattle Call and Mercy, gaining acceptance in Portland's night clubs.

Continued on page 17



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silver screen

Aladdin The animated tale of a poor teenage boy who wins the love of the sultan's beautiful daughter with the help of a genie (the voice of Robin Williams). Features six new songs from the late Howard Ashman, Academy Award-winning composer of "Beauty and the Beast."



Alive An airplane carrying a Chilean rugby team crashes in the remote, snow-covered Andes mountains. Survivors are forced to eat the dead to remain alive and, even worse, climb over a 13,000-foot mountain. Based on the non-fiction book by Piers Paul Read. Starring Evan Hawke and Vincent Spano. Hannibal Lecter, eat your heart out.

Army of Darkness A modern hero named Ash (Bruce Campbell) goes back to medieval times to fight an awesome army composed of everyone who has ever died on a battlefield. (Why, you may ask. Beats us.) Luckily for him, he has a 1973 Oldsmobile that's been overhauled into a death mobile, and a song in his heart. Sam Raimi ("Darkman") directs.

Brother's Keeper The true story of the Ward boys — four illiterate, elderly dairy farmers living an impoverished life in upstate New York. One brother dies, one brother is arrested and an entire community rallies in defense of the accused man. Voted Best Documentary in 1992 by the National Board of Review and New York Film Critics Circle.



The Cemetery Club "The Breakfast Club" buys support hose. Three elderly Jewish widows make monthly pilgrimages to their husbands' cemetery plots in Queens. When one of the widows falls in love, it causes a grave rift among the friends. Stars Ellen Burstyn, Diane Ladd, Olympia Dukakis and Danny Aiello.

The Crying Game A British soldier (Forest Whitaker) is kidnapped by the IRA but manages to befriend one of his captors. The captor becomes obsessed with the soldier, and later, the soldier's lover. Directed by Neil Jordan ("Mona Lisa"). Also stars Miranda Richardson. Sex, loyalty, betrayal and unexpected love: What are friends for?

Falling Down A seemingly average guy (Michael Douglas), frustrated with city life, goes berserk and embarks on a violent crime spree in L.A. Robert Duval plays the police detective assigned to hunt him down. Barbara Hershey stars as Douglas' estranged wife.

A Few Good Men When two Marines are court-martialed for murdering a fellow corpsman, the government enlists Navy Lt. J.G. Kaffee (Tom Cruise), a sick Harvard lawyer known for his plea bargaining. He, in turn, is bullied into trying to discover the truth by another officer (Demi Moore), who suspects a cover-up. Jack Nicholson gives an incoherent performance as a sincere but corrupt colonel. Rob Reiner directs.

Gas Food Lodging Brooke Adams plays Nora, a single mother struggling to raise two very different teenage daughters — Trudi (Ione Skye), who's pathologically promiscuous, and Shade (Fairuz Balki), who loses herself in melodramatic movies. Directed by Alison Anders.

Groundhog Day Bill Murray plays an egotistical weatherman who is forced to pay the "karmic price" for his self-centeredness when he is sent to Punxsutawney, Pa., to cover Groundhog Day. Once there, he gets stuck in time so that every day is Groundhog Day. Needless to say he becomes a shadow of his former self. Also stars Andie MacDowell, with Chris Elliot. Directed by Harold Ramis.

Home Alone 2: Lost in New York Careless Kevin's at it again. This time he loses his family at an airport and ends up alone for the holidays in New York City, with only his dad's credit cards to keep him warm. By a remarkable coincidence, he runs into the two inept burglars he thwarted two Christmases ago. Stars Macaulay Culkin, Joe Pesci, Daniel Stern and Catherine O'Hara.

Homeward Bound A dog, a puppy and a cat, known to their closest friends as Shadow, Chance and Sassy, are inadvertently left home alone when their owners move. In an attempt to be reunited with their lost, if forgetful, family, the animals take it upon themselves to make the long journey across the perilous Sierras, during which they encounter grizzlies, cougars and nasty men (but not any inept burglars).

Howards End In this adaptation of E.M. Forster's novel, the clash between different segments of early 20th-century British society is reflected in the relations between the bohemian Schlegel sisters and the conventional Wilcox family. Thoughtful examination of Forster's philosophy "only connect" — the interconnectedness of lives — and of women's place in pre-liberation society. Stars Vanessa Redgrave, Anthony Hopkins, Emma Thompson and Helena Bonham-Carter.

Leprechaun A girl and her father move into a house in a small North Dakota town unaware that a malicious leprechaun lies trapped in their cellar. Warwick Davis ("Willow") stars as the nasty gnome who runs amok, terrorizing the family and the town, in an effort to reclaim his stolen pot of gold. Moral: Never buy the house at the end of the rainbow.

Loaded Weapon I Wes Luger (Samuel L. Jackson) is a by-the-book police veteran. Just days away from retirement he's forced to team up with a new partner — a burned-out detective named Jack Colt (Emilio Estevez). See the men argue adorably about who's going to drive; see the men go to respect one another while killing a lot of people in countless amusing ways — in this National Lampoon parody of action genre films, a la "48 Hours" and "Lethal Weapon." Also stars Jon Lovitz and Kathy Ireland.



Lorenzo's Oil Nick Nolte and Susan Sarandon star as the devoted parents of a boy stricken with a fatal nerve disorder. With no formal training they circumvent the slow-paced medical establishment in their search for a cure. Based on a true story.

Peter's Friends A group of friends who performed camp vaudeville routines together in college troop on down to an English country manor for a 10-year reunion. Before you can say "Big Chill," you're immersed in the angst-ridden world of a bunch of yuppies — but at least they sing and dance. The ensemble cast includes director Kenneth Branagh ("Henry V"), Emma Thompson ("Howards End"), Rita Rudner, Stephen Fry and Hugh Laurie.

Scent of a Woman Al Pacino stars as a blind, retired veteran who rebels against the small-town life prescribed for him. With the help of a 17-year-old prep student, who's been hired to take care of him, he escapes to New York City. Directed by Martin Brest ("Midnight Run").



Sommersby In this remake of "The Return of Martin Guerre," a man (Richard Gere) returns to his wife (Jodie Foster) and child after having abandoned them to fight in the Civil War. His character is so improved that even his most enraptured supporters, including his wife, think he may be an imposter.

The Temp "Working Girl" gets an attitude. Timothy Hutton stars as a marketing manager whose professional and personal life drastically change when he begins to suspect that his temporary secretary (Lara Flynn Boyle) is responsible for a series of fatal office accidents. Also stars Faye Dunaway and Oliver Platt.

Unforgiven Clint Eastwood plays an aging gunslinger who leaves his secure, but sloppy, life as a pig farmer to pursue the \$1,000 bounty placed on the heads of two men who disfigured a young prostitute. He and his ex-partner (Morgan Freeman) are joined by a young, would-be bad guy who wants to shoot everything in sight but is practically blind. With its thoughtful examination of violence and other earmarks of the genre, "Unforgiven" is the Western to end all Westerns. Also stars Gene Hackman and Richard Harris.

Untamed Heart Looking for love in all the wrong species. A waitress searches for love after several failed attempts at romance. She finds herself being wooed by a busboy, an orphan who believes that he was given the heart of a baboon in a childhood transplant. Stars Marisa Tomei ("My Cousin Vinny"), Christian Slater and the raucously funny Rosie Perez ("White Men Can't Jump").

The Vanishing A young man (Kiefer Sutherland) loses his girlfriend when she enters a gas station mini mart to buy a drink and never comes out. (Is that what happened to Julia? Not surprisingly, he becomes obsessed with learning her fate. Also stars Jeff Bridges and Sandra Bullock.

what's where

Owing to scheduling changes after CBW goes to press, movie goers are advised to confirm times with theatres.

General Cinemas

Maine Mall
Maine Mall Road, S. Portland
774-1022

Dates effective Feb 26-Mar 4

Aladdin (G)

12:30, 2:40, 4:45, 6:50, 9

Scent of a Woman (R)

12:30, 3:45, 7, 10

Sommersby (PG-13)

1:15, 4, 7:10, 9:40

Untamed Heart (PG-13)

12:40, 2:55, 5:15, 7:35, 9:55

The Cemetery Club (PG-13)

12:20, 2:40, 5, 7:20, 9:40

Unforgiven (R)

1:25, 4:15, 7:20, 10

Leprechaun (R)

1, 3:05, 5:15, 7:25, 9:30

Howards End (PG-13)

12:20, 2:40, 5, 7:20, 9:40

Unforgiven (R)

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Leprechaun (R)

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Howards End (PG-13)

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Unforgiven (R)

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Leprechaun (R)

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Howards End (PG-13)

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Unforgiven (R)

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Leprechaun (R)

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Howards End (PG-13)

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Howards End (PG-13)

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Leprechaun (R)

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Howards End (PG-13)

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Unforgiven (R)

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Leprechaun (R)

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Howards End (PG-13)

12:20, 2:40, 5, 7:20, 9:40

NO SMOKE, NO MIRRORS

Continued from page 15

"It's more of a multicultural world we live in today, and it makes sense that bluegrass has a place," said Henry McCracking, guitarist and singer. Bluegrass music got its name from Bill Monroe and the Bluegrass Boys (Monroe, Lester Flatt and Earl Scruggs). According to Ted DeMille, The Oakhurst Boys' lead singer and mandolin player, Monroe and his band invented bluegrass in the '40s by combining blues with Appalachian mountain tunes. "That high, lonesome voice you typically hear in bluegrass came from Bill Monroe," explained DeMille.

The Oakhurst Boys approach singing differently, avoiding the high (nasal) sound that turns many ears away from bluegrass. According to McCracking, they make a song their own by running different chord changes or progressions, taking a more contemporary style to soloing, or putting the lead voice on bottom

"There's a kind of purity to that [playing acoustic music] which I think all acoustic players appreciate — no smoke and mirrors," said Jim Williams, banjo player and singer.

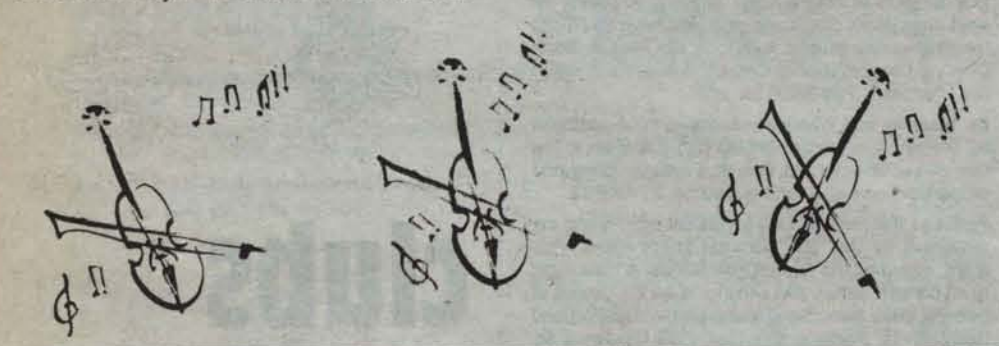
"There are no boxes [special effects] and no distortion. It's just you and that wooden box [acoustic guitar], so you'd better make some music," agreed McCracking.

McCracking has been playing guitar since his banjo-playing uncle took him to bluegrass festivals and taught him fingerpicking when he was 11. He later studied classical guitar and played in rock bands. Williams, like Bela Fleck, was inspired to play banjo when he heard music from "The Beverly Hillbillies," "Bonnie and Clyde" and "Deliverance." He has studied and played bluegrass most of his life. Fiddler Mike Gallant, who was influenced by Vassar Clements, also plays jazz trumpet. Chris

Dombrowski, stand-up bassist, was influenced by the New Grass Revival Band and has long been a student of bluegrass music.

The Oakhurst Boys formed in the summer of 1990, wanting to play traditional bluegrass and other types of music with traditional bluegrass instrumentation. Last summer they took first prize at the New Vineyard Mountain Bluegrass Band Competition and were one of 12 bands invited to participate in the Winterhawk Bluegrass Festival Band Showcase in the Berkshire Mountains. Their music has been played on WMPG and WPOR, and they plan to release their first full-length tape this summer.

"We're trying to get on the blueberry, quahog, potato circuit," said DeMille. No MTV dreams for this band, but they're working so hard these days that come summer, they should go undefeated by polka-dotted cloggers. **CBW**



stage

"The Boardwalk Melody Hour Murders" at The Mystery Cafe Dinner Theatre, No Tomatoes Restaurant, 36 Court St. Auburn. Shows every other Saturday at 8 pm. For info and reservations call 1-800-370-7469.

George Carlin presents a night of comedy March 7 — Sun 7:30 pm — at Portland City Hall Auditorium, 32 Myrtle St. Portland. Tix: \$17.50, 775-3458.

"Carmen" New York City National Opera presents Bizet's passionate opera of the sultry Spanish seductress Feb 18 — Thurs 7:30 pm — at Portland City Hall Auditorium, 32 Myrtle St. Portland. Tix: \$12-\$42, 772-6630.

"Circus Eldorado" LA Arts presents Figures of Speech with their adventure of a Maine woodsman who joins a Peruvian circus March 6 — Sat 2 pm — at Lewiston Jr. High School, Central Avenue, Lewiston. Tix: \$6, \$4 seniors and kids. 782-7228.

"Bilbo Baggins" City Theater Associates present this farce about a novelist delving into the world of the occult Feb 12-28 — Fri-Sat 8 pm, Sun 2 pm — at 205 Maine St. Biddeford. Tix: \$12, \$10 seniors and kids 12 and under. 282-0849.

Art & Soul continued on page 18

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Art & Soul continued from page 17

stage

"Die Fledermaus" USM's Theatre and Music Department presents a comic opera March 5-13 — Mon-Sat 7:30 pm, Sun 2 pm — at Russell Hall, USM/Gorham. Tix: \$7, \$6 seniors, \$4 students with ID. 780-5483.

Mark Federo & Bruce Campbell present one hilarious night of comedy Feb 26 — Fri 9 pm — at Ocean Farms Restaurant, 23 Main St, Freeport. Tix: \$4.50 reserved seats, \$5 at door. 865-3101.

"Goin' a Buffalo" Bates Theater presents a dramatic examination of lives betrayed by drugs and dreams March 5-7 & 12-14 — Fri-Sat 8 pm, Sun 2 pm — at Gannett Theater, Pettigrew Hall, Bates College, Lewiston. Tix: \$4, \$2 seniors and students with ID. Reservations, 786-6161.

"Greater Tuna" TMJ Productions presents a two-man comedy Feb 25-27 & March 4-6 — Thurs-Sat 8 pm — at The Oak Street Theater, 92 Oak St, Portland. Tix: \$10, \$6 seniors and students with ID. 775-9162.

Keep Arts Alive Casco Bay Weekly and WCLZ sponsor an evening of laughter, music and dance featuring Randy Judkins, Benny Rheel, Barbara Truex, Flash & Tina Allen and Boston's Gay Men's Chorus March 6 — Sat 8 pm — at McAuley Performing Arts Center, 631 Stevens Ave, Portland. Proceeds benefit Mad Horse Theatre. Tix: \$15, 797-3338.

Libana, an eight-women music ensemble, presents songs, dances and instrumental music of the world's cultures as handed down through the artistic traditions of women Feb 27 — Sat 8 pm — at Corthell Concert Hall, USM/Gorham. Tix: \$12, \$9 seniors and faculty, \$5 students with ID. 772-8630.

"Murder at Prom '63" at The Mystery Cafe Dinner Theatre, Sonesta Hotel, 157 High St, Portland. Shows every Saturday at 8. For info and reservations call 1-800-370-7469.

"The Mystery of Irma Vep" Portland Stage Company presents a murder mystery with vampires, werewolves and mummies March 2-21 — Tues-Thurs 7:30 pm, Fri 8 pm, Sat 5 & 9 pm, Sun 2 & 7 pm (2 pm only March 21). Tix: \$19.50-\$28. Portland Stage Company presents two post-performance discussions: Professor Martin Andruski, Chairman of the Department of Theatre and Rhetoric at Bates College, discusses the production after the 2 pm performance March 7; and audience members are invited to discuss the production with actors and members of the artistic staff at the Curtain Call Discussion following the 2 pm performance March 14.

"The Outsiders" This classic teen drama directed by Tom Scannell is performed Feb 19-March 7 — Fri-Sat 8 pm, Sun 2 pm — at Schoolhouse Arts Center, Sebago Lake. Tix: \$6, \$4 kids. 642-3743.

"Sleuth" Port*Star productions serves up dinner theater at The Baker's Table Restaurant, 434 Fore St, Portland. Shows every Saturday at 7:30. Tix: \$27.95 (includes dinner). 775-0303.

"Tuscaloosa" Dinner theater featuring New York Stories set to music at A City Squire Restaurant, 50 Wharf St, Portland. Shows every Tues at 8 pm. Tix: \$8, 775-7994.

"What About Black Women?" American Program Bureau, Inc., presents a dark comedy about three women living with AIDS Feb 27 — Sat 8 pm — at Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Free tickets may be picked up Mon-Fri at the information desk, Moulton Union, from 8:45 am-4:45 pm. 725-3375.

auditions

Bowdoin Summer Music Festival invites talented young musicians from Maine to audition for its 1993 music school. Auditions are March 6 from 11 am-1 pm at Gibson Hall, Bowdoin College, Brunswick. 914-664-5957 for info and audition time.

Boy Singers of Maine holds ongoing auditions for boys eight years of age and older who have an affinity for singing fine music. Auditions are held at North Deering Congregational Church, 1364 Washington Ave, Portland. 799-3809 for info.

Dr. Insanity and Wrath Productions hold auditions for "Patterns in Beastiality" March 1-2 at 6 pm in The Oak Street Theater, 92 Oak St, Portland. Bring one prepared monologue and a resume. 774-4823.

Portland Recreation seeks musical artists and entertainers for the '93 "Summer in the Parks" Program, including the Sunset Folk Series, a Tues night band concert series and children's performances at Deering Oaks Park. Send demo and info to Portland Rec./SITP's, Portland City Hall, 389 Congress St, Portland, ME 04101. 874-8791.



concerts

friday 26

Anapac String Quartet (classical) 7:30 pm, Kresge Auditorium, Visual Arts Center, Bowdoin College, Brunswick. Tix: \$10, \$8 seniors, free with Bowdoin ID. 725-3375.

Janet Packer & Don Berman (classical) 8 pm, Olin Arts Center, Bates College, Lewiston. Free. 786-6330.

A.C. Reed & the Sparkplugs, Katherine Davis and Sidney James Wingfield (Chicago Blues Explosion) 8 pm, Lewiston Junior High, Central Avenue, Lewiston. Tix: \$14 & \$12, 782-7228.

Bill Street & the USM Jazz Faculty (original music) 8 pm, Corthell Concert Hall, USM/Gorham. Tix: \$8, \$4 students with ID. 780-5555.

saturday 27

Rick Charette (children) 3 pm, Freeport High School Gym, Holbrook Street, Freeport. Tix: \$5, free for kids age 1 and under. 865-3985.

Marie Dufresne & Mark McNeill (folk) 8 pm, Swedenborgian Church, 302 Stevens Ave, Portland. Tix: \$5 in advance, \$8 at door. 773-9549.

Al Hawkes, Carter Logan & Al Doane (blues, jazz, folk & ragtime) 7 pm, Westbrook Universalist Church, 719 Main St, Westbrook. Tix: \$5, 839-2079.

sunday 28

Portland String Quartet (classical) 3 pm, Woodford Congregational Church, 202 Woodford St, Portland. Tix: \$14, \$8 seniors over 60 and kids under 12. 761-1522.

tuesday 2

Portland Symphony Orchestra French Horns (classical) 7:30 pm, Portland City Hall Auditorium, 32 Myrtle St, Portland. Tix: \$10, \$18, \$24 and \$30. 773-8191 or 1-800-639-2309.

wednesday 3

Anapac String Quartet (classical) 8 pm, Corthell Concert Hall, USM/Gorham. Tix: \$5, \$3 seniors, faculty, staff and students with ID. 780-5555.

upcoming

Gene Bertonecni 3/5/93 (jazz) 8 pm, Olin Arts Center Concert Hall, Bates College, Lewiston. Tix: \$8, \$4 seniors and students with ID. Reservations, 786-6135.

Joseph & Lawrence Golan and the Portland Symphony Orchestra 3/7/93 (Bach) 2 & 6 pm, Eastland Ballroom, Sonesta Hotel, 157 High St, Portland. Tix: \$20, 773-8191.

Mid-Coast Chamber Orchestra 3/7/93 (family pops concert) 3 pm, United Methodist Church, Church Road, Brunswick. Tix: \$7, \$5 seniors and students with ID. 725-5657.



clubs

thursday 25

Henry Cook Quartet (straight ahead jazz) cafe no, 20 Danforth St, Portland. 772-8114.

Eazy Action (original hard rock) Geno's, 13 Brown St, Portland. 772-7891.

Tarred & Feathered and Big Dog Neighborhood (Irish Celtic puns) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland. 761-2787.

Hot Cherry Pie (rock) Moose Alley, 46 Market St, Portland. 774-0444.

Person 2 Person (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Laser Karaoke with Rocket Rusty (karaoke) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627.

Jenny & Jeremy Unplugged (rock) T-Birds, 126 N. Boyd St, Portland. 773-8040.

Open Mic with Jesse Simone (acoustic) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland. 775-1944.

Microwave (cutting edge dance) Zootz, 31 Forest Ave, Portland. 773-8187.

friday 26

Bill Shimamura (acoustic) Bramhall Pub, 769 Congress St, Portland. 773-9873.

Joe Morris Trio (straight ahead jazz) cafe no, 20 Danforth St, Portland. 772-8114.

Liquid Daydream and Stickfigure (original rock/dirty rock) Geno's, 13 Brown St, Portland. 772-7891.

Jiggle the Handle (bluesy psychedelic) Granny Killam's Industrial Drinkhouse, 55 Market St, Portland. 761-2787.

Tuamls (original and alternative rock) Leo's Billiards, 1 Exchange St, Portland. 828-1111.

Hot Cherry Pie (rock) Moose Alley, 46 Market St, Portland. 774-0444.

Black & White (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Vassar Clements (fiddle giant) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

Midnite Rider (classic rock) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627.

Port City All Stars (R&B/rock) T-Birds, 126 N. Boyd St, Portland. 773-8040.

Tony Bofta Duo (pop) Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161.

The Raze (classic rock) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland. 775-1944.

Buffalo Tom and Pluck Theatre (alternative rock) Zootz, 31 Forest Ave, Portland. 773-8187.

saturday 27

Bill Shimamura (acoustic) Bramhall Pub, 769 Congress St, Portland. 773-9873.

Circe Miller Quartet (straight ahead jazz) cafe no, 20 Danforth St, Portland. 772-8114.

The Wannabees (original rock) Geno's, 13 Brown St, Portland. 772-7891.

Tuamls (original and alternative rock) Leo's Billiards, 1 Exchange St, Portland. 828-1111.

Hot Cherry Pie (rock) Moose Alley, 46 Market St, Portland. 774-0444.

Black & White (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Boneheads (rock) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

Midnite Rider (classic rock) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627.

Person 2 Person (rock) T-Birds, 126 N. Boyd St, Portland. 773-8040.

Tony Bofta Duo (pop) Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161.

Raze (classic rock) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland. 775-1944.

Deejay Larry (dance mix) Zootz, 31 Forest Ave, Portland. 773-8187.

sunday 28

Bonesetters (pop) Gritty McDuffs, 396 Fore St, Portland. 772-7379.

Michael Wiskey's Local Color (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Lonnie Brooks (blues) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

National Headliner Comedy with Frank Santorelli and guests (comedy) T-Birds, 126 N. Boyd St, Portland. 773-8040.

Jim Duffy (acoustic) Wharfs End, 52 Wharf St, Portland. 773-0093.

Deejay Bob (request night) Zootz, 31 Forest Ave, Portland. 773-8187.

monday 1

Michael Wiskey's Local Color (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Open Mic with Ken Grimley (acoustic) Wharfs End, 52 Wharf St, Portland. 773-0093.

Guest Deejay (alternative industrial grunge) Zootz, 31 Forest Ave, Portland. 773-8187.

tuesday 2

State Street Traditional Jazz Band (New Orleans jazz) Cybele's Bistro, 57 Wharf St, Portland. 774-2321.

Hot Cherry Pie (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Robin & Linda Williams (country folk) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

Open Mic with Peter Gleason (b.y.o. jam) Spring Point Cafe, 175 Pickett St, S. Portland. 767-4627.

Solstice (acoustic & electric) Wharfs End, 52 Wharf St, Portland. 773-0093.

wednesday 3

Open Mic Night (b.y.o.) Geno's, 13 Brown St, Portland. 772-7891.

Bachelors' Night (topless) Moose Alley, 46 Market St, Portland. 774-0444.

Hot Cherry Pie (rock) Old Port Tavern, 11 Moulton St, Portland. 774-0444.

Dead music (bring your favorite bootlegs) Raoul's Roadside Attraction, 865 Forest Ave, Portland. 773-6886.

Danien and Graft's with guests (rock) T-Birds, 126 N. Boyd St, Portland. 773-8040.

Open Mic with One of Those Things (b.y.o. jam) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave, Portland. 775-1944.

Deejay Larry (progressive dance, chem-free) Zootz, 31 Forest Ave, Portland. 773-8187.

dancing

Casco Bay Movers Dance Studio, 151 St. John's St, Portland. Jitterbug swing dance second Fri of every month. Beginner workshop 8 pm, advanced workshops 7 & 8 pm, dancing 9-11 pm. \$5, 774-2718.

Gotta Dance, Inc., locations to be announced. Smoke and chem-free dances with swing, Latin & ballroom music Fridays from 9-12 pm & Sundays from 3-6 pm. \$5, 773-3558.

The Living Tree Culture Club, 45 Danforth St, Portland. African, world beat, reggae and alternative rock. Open Tues-Sun. 874-0022.

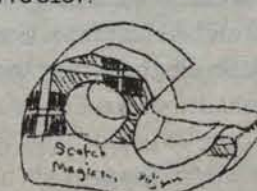
Maine Ballroom, 614 Congress St, Portland. Every Sat 9-midnight. Cost: \$5. No reservations required. 773-0002.

The Moon, 425 Fore St, Portland. Open nightly, 8 pm on... Naked Thursdays: no cover, drinks \$1.25 & drafts 25¢; Fri-Sat until 3 am; Sun-Mon: chem free. Cover: \$3, 772-1983.

Salutes, 20 Milk St, Portland. Open nightly until 1 am. No cover. 774-4200.

T-Birds, 126 N. Boyd St, Portland. Sun: comedy night; weekdays: special events; Fri & Sat: rock & roll, dance. 773-8040.

Zootz, 31 Forest Ave, Portland. Wed: chem-free; Thurs: cutting edge dance; Fri: live national acts; Sat: dance mix 9 pm-2:30 am; Sun: request night (no cover); Mon: alternative/grunge guest deejay in the Cave. 773-8187.



art opening

The Art Gallery at Six Deering Street 6 Deering St, Portland. Opening reception March 5 from 6-9 pm for new paintings by Jonathan Hotz. Meet the artist at a preview reception followed by an open house March 6 from 11-5. On view through March 27. Tues-Sat 11-5 the first two weeks of the month; thereafter by chance or appointment. 772-9605.

June Fitzpatrick Gallery 112 High St, Portland. Opening reception March 4 from 5-8 for "Whimsical Homestead," artwork, ceramics and painted furniture by Angela Adams, David Cedrone and Sara Cox. On view through March. Gallery hours: Tues-Sat 12-6, Thurs 12-8. 772-1961.

Photography Co-op 547-A Congress St, Portland. Opening reception Feb 25 from 5-8 for "Shadows of Forgotten Relationships," a group show of photography. Shows through March 25. Hours: Tues 10-6 or by appointment. 781-4578.

Portland Chamber of Commerce 145 Middle St, Portland. Opening reception March 4 from 5-7 for an exhibit featuring the works of 23 students from the Maine College of Art. Shows through March 25. Gallery hours: Mon-Fri 9-5, 772-2611, ext. 223.

around town

African Imports and New England Arts 1 Union St, Portland. Traditional African art and sculptures and distinctive contemporary pieces. Authenticity guaranteed. Hours: 10-9 Mon-Sat, 12-6 Sun. 772-9505.

AREA Gallery Campus Center, USM/Portland. "Her Story," photography exhibits of "The Belly Project" by Peggy McKenna and Lisa Kushner and "Family Photos" by Judith Black, showing through March 6. Gallery hours: Mon-Fri 7-10, Sat-Sun 10-7. 780-4718.

Bagel Works 15 Temple St, Portland. Black and white photographic portraits by Amanda Jones. Showing through March 15. Hours: Sun-Sat 7-5. 879-2425.

The Baxter Gallery Maine College of Art, 619 Congress St, Portland. Faculty exhibition including the work of more than 20 full- and part-time faculty members. Showing through March 4. Gallery hours: Tues-Sun 11-4, Thurs 11-9. 775-5152.

Frost Gully Gallery 411 Congress St, Portland. Work of gallery artists. Gallery hours: Mon-Fri 12-6, or by appointment. 773-2555.

JewelryWork 30 Exchange St, Portland. Group exhibit by jewelry designers from Southern Maine. No set gallery hours. 773-6824.

Jewell Gallery 345 Fore St, Portland. "Best Friends," the paintings of Terence Wolf and John Dehlinger. Showing through March. Gallery hours: Mon-Sat 10-5, or by appointment. 773-3334.

Art & Soul continued on page 22

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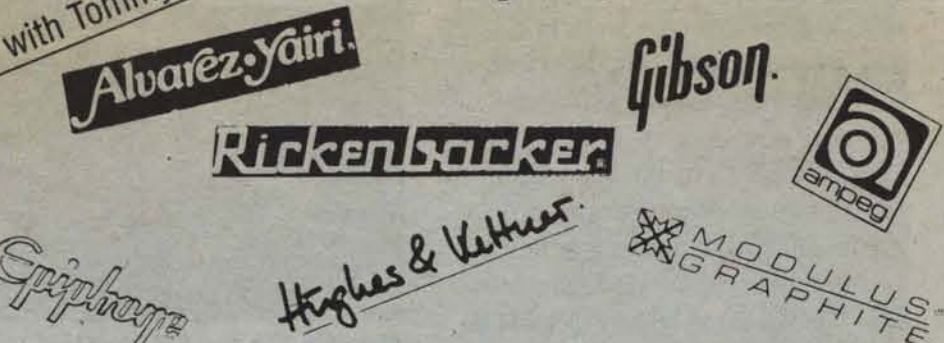
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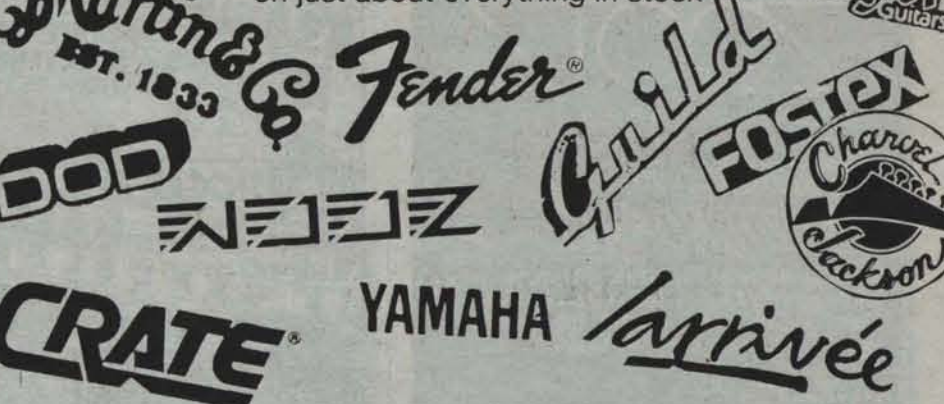
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thursday 25

■ Can't you just forget about it? Thirty-four local photographers can't, and they're all showing the ghosts in their darkrooms in a show called "Shadows of Forgotten Relationships," for which there's an opening reception tonight from 5-8 p.m. at Portland's Photography Co-op, 547A Congress St., #33.

Among those featured are Toney Harbert, Phara Fisco, Peter Shellenberger, Jay York, Curtis

cheap thrill

All the Moore reason to visit PMA

Brunswick resident Marjorie Moore — one of the Maine artists featured in Portland Museum of Art's "On the Edge: Forty Years of Maine Painting" — discusses her work in a slide-illustrated dialogue with audience members, March 4 at 7 p.m.

Moore, a painter, furniture designer, video and mixed-media artist, opens a series of four talks by artists featured in "On the Edge." The talks will be held consecutive Thursdays in the auditorium of the museum, located at 7 Congress Square. They're free with museum admission (\$3.50 adults, \$2.50 seniors and students with ID, kids 6-18 \$1, little ones free). See Art Around Town for further details. 775-6148.



Moore's "On and Off the Shelf" (oil on linen with painted frame).

Harvey, Robert Diamante, Judy Glickman and Hilary French. Be there or be forgotten. 781-4578.

■ Prove it: Find out what scientific research tells us about the origins of homosexuality, when Dr. Diana Long, historian and director of Women's Studies at USM, gives a talk called "Haven't We Seen This Before? An Historian Looks at Scientific 'Explanations' for Homosexuality." Long speaks from 7:30-9 p.m. in Rines Auditorium, Portland Public Library, 5 Monument Square. Call The Matlovich Society at 773-1209 for details.

friday 26

■ Expanding the limits of stringonics: Buffalo Tom — formerly in the shadow of Dinosaur Jr., from whose loins they sprang — are now a guitar trio in their own right. Hear this three-piece alternative band expand the limits of stringonics at Zootz, 39 Forest Ave. Pluck Theatre and Fuzzy open at 9 p.m. Tix \$8. 773-8187.

saturday 27

■ No one can step into her shoes: Yes, it's Cinderella, and she dances with and without glass slippers, in the Centre School of Performing Arts' production of this fairy tale about a young woman who escapes from a life of drudgery through the intervention of a fairy godmother and a shiny new pair of shoes. Imelda, eat your heart out.

The production's cast of 34 dancers, actors and singers range in age from 4 to 50 and all hail from Greater Portland. So see them play the palace tonight at 7 at the Centre of Movement on Route 25 in Gorham. Tix are \$4, \$3 for seniors, free for kids under 5. Reservations: 839-5939.

■ Support Women's Lib(ana): Libana, eight women who comprise New England's hottest world music ensemble, perform their global mixture of songs, dances and instrumental pieces tonight at 8 in Corthell Concert Hall, USM Gorham.

The group, which focuses on the artistic traditions of women, will also

give a workshop tomorrow from 1-3:30 p.m. Participants will learn songs and rounds drawn from various cultures. Tickets for the concert are \$12, \$8 faculty and seniors, \$5 students. The workshop costs \$10, \$8 with a Libana concert ticket. Call Portland Concert Association at 772-8630 for reservations.

sunday 28

■ Bow wow: The Portland String Quartet performs a trio of quartets — String Quartet (1905), by Anton von Webern; String Quartet No. 1 in B Minor, Op. 50, by Sergei Prokofiev; and String Quartet in C Minor, Op. 51, by Johannes Brahms — today at 3 p.m. in Woodfords Congregational Church, 202 Woodford St., Portland. Tickets are \$14, \$8 for seniors & kids. 761-1522.

monday 1

■ If at first you don't succeed, try, try again: That's Bill Murray's assignment in "Groundhog Day." He plays a weatherman with an attitude who's assigned to cover Groundhog Day in Punxsutawney, Pa. But there's something even stranger going on in Punxsutawney than its residents' peculiar affiliation with a rodent: Time has stopped and every day he must get up and face Groundhog Day again until he gets it right.

This fate isn't as bad as it sounds. Murray gets to break every rule known to industrialized society and fall in love with Andie MacDowell, who plays a producer as gracious as he is arrogant. "Groundhog Day" is showing at Hoyts Clark's Pond, 333 Clark's Road, S. Portland. You may want to see it again... and again... and again. 879-1511.

tuesday 2

■ Horns of plenty: Horn in on Portland Symphony Orchestra's performance of Schumann's Konzertstück for Horns and Orchestra — featuring soloists John Boden, Nina Allen, Kevin Owen and Neil De Land — tonight at 7:30.

The concert also features "Celeste," widely considered to be Bartok's greatest work; and Ravel's orchestration of "Pictures at an Exhibition," Mussorgski's collection of musical miniatures based on paintings by Russian artist Victor Hartmann.

The four soloists will give a free, informal lecture on the evening's program at 6:30 p.m. in Portland City Hall Auditorium, 30 Myrtle St. Tix are \$10-\$30. 773-8191.

wednesday 3

■ Travel the Milky Way — to cafe no, where Vintage Repertory Co. presents "Under Milk Wood" by Dylan Thomas. The poet's most famous work is a lyrical study of a day in the life of a Welsh fishing village as revealed through the dreams and voices of its inhabitants. The show starts at 8 p.m. tonight, and every Wednesday through March 31. Admission is \$6 at the door of 20 Danforth St. For reservations call 772-8114.

thursday 4

■ Fortifying the breastworks: Get some answers to questions women frequently ask about their bodies in a talk called "Aesthetic and Reconstructive Surgery of the Breast," tonight at 7 at Brighton Medical Center, 335 Brighton Ave.

The talk addresses reconstruction at the time of mastectomy, breast reduction, breast lift and enlargement, treatment of inverted nipples and reconstruction for congenital irregularities. It's part of the hospital's seminar series "A Time for You," which aims to help women better understand the physiology of their bodies.

All the lectures are free, but space is limited. Call 897-8035 for a reservation.

friday 5

■ It's a mystery to us: Inspired lunacy reigns at Portland Stage for its current production of Charles Ludlam's "The Mystery of Irma Vep," which runs March 2-21 and plays tonight at 8.

In this parody of Victorian melodrama and Hollywood horror films, a misunderstood vampire lurks in the manse, howling werewolves haunt the heaths and an Egyptian mummy springs to life. Attempting to unravel the murder that has been committed, a cast of fretful characters travels from England to Egypt and back in quest of clues.



Most amazing of all, the entire cast of lords and ladies, servants and masters, monsters and mummies is played by two actors: Michael Santo and John Seldman. Davis Hall directs. Tix are \$19.50-\$28, less for previews March 2-3. See Stage for further info on lectures accompanying performances. Reservations: 774-0465.

saturday 6

■ Wallow away the evening: Drink in "Goin' a Buffalo," African-American playwright Ed Bullins' dramatic examination of lives betrayed by drugs and dreams, directed by William Pope.L of Bates College theater faculty. Admission for the 8 p.m. performance — in Cannett Theater, Pettigrew Hall, on the college's Lewiston campus — is just \$4, \$2 for seniors and students with ID. Reservations: 786-6161.

Submissions for Entertainment Weekly sections must be received in writing on the Thursday prior to publication. Send your Calendar and Listings information to Ellen Libert, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.

Drag a friend to a murder mystery and get a leg up on whodunnit — Friday, March 5.

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Art & Soul continued from page 19

art

Nancy Margolis Gallery 367 Fore St., Portland. Classic and outrageous wedding bands featuring works by Peggy Johnson, Holly Churchill, Susan Fox Beznos, John Forrest, Ronna Lugosch, Mame Ryan, Ronald H. Pearson and Chris Hertz show March 6-April 30. Gallery hours: Mon-Sat 10-6, Sun 12-4. 775-3822.

Just ME Gift Shop 490 Congress St., Portland. Modern oil paintings by Al Waterman show Feb 15-March 15. Hours: Mon-Fri 10-5, Sat 10-4:30. 775-4860.

Lewis Gallery Portland Public Library, 5 Monument Square, Portland. Experimental photography exhibit featuring work by Donna Lee Rollins shows through Feb 28. "The Eye of the Night—The Full Moon," an exhibit in paper batik by Evelyn Winter shows March 1-31. Hours: Mon, Wed & Fri 9-6; Tues & Thurs 12-9; Sat 9-5. 871-1758.

Phoenix Studio 630 Forest Ave., Portland. Reverse paintings on stained glass by Bill Jacobs. Showing through Feb 28. Hours: Tues-Fri 10-5, Sat 10-4. 774-4154.

The Photo Gallery Maine College of Art, 619 Congress St., Portland. Works by Biff Henrich show Feb 15 through March 19. Gallery hours: Mon-Thurs 9:30 am-9:30 pm, Fri 8:30-5, Sat-Sun 11-4. 775-3052.

Pine Tree Shop and Bayview Gallery 75 Market St., Portland. Group show of gallery artists including Carol Sebald, Carol Conti, David Clough, Tina Ingram and Greer Morton. Through February. Gallery hours: Mon-Sat 9:30-5:30. 773-3007.

Portland Museum of Art Seven Congress Square, Portland. Hours: Tues, Wed, Fri & Sat 10-5; Thurs 10-9; Sun 12-5. Admission: adults \$3.50, senior citizens and students with ID \$2.50, youth 6-18 \$1. Children 5 and under are free. Museum admission is half-price 10-noon Saturday. 773-2787.

"Art in Bloom" The museum is filled with arrangements created by area garden clubs and florists March 4-6.

"Artists You Love: Monet, Renoir and Other Masters" Works by European masters of the past two centuries from the Joan Whitney Payson Collection and other private lenders.

"On the Edge: Forty Years of Maine Painting 1952-1992" A survey of more than 100 paintings inspired by the Maine experience. Showing Feb 19 through April 18.

"The Scott M. Black Collection" A sampling from Scott M. Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec.

Portland Photographics 85 York St., Portland. "Portland Photographics, The First Ten Years," a retrospective exhibition covering all photographic genres and including works by Sam Abell, William Albert Allard, Jack Bingham, Katie Fagan, Bernie Meyers and Rose Marasco. Showing through March 6. Hours: Mon-Fri 8:30-5:30. 774-6210.

Portland Public Library 5 Monument Square, Portland. "Soft Sculpture Ballet Dolls," works by the Young People's Storybook Theatre of Portland. Shows through February. Hours: Mon, Wed & Fri-Sat 9-5; Tues & Thurs 12-9. 871-1700.

Raffies Cafe Bookstore 355 Congress St., Portland. Paintings by Sara Crisp. Show runs through Feb 28. Hours: Sun 12-5, Mon-Tues & Fri 9:15-5:30, Wed Thurs 9:15-8. 763-3930.

The Seamen's Club 1 Exchange St., Portland. Valentine Art Show featuring the work of 101 Union of Maine Visual Artists. Show runs through April 1. 772-7311.

The Stein Gallery 20 Milk St., Portland. "Architectural Constructions," spectacular buildings in clear and black glass by George Portzili, shows through Feb 28. A selection of glass work featuring the work of 20 artists shows March 1-April 30. Gallery hours: Mon-Sat 11-6, Sun 11-5. 772-9072.

Thos. Moser Cabinetmakers 415 Cumberland Ave., Portland. Works done in oil on canvas by Bonnie Spiegel shows through March 17. Hours: Mon-Sat 9-5. 774-3791.

out of town

Bowdoin College Museum of Art Walker Art Building, Bowdoin College, Brunswick. The museum is open to the public free of charge. Hours: Tues-Sat 10-5, Sun 2-5. 725-3275.

"The Art of Portraiture" shows March 2-April 27.

"Robert Van Vranken Architectural Landscapes of the Unconscious," Showing through Feb 28.

"Love and Death Printmakers Interpret the Classics." Showing through Feb 28.

"Selections from the Permanent Collection" An exhibit featuring Bowdoin's varied collection of 20th-century European and American paintings show March 2-April 27.

Sylvia Dyer Paintings on view through February in Moulton Union, Lancaster Lounge. Hours: Mon-Thurs 7 am-12:30 am, Fri-Sat 7 am-2 am, Sun 7 am-11 pm.

"Bookplate Collection" Selections from the Wierport Bookplate Collection on view through mid-May. Hours: Mon-Sat 8:30-12, Sun 10-12.

The Cardamon Cafe 388 Cottage Rd., S. Portland. Watercolor paintings by Jane Wray and photographs by Elaine Tselikis show through March 10. Hours: Tues-Fri 7:30-6, Sat-Sun 9-5. 767-6313.

Corisican Restaurant 9 Mechanic St., Freeport. Oil paintings and pen-and-ink drawings by Valerie Wallace. Hours: daily 11:30-9. 865-9421.

Creators Guild Art and Craft Studio 81 Ocean St., S. Portland. The paintings and photographs of Bill Cunningham, Jr. Showing through March 5. Call for hours. 799-8575.

Cry of the Loon Art Gallery Route 302, S. Casco. Photographs of Peter R. Jacobson showing through Feb 28. "Les Fleurs," an exhibit of floral works featuring artists Cynthia Morse, Barbara Traficante, Alice Wixon and Sarah Elizabeth Look show during the month of March. Gallery hours: daily 9:30-5:30. 655-5060.

Icon Contemporary Art 19 Mason St., Brunswick. Group show featuring new works by gallery artists showing through March 13. Hours: Mon-Fri 1-5. 725-8157.

Maine Maritime Museum Maritime History Bldg, 243 Washington St. Bath. Gallery hours: daily 9:30-5. 443-1316.

"The Maritime Folk Art of A. De Clerck" Paintings by Belgian artist portraying the coastal and deepwater vessels that entered the ports of Antwerp and Liverpool in the last days of sail. On view through the year.

"New Worlds: North Atlantic Seafaring in the Era of Discovery" Rare world maps and nautical charts, early navigation instruments, illustrations of fine art and archaeological material bring together the Old and the New Worlds in the Age of Discovery and beyond. On view through the year.

"Born from Coasting" This exhibit includes watercolor paintings, drawings, sketches and oils by John Faunce Leavitt, focusing on his made-from-memory renditions of the last generation of coasting schooners that plied the coast of New England until the late 1930s. On view through the year.

"Shipwreck!" Oil and watercolor paintings and photographs review the perils of the sea in the days before modern radio communication. On view through January 1994.

Museum of Art Old Arts Center, Bates College, Lewiston. Suspended woven-metal sculptures and other mixed media works by Petah Coyne. Show runs through March 14. Museum hours: Tues-Sat 10-5, Sun 1-5. 786-6158.

O'Farrell Gallery 58 Maine St., Brunswick. "Master Prints," a selection of prints, lithographs and etchings by gallery artists. "Russian Icons," paintings by Debby Abell. Both show through March 17. Gallery hours: Tues-Sat 10-5. 729-8228.

Seabascodogen Artists Gallery Route 24, Great Island. Works by 21 Maine artists. Gallery hours: Tues-Sun 10-5. 833-5717.

Wellehan Library Saint Joseph's College, Winham. Photography by Jay York shows Feb 8-26. Paintings by Chuck Thompson show March 1-26. Hours: Mon-Thurs 7:30-11, Fri-Sat 10-5, Sun noon-11. 829-6766.

York Institute Museum 371 Main St., Saco. "Extinct Species: Money in Maine from Colony to Capitalism," examples of coins and currency used in Maine from the 17th century to the present. On view through March. Hours: Tues, Wed & Fri 1-4; Thurs 1-8; Sat 1-4. 283-3861.

other

AIDS Benefit Art Auction "Spring for Life," the seventh annual visual arts auction to benefit the AIDS Project takes place March 13 at Holiday Inn by the Bay, 88 Spring St., Portland. Over 230 works by 160 Maine artists are up for bid. Silent auction begins at 7:30 pm followed by the live auction at 8 pm. Admission: \$5. 774-6877.

Art Classes Carlo Pittore offers private art lessons and life drawing classes at his studio in Bowdoinham every Thurs from 7:30-9:30. 666-8453.

Art in Bloom Get a breath of fresh air laden with the scent of florals during Portland Museum of Art's annual Art in Bloom celebration March 4-6 at 7 Congress Square, Portland. Festivity highlights include: patrons tour highlighting floral arrangements used to interpret the museum's artistic masterpieces March 4 at 6:30 pm; Audrey Nichols demonstrates fresh flower arranging March 5 at 10:30 am; Fashion in Bloom fashion show March 5 at 1 pm; Bonsai demonstration March 5 at 3:30 pm; "Garden Prints," a children's workshop March 6 at 10 am; English tea and McEllen-Sweet House tour March 6 at 3:30 pm; beer and wine-tasting party March 6 from 5:30-7:30 pm. Fee for activities. 775-6148 for info and schedule.

Artists Lecture The Liberal Arts Department of Maine College of Art presents "Art, Justice and the Earth," a series of lectures, readings and discussions on the artist's response to contemporary issues of justice. Poet Gary Lawless and essayist Anthony Walton present readings and discussions March 4. "How to Become a Political Artist/Instant Pariah" March 18; discussions with Lisa Hunter, President of Maine Crafts Association, and Michael Shaugnessy, chair of the Art Department at USM, April 8. All lectures are held at the Baxter Building, Maine College of Art, 619 Congress St., Portland. Free. 775-5155.

Art Lessons Bonnie Spiegel offers lessons in drawing and painting at her studio at Thompson's Point in Portland. 774-4160.

Art Workshops Maine College of Art offers a series of one-day workshops throughout the winter. Scheduled workshops include: Marketing Your Art: A Self-Presentation Workshop March 6, Faux Finish March 27; Continuing Faux Finish April 3. Call 775-3052 for info and registration.

Creative Arts Program Portland Recreation offers classes in drawing and painting for senior adults Tues and Fri from 9:30 am-12:30 pm at Northfield Green Community Room, 147 Allen Ave., Portland. 874-8793.

Entries Wanted The Gallery at the Center for the Arts at The Chocolate Church invites artists to enter paintings, prints or sculptures to its Juried art show. Works should be delivered on March 2 between 9 am-4 pm and be ready for hanging. All works should be for sale. Fee: \$10 for three entries, \$8 for two entries and \$5 for one entry. The gallery is located at 804 Washington St., Bath. 442-8627.

Gallery Talk Seaver Leslie and Greg Parker, featured artists in "On the Edge: Forty Years of Maine Painting" discuss the creative impulse and process Feb 26 at 12:30 pm at the Portland Museum of Art, 7 Congress Square, Portland. Cost: Free with museum admission. 775-6148.

Art & Soul continued on page 24

Hang it again, Sam

"On the Edge" hangs again, this time from the rafters of PMA

By Margot Brown McWilliams

The Portland Museum of Art is absolutely stuffed with contemporary Maine art at the moment. The Great Hall is filled with it, and so are all of the first floor galleries, where there's so much of it that it hangs — quite literally — from the rafters. Down the hall it roams, past the museum shop, and around the corner leading to the rotunda.

"On the Edge: Forty Years of Maine Painting, 1952-1992" is an exhibition of contemporary Maine painting that was presented last summer by the Maine Coast Artists (MCA) in Rockport. Guest curated by Theodore F. Wolff, former art critic for the *Christian Science Monitor*, it is the most comprehensive overview of Maine art to be presented in the state since the exhibitions at Colby College in 1963 and 1964. That it has been brought to the museum is very much to the credit of Jessica Nicoll, the museum's new curator of American Art.

The exhibition has drawn criticism primarily for its puzzling omissions. Quite a number of Maine's substantial contemporary painters are missing: Sigmund Abeles, Tom Cornell, George DeLyra, Laurence Sisson, Leonard Baskin and Rackstraw Downes, to name a few. And Mildred Burrage, William Thon and Jason Schoener — three artists who were included in MCA's first exhibition, and who went on to establish substantial reputations — are also absent.

Omissions occurred, according to Bruce Brown, curator of MCA, because some artists simply failed to respond to MCA's requests for slides.

This explanation should be acceptable. But the fact is, there's a nagging feeling of urgency relating to serious omissions of any kind in an exhibition such as this. It exists specifically to counteract the 30-year span since such far-reaching acknowledgement was made of work done in Maine. Will another third of a century pass before it's done again? The point must be made as many times as it takes: Maine art is not regional art. And MCA has placed itself in an unenviable position. By doing what the state's art world has needed most, it has made itself vulnerable to clamorous criticism.

Anxiety-induced hand-wringing notwithstanding, this



Michael H. Lewis: "Sunrise Over the Stillwater," turpentine wash on rag board, 38" x 28", 1989.

exhibition is lively, extraordinarily eclectic, and more than a little impressive in the talent and imagination it displays. And although the collection of work itself was on view six months ago at MCA, what's going on at the museum now is totally different.

To begin with, there's a lot to be said for the space that PMA offers. MCA is to be commended — enormously — for the sheer spirit it displayed in exhibiting 104 (in many cases rather large and attention-demanding) works of art in an old firehouse (one with tilting floors and narrow corridors, at that). Every "professional" in the field would have told the MCA crew (and probably did) that it couldn't be done. They shrugged and did it anyway. They were having an anniversary. So...

So, at MCA, where exhibition was determined by limited space, enthusiastic viewers tilted their heads back and held in their stomachs in order to get by each other and myopically see the paintings. Not the case at PMA, where space is flaunted. Its gorgeous exhibition halls make each work stand out in new, full glory.

There's another lure; the hanging of the show. The challenge of orchestrating 104 extremely diverse works — thematically, visually and in terms of scale — is not a small one.

Jessica Nicoll, Stuart Hunter and Gregory Welch, the museum's two installation technicians, comprise the team that made those decisions. (Welch's acrylic on paper, "Zuff," is included in the exhibition.) And they've made it happen: Many of these paintings are being seen for the first time. The museum hasn't felt this charged with energy in some time.

This team has established correspondences, both visual and historic, that rhythmically run the lengths of the walls, and flow from one gallery to another. The eye therefore travels easily, with a visual sense of logic and absolutely no boredom. Abstracts hang beside representational paintings and, in their neighborly proximity, set up dialogues with each other.

Such juxtapositions make for great teaching opportunities. Horizon lines and landscape features in John Heliker's "Island Inlet, Maine," for example, are thematically echoed in a small abstract work by Coggeshall Calvert. Another visual dialogue has been established between Frederick Lynch's "Painting 834," which is a series of highly disciplined horizontal lines, and Karl Schrag's exultant, expressive "Apple Tree at Night."

And on what appears to be one wall (but which is actually one wall behind another) is a series of four paintings with a distinct industrial feeling. Dennis Pinette's "Substation" is, in fact, industrial in subject matter, and Paul Madrell's "Carla Variation" is an acrylic on a metal construction. Rounding out the chorus are two others — John Muench's "Totem" and Tom Lieber's "Haven" — abstract paintings with a lot of energy that seems industrial in character.

Stimulated by these varied, energetic works, a musician was recently moved to take a group of students through the exhibition, playing what he saw in the paintings on his trumpet. The students were enthralled.

The existence of this exhibition at PMA offers all Maine audiences a rare opportunity: that of seeing the same show hung twice. Like love, it's better the second time around. CBW

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See page 31.

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Mixing Good People, Good Food and Good Drinks for 13 Years.

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Art & Soul continued from page 22

art

Handpainted Workshop Photographer/painter Elaine Tsellis conducts a workshop about hand coloring black and white photographs March 7 from 1-4 pm in Portland. Amateur and professional women artists and photographers welcome. Cost: \$50 (includes all supplies except photographs). Registration: 775-2442.

Portland Chamber of Commerce is looking for Maine artists to share their work. 772-2811, ext. 223.

Portland Craft Show is a new, juried retail fair that will take place Nov 19-21 at Holiday Inn by the Bay, 88 Spring St, Portland. All craftspeople are eligible to enter the show. Work must be original in design and produced by the applicant. Paintings, prints, photographs, flower arrangements or objects made from kits are not acceptable. The jurying will be by slides and the deadline for entries is April 10, 1993. For an application and additional information, contact the Maine Crafts Association, P.O. Box 228, Deer Isle, ME 04827. 348-9943.

Slide Lecture Linda Merrill, associate curator of American art at the Freer Gallery of Art in Washington, D.C., presents "The Gentle Art of Patronage: Charles Lang Freer and James McNeill Whistler" Feb 25 at 7:30 pm in Beam Classroom, Visual Arts Center, Bowdoin College, Brunswick. 725-3275.

Slides & Discussions Ava Tevis Zifferblatt shows slides and discusses processing her life through art Feb 26 at 7:30 pm at the Union of Maine Visual Artists Gallery, 19 Mason St, Brunswick. Free. 737-4749.

Yankee Artisans is looking for Maine Craftspeople to participate in their juried, retail craft cooperative. Jury dates for 1993 are April 13, Aug 10 and Oct 12. Applications are available by contacting Yankee Artisan, 56 Front St, Bath. 443-6215.

Winter Lecture Series The Spring Point Museum presents "Saving the Past for our Future," a winter lecture and discussion series presented by some of Maine's leading conservators. Molly Horvath presents "Archaeological Conservation: An Update on the Snow Squall Project" March 4 at 7 pm. Cost: \$3. \$2 museum members. Lectures are held in the auditorium of Jewett Machine Tool Technology Center, Southern Maine Technical College, Ford Road, S. Portland. 799-6337.

Women, Gender and the State Leslie Hill, political science instructor at Bates College, presents a brief talk as part of the Friday afternoon lecture series, "The Status of Women," Feb 26 at 4:15 pm in the Muskies Archives, Bates College, Lewiston. Free. 786-6330.

Catlin Lecture Bridget Goodbody speaks on "George Catlin's Indian 'Warriors' and 'Wives': A Case of Misprojected Identity" March 4 at 7:30 pm at Campus Center ABC, USM/Portland. Free. 780-4640.

Children's Books Workshop Illustrator Anne Sibley O'Brien and children's author Amy MacDonald teach a workshop, "The Children's Book Market: All Your Questions Answered," Feb 27 from 11 am-3:30 pm at the Maine Writers Center, 12 Pleasant St, Portland. The workshop is designed for writers and illustrators wishing to break into the children's book publishing field and consists of an overview of the current market for children's books followed by a question-and-answer session. Cost: \$35, \$30 MWPCA members. Registration required. 729-6333.

Fiction Workshop Kristina Nelhouse offers a weekly writing workshop concerning anything from sudden to short fiction, starting out or works in progress. Sessions start in March. Cost: \$10 per session. 874-0224.

Grassroots Bowdoin College sponsors two lectures on grassroots and alternative politics. Rick Adams, Pennsylvania state chair of the National Rainbow Coalition, delivers "From the Grass Roots: A Rainbow Shall Arise" Feb 25 and Mindy Lorenz and Tony Affigne discuss "From California to New England: Greening the Public Debate" Feb 26. Both lectures are at 7:30 pm in Daggett Lounge, Wentworth Hall, Bowdoin College, Brunswick. Free. 725-3253.

Irish Poetry Irish poet Seamus Heaney, currently on the English faculties at Harvard and Oxford Universities, reads from his works Feb 25 at 8 pm at Schaeffer Theatre, Bates College, Lewiston. Free. 786-6330.

Language Tables Students and community members are invited to participate in informal sessions to improve their French, German, Portuguese, Russian and Spanish skills. 780-4390.

Leadership for Diversity Learn to reduce prejudice, dispel information, build pride and banish guilt at a one-day workshop "Leadership Diversity: Reducing Prejudice and Building Bridges" March 6 from 9 am-4:30 pm in the St. Francis Room, Ketchum Library, University of New England, Biddeford. Cost: \$49 (includes all materials and lunch). 283-0171 X122 for info and registration.

Learn Italian The Italian Heritage Center offers beginner's Italian classes starting in February. Call 799-1131 for info.

Lottery, Abortion and Pornography Bates senior Jennifer Gibson presents a brief and informal talk, "Wonder of the West: East German Women Reflect upon the Lottery, the New Abortion Law and Pornography in the United Germany," as part of the Friday afternoon lecture series, "The Status of Women," March 5 at 4:15 pm in the Muskies Archives, Bates College, Lewiston. Free. 786-6330.

Lotus/IBM Learning Centers The Small Business Development Center at the University of Southern Maine has two Lotus/IBM Learning Centers available to help people in business learn how to use Lotus 123, One-Write Plus, Lotus Works and WordPerfect 5.1 software. Learning centers are available Mon-Fri. Evening hours available on Tues & Thurs from 5-7 pm. Free. 780-4420.

Native American Spirituality The Odyssey newspaper sponsors a public talking circle Feb 28 from 1-5 pm at Unity Church, 54 River Rd, Windham. All teachers and students of native spirituality are invited to discuss the issues surrounding the teaching of Native American spirituality by non-natives. 655-3103 for info and directions.

New Spirituality Dr. William Geoghegan lectures on the decline of American religion and the emergence of a new spirituality March 7 at 3 pm at State Street Congregational Church, 159 State St, Portland. Free. 774-5212.

Origins of Homosexuality Dr. Diana Long, Director of Women's Studies at USM, speaks on "Haven't We Seen This Before? A Historian Looks at Scientific 'Explanations' for Homosexuality" Feb 25 from 7:30-9 pm at the Matlovich Society meeting at Rines Auditorium, Portland Public Library, 5 Monument Square, Portland. 773-1209.

Perceptions of the North The Peary-MacMillan Arctic Museum and Arctic Studies Center in Hubbard Hall, Bowdoin College, Brunswick, has opened a new exhibit examining major themes in Arctic exploration from 1880-1910. Museum hours: Tues-Sat 10 am-5 pm, Sun 2-5 pm. 725-3256.

Poetry Reading Portland poet Steve Luttrell reads from "Conditions," his newest book of poems, Feb 25 at 7:30 pm at Raffles Cafe Bookstore, 555 Congress St, Portland. Luttrell's other books include "Green Man" and "The Vagaries." Free. 761-3930.

Transportation Lectures Enjoy some interesting discussions concerning the city of Portland and transportation while you eat your brown bag lunch at the Greater Portland Landmarks 1993 Noon Lecture Series "Getting There: Choices and Challenges" March 3 at the First Parish Church, 425 Congress St, Portland. Free. 774-5561.

Whodunit? Mark Maxwell Dalton, author of "Downeast Detectives," is offering a \$1,000 prize to the reader who can put their sleuthing to work and best complete his open-ended mystery "Murder on Casco Bay." Entries for solving "Murder on Casco Bay" will be judged by an independent panel of judges. Complete contest rules are available in "Downeast Detectives" or by writing to Scene of the Crime Press, Inc., 295 Forest Ave, Suite 261, Portland, ME 04104.

Winter Lecture Series The Spring Point Museum presents "Saving the Past for our Future," a winter lecture and discussion series presented by some of Maine's leading conservators. Molly Horvath presents "Archaeological Conservation: An Update on the Snow Squall Project" March 4 at 7 pm. Cost: \$3. \$2 museum members. Lectures are held in the auditorium of Jewett Machine Tool Technology Center, Southern Maine Technical College, Ford Road, S. Portland. 799-6337.

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wellness

Abundant Living Support Group Do you want more health, more money, more love and more joy? Abundant Living Support Group meets weekly to share spiritual practices to align with the abundant flow of the spirit. Thurs evenings from 6:30-8:30 pm at 16 Columbia Road, Portland. 767-3626.

Adult Screening Clinic on the last Wed of every month for blood pressure and testing for sugar, anemia and cholesterol, from 11:30 am-1 pm at the Peoples United Methodist Church, 310 Broadway, S. Portland. Free for services. 767-3326.

AIDS/HIV Lecture Series The New England AIDS Education and Training Center and Southern Maine Technical College sponsor a series of lectures concerning AIDS and HIV. Claudia Raessler, RN, JD, presents "Legal Issues in HIV/AIDS Patients Care" March 2 from 10 am-noon at MIT Auditorium, SMTC, S. Portland. Cost: \$10. Registration: 767-9528.

Aikido is a martial art used to increase flexibility, stamina and promote a sense of well-being. Adult classes: Mon and Wed, 5:30-6:15 pm and 6:30-7:30 pm; Fri, 6:30-7:30 pm; Sat, 2:30-3:30 pm and 3:45-4:45 pm. Children's classes: Sat, 1:15-2:15 pm. Classes held at Portland Aikido, 25A Forest Ave, Portland. 772-1524.

Alternative Health Open House See demonstrations in martial arts, Kripalu yoga and therapeutic massage and participate in yoga and self-defense March 7 from 12-2 pm at Merrymeeting Health and Fitness Center, 120 Harpswell Rd, Brunswick. Free. 725-9463.

American Red Cross Courses The Portland Chapter of the American Red Cross offers several courses in the coming weeks. Courses include: Adult CPR; Community CPR (teaches skills for infants, children and adults); Babysitting Skills; Community First Aid; Infant & Child CPR; Infant & Child First Aid for Daycare Providers; Standard First Aid; Lifeguard Challenge Testing; Instructor Candidate Training; and Training to be Certified as an Instructor. All courses are conducted at the facility at 524 Forest Ave, Portland. Advance registration required. Free. 874-1192.

Brighten Your Smile The Westbrook College Dental Clinic is taking appointments through the first week in May for comprehensive dental care at affordable prices. Patients receive a complete examination, teeth cleaning and fluoride treatment. The services are provided by dental hygiene students under the close supervision of dentists and dental hygienists. Cost: \$15 adults, \$8 children. 797-8999 for info and appointments.

Buddhist-Oriented Meditation Group meets every Sun from 10-11 am at 1040 Broadway, S. Portland. Small donation. 839-4897.

Chiropractic Discussions Dr. Roger Nadeau presents chiropractic health care discussions Tues from 1-1:30 pm and Thurs from 7:30-8 pm at Sacos Island, Suite 1214, Saco. Free. 284-7760.

Cholesterol and Blood Pressure Screening clinic offered by USM Lifeline March 3 from 8 am-1 pm at USM Campus Gym, 96 Falmouth St, Portland. Screenings are performed on a walk-in, first-come basis. Immediate results and handouts available. Fee: \$9. 780-4170.

Community Health Services sponsors adult health seminars for diabetes, anemia, colorectal cancer, high blood pressure and cholesterol at the following locations: March 4 from 1-3 pm at Steep Falls Center Memorial Clinic; March 8 from 10 am-noon at Casco Town Hall; March 9 from 10:30 am-noon at Freeport Oak Leaf Terrace; March 10 from 1-3 pm at Cape Elizabeth Town Hall. Fee for services. 775-7231.

Creative Visualization Join University of Maine at Augusta's Bath/Brunswick Center for "Creative Visualization: An Aid to Energetic Balance and Health," a workshop taught by Mia Beale on Feb 27 from 9 am-3 pm at the center at 275 Bath Rd, Brunswick. The workshop explores the use of creative visualization to create the dynamic flow and balance in the human body. 725-8620 for info and registration.

Discover Alchemy The Sacred Child Institute invites you to attend a lecture and discover the art of transforming subconscious lead into gold March 10 from 5:30-7 pm at The Sacred Child Institute, 142 High St, Suite 505, Portland. Free. 828-0988.

Free Kripalu Yoga Class Kim Chandler provides demonstrations, instruction and guided yoga experience Feb 27 from 9:10-10:30 am at 10 Exchange St, Suite 202, Portland. Twelve-week spring sessions begin March 23. Wear comfortable clothing. 772-9812.

Friends of the Western Buddhist Order invite all interested individuals to a period of meditation and study of Buddhist concepts and practice. Meetings are on Mon evenings, from 7:15-9:15 pm. 642-2128.

Hatha Yoga for People with AIDS is available every Wed and Fri from 12:45-2 pm at 22 Monument Square, Portland. Cost: \$1, for those who can afford it. 797-5684.

Healing Support Group A safe environment for those experiencing personal traumas, addiction, grief, loss of good health, and a need for support within a context of mutual sharing. Tuesdays from 5:30-7:30 pm at Brighton Medical Center, Surgical Conference Room, 335 Brighton Ave, Portland. 767-3262.

Heartline Cardiac Rehabilitation USM Lifeline offers an exercise program for people who have had a heart attack, angina, bypass surgery or angioplasty or are at risk for heart disease. Classes are ongoing Monday, Wednesday and Fridays at 7:30 am and 6 pm at Portland Campus Gym, Falmouth St, Portland. 780-4649.

Homeopathic Study Group Learn about an alternative medicine that works! Study group meets one Sunday afternoon each month from 2-4:30 pm. Small donation welcome. Call 865-9220 or 725-0408 for info.

Introduction to Metaphysics Ernest Rose presents "An Introduction to Metaphysics" Feb 26 at 7 pm at Transformations Bookstore, 469 Elm St, Biddeford. Discussion includes the underlying law and operations of Universal Law and how people use its principles to create the world of their choice. Cost: \$10. 283-3545.

Medical Seminars Brighton Medical Center presents "A Time For You," a medical seminar series to allow women to better understand the physiology of their own body and the changes they may expect. The workshops are conducted in an informal setting with medical professionals. The next program is "Health Issues for Women in the Workplace" on Feb 25 at 7 pm in the Third Floor Board Room, Brighton Medical Center, 335 Brighton Ave, Portland. Free. Call 897-8035 for reservation.

My Choice Pregnancy Resource Ctr offers counseling, referrals and housing for women and teens experiencing an untimely pregnancy. Counseling focuses on the options of parenting or adoption. A birth mother support group is offered to any woman who surrendered a child for adoption or is considering doing so. 772-7555.

Natural Foods Solutions Learn all about the purchase and preparation of whole foods vegetarian meals in your home. 774-8889.

Personal Yoga Practice Portland Yoga Studio offers a workshop on developing a personal yoga practice Feb 27 from 8:30-11 am at Portland Yoga Studio, 616 Congress St, Portland. Cost: \$20. 797-5684 for more info.

Planned Parenthood Free pregnancy testing and male services now offered at Planned Parenthood's 500 Forest St clinic in Portland. This is in addition to annual exams, birth control information and supplies (including Norplant), and testing and treatment for STD's and infections. Teen Walk-In Clinic Fri, 1-4:30 pm and Sat, 9 am-noon. Fees based on ability to pay. 874-1095.

Psychoynthesis Learn what this holistic system has to offer as a framework for personal growth. Evening classes begin Feb 25. Call On Balance at 772-9812.

Pulmonary Rehabilitation USM Lifeline offers a program designed for individuals with various lung diseases Tues and Thurs from 11:15-noon at the USM Portland Campus Gym, Falmouth St. 780-4170.

Reiki I & II Workshops Mary Carol Weber offers Reiki I & II Workshops for therapist certification Feb 27 & 28 from 10 am-5 pm at 232 Brighton Ave, Portland. Reiki I class attunes the students to the energy and teaches the history of Reiki. Reiki II students are taught the methods for sending Reiki at a distance. 773-6644 for info and registration.

Sahaja Yoga Meditation The spirit cannot be purchased or sold. Experience thoughtless awareness Wednesdays at 7:30 pm in the Faculty Lounge, USM at Portland. Free. 767-4819.

Shiatsu is an oriental healing art that can be used to enhance your overall well-being and alleviate minor physical problems caused by stress. The University of Maine at Augusta's Bath/Brunswick Center offers a six-week course in Shiatsu Acu-Pressure massage March 3-April 7 at 275 Bath Rd, Brunswick. The course teaches about the life force and the location of the acupoints and meridians of the body and focuses on specific problems such as headaches, back pain and digestive disorders. 725-8620 for info and registration.

Sophia Retreat Sophia, the Greek word for wisdom, is sometimes known as the playful child, the wise old woman, the light in the darkness and the female face of God. Mary Coffey and Barbara Ryland invite you to access and embrace the Inner Sophia through the use of guided imagery and body movement within a safe, meditative space Feb 28 from 9 am-5 pm. Cost: \$35. 761-4779.

Spinal Exams Chiropractors in Partnership with the Community offer free exams in exchange for canned goods and clothing, which will be donated to the Portland Preble Street Resource Center, 879-5433 (Portland), 846-1481 (Yarmouth) or 883-5549 (Scarborough).

Stress Management Course Better Way Chiropractic offers free workshops every Wed at 7 pm at 2063 Congress St, Portland. Call 879-5433 to RSVP.

Sufi Meditation Join the Portland Sufi Order for meditation sessions based on the works of Hazrat Inayat Khan and Pir Vilayat Inayat Khan. Experienced teachers offer sessions working with creative visualization, breath, sound, light and divine qualities. Sessions ongoing and open to all; no experience necessary. Bring a meditation pillow or bench if desired. No fee, but donations accepted. Sessions at Expressive Therapy Center, 150 St. John St, Portland. 857-2605.

Tai Chi Ch'uan is an ancient Chinese martial art based on mental and physical balance. Excellent for spiritual growth, radiant physical health and reducing the effect of stress and tension. Beginners through advanced classes ongoing. 772-9039.

The Teen/Young Adult Clinic is a place to go if you have a health concern or medical problem, need a sports/school physical done, or have birth control issues to deal with. Open to anyone 13-21, every Monday from 4-8 pm, at Maine Medical Center, 22 Bramhall St, Portland. Walk-ins see they arrive by 7 pm. 871-2763.

Vegetarian Society of Maine meets the third Monday of every month at 6 pm at 35 Saunders St, Portland, for a potluck get together, vegetarian support group meeting and planning meeting. 773-6132.

Well-Child Clinic Community Health Services offers well-child clinics for children birth to age six. Physicals, screenings, lab work and immunization provided at the following locations: March 5 from 9 am-2 pm at Gorman School Street Methodist Church; March 9 from 9 am-2 pm at Windham Learning Center; March 30 from 9 am-noon at Gray Congregational Church. Sliding fee scale. 775-7231 or 1-800-479-4331.

Wishcraft/Teamworks Support team of motivated people who want to make things happen. Through giving support, ideas, accurate steps and the faith in one another's ability to succeed, we won't let you quit. 773-6226.

Women's Meditation Workshop Learn to listen to your inner voice. 767-1315.

Women Over 50 A support group facilitated by Louise Bennett will explore this vital time of life and those that follow. 772-1910.



Aerobics for Kids Children ages 7-11 can learn funky new steps and get great exercise each Wed from 5:15-6 pm at the Reiche Community Center, 166 Brackett St, Portland. Cost: \$12 first month, \$10 each month thereafter. 874-8873.

American Youth Student Exchange Program (AYSEP) seeks American host families for 25 students from high schools in Europe and other foreign countries. AYSEP also seeks American high school students wishing to spend a high school semester or a year with a European family. Interested students and families should contact the AYSEP at (415) 499-7669 or 1-800-347-7575.

Basketball Program The Portland YMCA is now accepting registrations for its youth basketball program for children in grades one through eight. 874-1111.

Children's Museum of Maine invites kids to participate in the following activities: Preschool Computer Workshop—a variety of computer software learning packages for preschoolers and parents to learn and share every Tues from 10 am-12 pm; After-school Computer Workshop for elementary school children every Wed from 3:15-4:15 pm. The museum is located at 746 Stevens Ave, Portland. 797-5483 to pre-register.

Family Night The Greater Portland YMCA hosts Friday Night Family Night every Friday from 6:30-9 pm at 70 Forest Ave, Portland. Enjoy swimming, open gym, game room, weight room and volleyball. Cost: \$5 per family, free for YMCA members. 874-1111.

Family Science STAR Science Center offers Star morning science classes for kids age 5-12 and family science classes on Tues evenings through April 3. Topics include bridges, weather, chemistry, pinball machines and more. The center is located at 20 Danforth St, Portland. 775-7362 for info and registration.

Friday Night Special Portland Recreation offers organized gym programs for middle school children at Riverton Community Center, 1600 Forest Ave, Portland.

Gym & Swim Portland YMCA offers gym & swim for preschoolers to develop beginner dance, gymnastic and swimming skills through guided discovery and play. The YMCA is located at 70 Forest Ave, Portland. 874-1111.

Host Families The Academic Year in America Scholarship Foundation is looking for families to welcome visitors from abroad into their home during a semester at public high school. Call 871-0682 if interested.

Internat'l Student Exchange ASSE International, a non-profit organization, offers academic year or summer programs to high school students interested in visiting various countries around the world. 846-5894 or 1-800-677-2773.

Make a Little Magic The Children's Museum of Maine is starting a monthly magic club for children age 7 and older. The museum is located at 746 Stevens Ave, Portland. 797-5483 for more info.

Munjoy Branch Library offers a public story hour for children ages 3-5 each Wednesday at 10:30 am at 44 Moody St, Portland. 772-4581.

Parenting Classes Portland YMCA presents a series of parenting classes on the last Friday of the month from 6:30-7:30 pm at 70 Forest Ave, Portland. Tom Meyers discusses play and physical, nonverbal communication with children Feb 26. Free for YMCA members; \$2 per family for non-members. 874-1111.

Portland Public Library invites children to enjoy its upcoming programs: Tales for Twos Feb 26 at 10:30 am; Preschool Story Time March 1 at 10:30 am; Finger Fun for Babies March 3 at 9:30 am; Preschool Story Time March 3 at 10:30 am; Tales for Twos March 5 at 10:30 am; Family Story Time March 6 at 10:30 am. The library is located at 5 Monument Square, Portland. 871-1700.

Portland Recreation offers the following programs at the Reiche Community Center, 166 Brackett St, Portland: Red Cross Home Alone March 2 from 3:30-4:30 pm; Indoor Soccer Clinic March 6, 13, 20 & 27 from 9:45 (ages 3-4), from 10:10-10:45 (ages 5-6) and from 11:11-11:45 am (age 7-10); T-Ball April 3, 10, 17 and 24 from 9:45 am (ages 3-4) and from 10:45 am (ages 5-6); Golf Karate March 6, 13, 20 and 27 and April 3 & 10 from 9:55 am; Softball Clinic March 6, 13, 20 and 27 from 12:13-3 pm; Open Gym March 6, 13, 20 and 27 from 1:30-3 pm; Ice Skating on March 17 from 12:30-5 pm. Cost: \$7-\$15. Registration required. 874-8793.

Riverton Library offers Toddler Time for 1- to 2-year olds, including games, stories and songs, Wed at 9:30 and 10:30 am & Fri at 9:30 am; Preschool Story Hour for ages 3 to 5, Fri at 10:30 am. The library is located at 1600 Forest Ave, Portland. 797-2915.

Scholarships High school students with a grade point average of "B" or better and who are U.S. citizens can apply for \$1,000 college scholarships. To receive an application, send name, address, city, state, zip code, approximate grade point average and year of graduation to the Educational Scholarship Foundation, 721 N. McKinley Road, P.O. Box 5012, Lake Forest, IL 60045-5012. Request for applications will be fulfilled on or about April 15, 1993. One hundred winners will be selected based on academic performance, extracurricular activities and financial need.

Silly Saturdays The Portland YMCA presents a series of workshops for preschoolers. 874-1111.

Student Film Festival You ought to be in pictures... and now you can be! The Maine Alliance of Media Arts announces the deadline for the 16th Annual Maine Student Film and Video Festival is 5/15/93. The festival is open to any Maine resident age 19 or younger. Entry forms are available from Maine Student Film and Video Festival, Box 4320, Station A, Portland, ME 04101.

Teen Open Gym Teens ages 13-18 play basketball, whiffle ball, floor hockey and more Morns & Weds from 7:30-9 pm at Reiche Community Center, 166 Brackett St, Portland. Cost: \$04. 874-8873.

Theater Classes The Theater Project invites student to participate in "Short Stuff," a program open to students in grades 1-3, creates a collage of short theater pieces based on nursery rhymes and children's poetry. The class meets Mon afternoons starting March 1 from 3:30-5 pm. The Theater Project is located at 14 School St, Brunswick. Call 729-6584 for info and registration.

Theatre & Clown Day Windham Center Stage Theatre invites kids in grades K-6 can learn magic, mime, face painting and acting at this year's Theatre and Clown Day March 6 from 10 am-2 pm at Windham Community Center Annex, School Road, Windham. Cost: \$4 individual, \$8 family, \$5/\$10 or non-residents. 892-3315.

Write Now The Children's Theatre of Maine invites children up to 18 years of age to enter its second Annual Young Playwrights Contest. Your original play can be any length and about any topic. Entries must be submitted by March 1. The Children's Theatre of Maine will produce the winning play in the spring. 874-0371.

Youth Indoor Soccer Program at Portland YMCA for children 6-11 years of age. Registration is ongoing. 874-1111.

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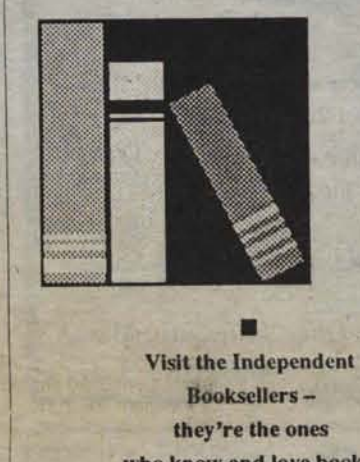
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— Ralph Waldo Emerson

KENNEBUNKPORT

Standish Marine Books & Prints

Art & Soul continued from page 25

family

Youth Fitness USM Lifeline offers two sessions of youth fitness, an eight-week circuit weight training and cardiovascular fitness program for boys and girls age 13-17. An after school session runs Mon, Wed & Fri from 3-4 pm starting March 1; a second session runs Tues & Thurs from 7-8 pm and Sat from 11 am-noon. Classes are held at the USM Campus Gym, 96 Falmouth St., Portland. Cost: \$67. 780-4170.

sweat

Adult Coed Volleyball The Portland YMCA is accepting registrations for its volleyball league. 874-1111.

Aerobics Ongoing classes at Reiche Community Center, 166 Brackett St., Portland. 797-0484.

Back Country Skiing Explore the natural beauty of southwestern Maine with guided cross-country ski touring in the White Mountains. Daily guided tours by appointment or special weekend packages. For more info call Back Country Ski Excursions 625-8189.



Basketball for Adults Pick-up games every Mon & Wed from 5:15-7:15 pm at Reiche Community Center, 166 Brackett St.; Tues & Thurs from 6-9 pm at Riverton Community Center, 1600 Forest Ave.; and Tues 6:30-8:30 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 non-residents. Call 874-8793.

Blind Ski Day Maine Handicapped Skiing hosts a ski day for the blind and visually impaired Feb 28 at Sunday River Ski Resort in Newry. The event is free to participants. Reservations required. 1-800-639-7770.

Bodyshop Program USM Lifeline offers a bodyshop program with fitness evaluation and personal orientation and training. Equipment includes Lifecycles, Lifesport, Concept II and Lifeflower, treadmills, Nordic Track, Schwinn AirDyne and Universal and free weights. Ongoing registration. 780-4170 for info and brochure.

Casco Bay Bicycle Club meets every third Tues at 7 pm at the Portland Public Safety Building (Police Station), Middle Street, Portland. Call 774-1118 or 854-5029.

Castaway Join USM Lifeline's Ellen Peters, registered Maine Guide and L.L. Bean employee, in a four-week fly casting workshop starting March 2. The workshop includes plenty of casting practice along with lecture and instruction on knots, reels, lines, and leaders. Classes are held Tues evenings from 7:15-9:30 pm at the USM Campus Gym, 96 Falmouth St. Beginners welcome. Cost: \$85. 780-4170.

Coed Volleyball Tournament USM Lifeline sponsors a March Madness Coed Volleyball Tournament March 6 at the USM Campus Gym, 96 Falmouth St., Portland. This is a ten-team intermediate tournament and prizes will be awarded to the first, second and third teams. Registration deadline is Feb 26. 780-4652 for info; 780-4170 for brochure and roster.

Winter Getaways

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Contradance with Crooked Stovepipe Band every third Fri at 8:30 pm at the Presumpscot Grange, 1844 Forest Ave, Portland (across from Tortilla Flat Restaurant). All dances taught. Singles always welcome. Cost: \$4. 774-3392.

Contradance with Ellen & the Sea Slugs the first Sat of each month at Saco River Grange Hall, Salmon Falls Rd, Bar Mills. Cost: \$4, \$2 kids, \$10 family max. 929-6472.

Dance Classes Learn ballroom, international-style and country & western dancing at Maine Ballroom Dance, 614a Congress St., Portland. 773-0002.

English Country Dancing Swing your partner round and round Feb 28 from 7:10 pm at the Bowdoinham Town Hall, Schools St., Bowdoinham. Live music provided by the Merry Meeting Musical Menagerie. All dances taught. Please wear soft-soled shoes. Cost: \$4.50.

Everybody Tango Feb 27 from 8 pm-midnight at Maine Ballroom Dance, 614a Congress St., Portland. All amateurs are invited. Singles welcome. Free dance lesson from 8-9 pm. Cost: \$5, \$3 members. 773-0732.

Expressive Movement Dance from the inside out with fascinating adventures in expressive movement. Maine Ballroom Dance Studio offers 5 ongoing classes for women only. Day and evening classes available. The studio is located at 614a Congress St., Portland. 772-7549 for information.

Free Style Dance Group meets every Wed at 6 pm at Elm Street United Methodist Church off Broadway Street, S. Portland. Fee based on attendance. 799-1902.

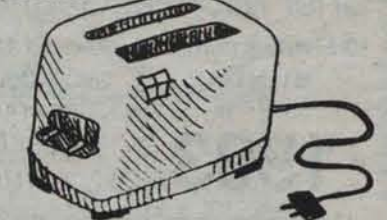
Ice Skating Lessons Portland Recreation offers private or group lessons at Portland Ice Arena, 225 Park Ave., Portland. For more info call 774-8553.

Indoor Soccer Pick-up games every Fri from 6-8 pm at the Reiche Community Center, 166 Brackett St., Portland. Cost: \$2 residents, \$3 non-residents. Call 874-8873.

Jitterbug Swing Dance Cut loose to solid '50s rock, rockabilly and classic swing recordings the second Friday of each month at Casco Bay Movers Dance Studio, 151 St. John St., Portland. Beginner work shop begins at 8 pm. Dance from 9-midnight. Smoke and alcohol free. Cost: \$5. 725-8216.

Learning Tree Ski Days The Maine Nordic Ski Council and the Maine Forest Products Council hosts a series of ski days to benefit Project Learning Tree, an environmental education program. Each ski day includes a skiing seminar from 10 am-1 pm followed by family skiing. Cost: \$12, \$6 kids 12 and under. The following ski days are planned for this winter: Feb 28 at Sugarloaf, Carrabassett; March 7 at Saddleback, Rangely. 824-3694.

Maine Handicapped Skiing is registering teams for its annual Ski-a-Thon fundraising event to be held March 20 at Sunday River Ski Resort in Newry. Participants receive a complimentary lift ticket, T-shirt, lunch and a barbecue dinner. Prizes are awarded to some individuals and teams raising over \$1,000 in pledges. Individuals or companies interested in coordinating a team should contact MHS Ski Center, Sunday River Ski Resort, RR2, Box 1971, Bethel, ME 04217. 824-2440.



Art & Soul continued on page 28

Winter Getaways

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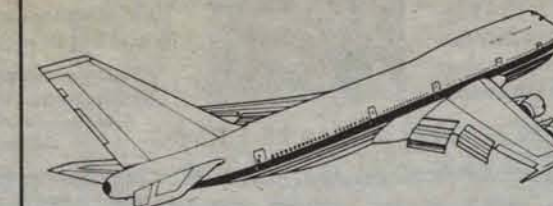
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| 1 1993 | 2 CLOSED | 3 CLOSED | 4 CLOSED | 5 5-9 PM Mexican Night | 6 Lose our Shirts 5:30 - 9 PM | 7 DINNER 5:30-9 PM |
| 8 DINNER 5:30-9 PM | 9 CLOSED | 10 CLOSED | 11 Cooking Class 1 6 PM | 12 5-9 PM French Bistro | 13 Lose our Shirts 5:30 - 9 PM | 14 DINNER 5:30-9 PM |
| 15 DINNER 5:30-9 PM | 16 CLOSED | 17 CLOSED | 18 Cooking Class 2 6 PM | 19 5-9 PM Caribbean Night | 20 Lose our Shirts 5:30 - 9 PM | 21 DINNER 5:30-9 PM |
| 22 21:00 NOON WINE TASTING LUNCHEON Dinner 5:30-9 PM | 23 CLOSED | 24 CLOSED | 25 Cooking Class 3 6 PM | 26 5-9 PM Indian Night | 27 Lose our Shirts 5:30 - 9 PM | 28 DINNER 5:30-9 PM |
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Saturday, February 27, 8:00 pm
Cortell Concert Hall, USM Gorham
Tickets:
\$5 students
\$8 faculty/seniors
\$12 general

LIBANA WORKSHOP
Participants will learn songs and rounds drawn from various cultures around the world. Workshop will be led by Susan Robbins, Artistic Director and Marytha Palfra, member of Libana, Inc.

Sunday, February 28, 1:00 - 3:30 pm
USM Gorham Campus
Fee: \$10 or \$8 with Libana concert ticket

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To get a schedule or information, call 774-0351, then HOP ON!

Art & Soul continued from page 27

sweat

Maine Outdoor Adventure Club brings together people who enjoy the outdoors. MOAC offers trips and events to people of all skill levels, beginner to expert. Upcoming activities: Feb 27-28, Frye Brook snowcave (773-0476); March 3, monthly meeting at 7 pm, North Deering Congregational Church, 1364 Washington Ave, Portland; March 20-21, Spring equinox backpacking (773-0476). For updated trip info, call the Outdoor Hotline at 774-1118. For club and membership information call 781-5033.

Memberships USM Lifetime offers memberships to its Gym Activities Program, which includes weight training, squash, racquetball and basketball courts and sauna and locker room. Several membership options available. Ongoing registration, 780-4170 for info and brochure.

Nordic Ski Report Call 800-835-0232 to learn nordic ski conditions throughout Maine.

Outdoor Trip Line For the latest bicycling, hiking and other outside activities info, sponsored by Casco Bay Bicycle Club and Maine Outdoors Adventure Club, call 774-1118.

Self Rescue and Rolling Clinics Norumbega Outfitters sponsor clinics for kayak and canoe SNOW mornings from 10 am-12 noon at a cost of \$40. Registration required. Call Norumbega Outfitters at 773-0910 for more info.

Saturday Dance Dance the night away every Saturday at Maine Ballroom Dance, 614a Congress St, Portland. Dancing for beginners from 8-9 pm, all others dance from 9-12 pm. Cost: \$5, \$3 for beginners dance. 773-0002.

Scuba Lessons Portland Recreation offers ongoing lessons at Riverton Pool, 1600 Forest Ave, Portland, 799-7990.

Seakayaking Network is forming now. 874-2640.

Senior Fitness for Men & Women 55+ USM Lifetime offers classes Mondays, Wednesdays & Fridays from 10:30-11:15 am at the USM Portland campus gym on Falmouth Street. Program consists of progressive exercises. Registration is ongoing. 780-4170.

Senior Stretch & Step S. Portland Parks & Recreation offers stretch & step exercise classes on Mondays and Fridays. Call 787-7650 for details.

SERVE/Maine Volunteer Directory lists volunteer opportunities throughout Maine with state and federal natural resource agencies. Opportunities include "adopting" hiking trails and streams, working on water quality issues, coordinating natural resource volunteers, conducting environmental compliance surveys and working as conservation educators. Projects require volunteers with skills and abilities ranging from enthusiasm and interest in nature to highly trained professionals. For more information, or to obtain a copy of the directory, call or write to Libby Selgers, SERVE/Maine, Maine Dept. of Conservation, Station #22, Augusta, ME 04333. 287-4945.

Ski for Sight Ski for an unbeatable price and benefit the Maine Center for the Blind and Visually Impaired March 6 from 9-11 am. The walk starts at Shawnee Peak. Here's the deal: skiers register a four-member team for only \$10 a piece and raise an additional \$25 in pledges. Then ski all you want using special express lift lines. 774-6273 for info and registration.

Speedskating The Maine Speedskating Club holds weekly practice sessions at various rinks. Practice will be 28 from 6:10-7:10 pm at the North Yarmouth Academy Arena, Yarmouth. Cost: \$13, \$10 children. Hockey or figure skates are fine. 926-4608.

Sports of All Sorts The Boys & Girls Clubs of Greater Portland offers a variety of activities for adults, including swimming, basketball and volleyball at 277 Cumberland Ave, Portland. 874-1070.

St. Patrick's Run Run your heart out and benefit the Starlight Foundation & The Center for Grieving Children at the same time at St. Patrick's 5K Run March 14 at 1 pm. The course is mostly flat and fast and starts at St. Patrick's, 1160 Forest Ave, Portland. Entry fee: \$10. 797-6924 to register.

Thirty Somethins' Soccer People 30+ meet to play soccer Sunday evenings at 6 pm Middle School field, Scott Dyer Road, Cape Elizabeth. Events include pick-up games, challenge matches and occasional tournaments. 799-8669.

Volksmarch A year-round Volksmarch, a free and non-competitive walk open to everyone, is held every day of the year starting Jan 1. The walk starts at the Ramada Inn at 1230 Congress St, Portland and offers a six-mile tour of Portland. 797-8726.

Volleyball Pick-up games every Tues & Thurs from 7:30-9:30 pm at the Reiche Community Center, 166 Brackett St. Wed 7-9 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 non-residents. Call 874-6793.

Walleysball Casco Bay Bike Club hosts informal walleysball games every Thurs at 6:30 pm at the Racket and Fitness Center, Outer Congress Street, Portland. Cost: \$5. 772-8465.

Winter Ecology Walks The Maine Audubon Society sponsors a Winter Ecology Walks Program for groups of all ages through March 26. Walks are conducted on the Gilsland Farm Sanctuary in Falmouth. School groups, scout troops, neighborhood groups and all others are invited to make a reservation for the 1993 season. 781-2330.

Women's Rugby The Portland women's rugby team welcomes new and old players. Join us for practice Tues & Thurs from 5:30-7:30 pm at Baxter Boulevard field, Portland. 878-5087.

our towns

Aerobic Benefit Step & sweat at Karen Miller's step aerobic class March 6 from 8-9:30 am at the Father Hayes Center, 699 Stevens Ave, Portland. Bring water, mat or towel and step, if you have one. All proceeds benefit the Maine Children's Cancer Program. Cost: \$4. 929-4846.

Auction Help build a community playground for kids by attending an auction to benefit the High Land Playland Feb 28 at S. Portland High School Gymnasium, 637 Highland Ave, S. Portland. Preview and registration at 5:30 pm, silent auction at 6 pm and live auction begins at 7 pm. Dessert and coffee served. Call 799-6528 for ticket information.

Beans Eat all the beans, brown bread, franks, American chop suey, cole slaw, rolls and homemade pies you can at the public baked bean supper Feb 27 from 4:30-6:30 pm in the North Scarborough Grange Hall, Route 22, N. Scarborough. Cost: \$4.50, \$2 for kids.

Commute Riders are wanted for a self-supporting commuter van from Portland to Augusta. Regular and occasional riders welcome. Stops in Freeport and Yarmouth. 287-2271.

Elderworks is a new day-treatment facility for elders with long-term mental health needs. Volunteers are needed to continue reaching out to Portland's older community. Artists & craftsmen, knitters, bakers and writers & storytellers are needed, as well as arts and crafts supplies. 874-1000.

Family Crisis Shelter Volunteers The Family Crisis Shelter needs volunteer advocates to provide emotional support and advocacy to women and their children in times of crisis. Training is every Tues & Thurs from March 15 to April 15. 874-1196.

Fish Chowder Luncheon Make a note to attend the next fish chowder luncheon Feb 26 from 11:30 am-1 pm at the S. Freeport Church Vestry, S. Freeport. Lunch includes hot dogs, fish chowder, cole slaw, corn bread and dessert. Cost: \$4.50. 865-3659.

Free Temporary Help Kelly Temporary Services of S. Portland is giving away eight hours of temporary help to ten different local nonprofit organizations during KellyWeek 1993 — March 14-20. Kelly Services invites you to nominate your favorite charity by calling their office at 774-9809 in Greater Portland or 1-800-244-5387 elsewhere. Winners will be announced during KellyWeek.

Flea Market Shop for great bargains every Sunday from 9 am-4 pm at the flea market at the National Guard, Stroudwater Street, Westbrook. Items include crafts, collectibles and antiques. Call 854-0810 for table reservation.

Literacy Training Train to be a basic reading tutor for Literacy Volunteers of America in the Saco-Biddeford area. The next workshop is March 1-19 on Mon & Thurs evenings from 6-9 pm at the Resource Center, Community Support Services, 445 Main St, Biddeford. Free. 283-2954.

Pancake Breakfast The Windham Lion's Club sponsors a pancake breakfast to benefit the Windham High School Band Feb 27 from 7:30-11 am at the North Windham Union Church. Tickets available at the door.

Purim Carnival The Jewish Community Center invites you to a fun-filled day at its Purim Carnival March 7 from 12:15-2:30 pm at 57 Ashmont St, Portland. Festivities include children's costume pageant, booths and games and Hamantaschen. 772-2234.

Retired Senior Volunteer Program encourages you to discover the excitement of new beginnings and explore opportunities where you can make a difference. RSVP of Southern Maine needs volunteers 60 and older for the following positions: former opera singers, band players and other professional musicians to share your experiences with a group of students; Book sorters; and math helper. 775-6503.

Volunteer Make a resolution you can keep — volunteer! The Southern Maine Area on Aging is looking for volunteers to help out senior adults by providing friendly visits, making telephone calls, doing house-hold chores or providing transportation. Make a difference. Call 775-6503.

Volunteer Center needs day nursery assistants, afterschool study center monitors and phone-a-thon participants. 874-1000.

Ziti Supper Eat all the ziti & meat sauce, salad, bread and desserts you can Feb 26 from 5-7 pm at the public supper at St. Paul's Church Hall, 482 Ocean Ave, Portland. Cost: \$4. Proceeds benefit the International Youth Sports Exchange. 775-0905.



etc

Accent Reduction Classes Adult classes starting soon to help people with regional accents and speakers of English as a second language reduce their accents. Classes taught by a speech/language pathologist. 879-1886.

ACT UP/Maine (AIDS Coalition To Unleash Power) is a diverse group committed to non-violent, direct action to end the AIDS crisis. Our goals include the establishment of a Maine AIDS Resource Center and the self-empowerment of People Living with AIDS Community. Meetings open to the public and held every Mon from 7-9 pm at 72 Pine St, Portland (Andrews Square Building). New members welcome. Wheelchair accessible. For more info write ACT UP/Maine, P.O. Box 5267, Portland 04101. 774-5082 or 828-0401.

ACT UP/Portland Join us! We're the people who get condoms to high school students, help prisoners with AIDS, demonstrate for universal health care, fight discrimination and torment George Bush every time he comes to Maine. Straight or queer, boy or girl, positive or negative, black, brown or white — if you want to act on your beliefs in a dynamic, nonviolent grassroots organization committed to direct action against AIDS, ACT UP/Portland is the place for you. We meet every Sunday at 7 pm at the YWCA, 87 Spring St, Portland. Wheelchair accessible. 828-0566. Address letters to 142 High St, #222, Portland, ME 04101.

Afro-Caribbean Percussion Class Bang on your drum all day Sun evenings from 7:30-9 pm. Michael Wingfield offers ongoing classes at Casco Bay Movers Dance Studio, 151 St. John St, Portland. Cost: \$15/single class, \$50/four week session. Shake your maracas all afternoon at a special workshop March 6 from 3-5 pm. Bring percussion instruments if you have them. Cost: \$15. 871-0509.

Bookmobile Update Portland's Bookmobile has been taken off the road for emergency repairs for a week or two. There will be no overdue charges during this time and books may be returned to any of the following library book drops: Munjoy, Peaks Island, Reiche and Riverton. Books will be picked up at senior housing projects only. 871-1717.

Breakwater Open House Breakwater School hosts an open house for families interested in learning more about the school Feb 28 from 1-3:30 pm at 865 Breakwater Ave, Portland. Teachers and parents will be on hand to answer questions. 772-8689.

Budget Travellers Unite Budget traveller is looking for other budget student travellers to share travel tips, road stories, money-saving ideas and must-see places. Call Brian at 773-6226.



Dining & Entertainment Maine Center on Deafness sponsors a dinner & variety show and BOLA raffle March 6 at 5 pm at Woodford's Congregational Church, 202 Woodfords St, Portland. Entertainment by deaf and hearing performers. Cost: \$5, \$4 seniors and kids, \$3 show only. 761-2533.

Displaced Homemakers Program offers "New Ventures," a free 10-week training session Tues and Thurs from 9:30 am-3 pm. The course teaches how to be creative in solving problems and coming up with new business ideas, how to write a business plan, and how to market your business. Application and interview required. Application deadline is 3/12/93. 1-800-442-2092.

Divorce Perspectives Jacob Watson discusses "Getting out of the Victim Triangle" Feb 24 at 7:30 pm at Woodfords Congregational Church. Support group for people facing problems in divorce meets year-round Weds at 7:30 pm in Woodfords Congregational Church, 202 Woodfords St, Portland. Donation of \$1.50 requested. 774-HELP.

Enriched Golden Age Center invites men and women 60 and over to daily luncheons at 297 Cumberland Ave, Portland. Meal at noon. The following programs are offered at 12:30 pm: Debbie Di Dominicus speaks on senior citizens topics March 3, "Beauty and the Beast" movie and refreshments March 10, Syd Lerman and Band and Allen and Alice McLaughlin dancers March 17, Brig. James Scott & his musical program March 24, Music by Beau & David March 31. Donation: \$2.50. 774-6594.

Episcopal Church Classes The Church of Saint Mary the Virgin offers a series of classes for new inquirers — those seeking to be baptized, confirmed, received or interested in increasing their awareness and personal commitment during Lent and the Easter season. Classes are Thurs evenings from 7-8:30 pm in the Quilt Room, 43 Forester Road, Falmouth. Upcoming classes are: Putting Our Faith and Trust in God: Father, Son, and Holy Spirit Feb 25; Lent I, Enrollment of Candidates for Baptism, Welcoming of Baptized into St. Mary's Feb 28. 781-3366.

Feminists Against Rape (FAR) meets Tues at 7 pm for discussion and planning. Join us if you are a feminist determined to help make Portland a city free of sexual violence. 799-7242 or 772-5941.

Fight Discrimination The Maine Civil Liberties Union is interested in hearing from any Portland resident who feels that she or he has been illegally discriminated against in housing, employment or credit on the basis of sexual orientation. 774-5414.

Freepost Historical Society presents "New and Recent Additions to Our Collections," from 10 am-5 pm at the society's Harrington House, 45 Main St, Freeport. 865-3170.

Free Tax Assistance The Volunteer Income Tax Assistance (VITA) Program offers free tax assistance on Fri mornings from 8:30 am-12:30 pm (March 5-19) and on Fri & Sat mornings (April 2-10) at Andover College, 901 Washington Ave, Portland. Bring all necessary paperwork. 774-6126.

Friends of the Maine Youth Center are interested in meeting with others who are concerned about the effects of budget cuts on the center. 854-9872.

Friends International Area churches and volunteer organizations are working with Friends International to send three school buses filled with supplies and cafeteria equipment for use in rural schools in Nicaragua. The buses will be driven to Nicaragua by volunteers and various groups are helping to raise the funds to pay expenses. Anyone interested in donating to the project or working as a volunteer may contact the Friends International office in Portland. 775-0547.

Art & Soul continued on page 30

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Art & Soul continued from page 29

etc

Full-Time Dads is a bi-monthly journal for fathers who are primary caregivers for their children. The journal provides a forum for men to share ideas, find support, and discuss issues to help them become better parents. Annual subscription rate: \$26. Sample issues available for \$5. For more info contact "Full-Time Dads" at P.O. Box 577, Cumberland Center, ME 04021. 829-5260.

Free Trees Ten free white pine trees will be given to each person who joins The National Arbor Day Foundation during the month of February. Members also receive a subscription to "Arbor Day," the foundation's news magazine, a book with information about tree planting and care and a membership card. To become a member and receive your ten white pines, send \$10 membership contribution to Ten Pines, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, Nebraska 68410.

Grandparents Support Group meets to provide emotional support and action the last Mon of each month from 7-9 pm at Keeley's Banquet Center, 178 Warren Ave., Portland. 797-9227.

Hobby Fair Participants are needed for the Second Annual Hobby and Interest Fair March 14 from 1-3 pm at the Windham Primary School, 404 Gray Rd., Windham. Participants will display and share hobbies, collections and special interests and be available to answer questions. 829-1840 for info.

International Folk Dancing An evening of line, circle and couple dances March 3 from 7-9:30 pm (dances taught from 7-8 pm) at the Main Lounge, Moulton Union, Bowdoin College, Brunswick. Cost: \$3, free for Bowdoin students. 729-1555.

Libana Workshop Susan Robbins and Marytha Paffrath of Libana, Inc., teach songs and rounds drawn from various cultures around the world Feb 28 from 1-3:30 pm at USM/Gorham. Cost: \$10, \$8 with Libana concert ticket. 772-8630.

Literacy Services Project LINK links you to the people and programs that can help you do what you want with your life. The service offers free information, referrals and support to all Cumberland County residents in reading, math, job skills and higher education. For more information call 674-1140 or 1-800-698-4959 X341.

Magie Drum The Swedenborgian Church invites you to an evening of drumming, singing, chanting and dance the first Thurs of each month at 302 Stevens Ave., Portland. Bring drums, shakers, bells, rattles and other instruments for making sacred sounds; and readings, songs and meditations to share. Cost: \$5 donation. 799-9269.

Mardis Gras The Cape Elizabeth Arts Commission sponsors Cape Elizabeth Mardis Gras Jazz Concert and Open Jam Feb 28 from 2-4 pm at Thomas Memorial Library, 6 Scott Dyer Rd., Cape Elizabeth. Featured artist is the Be-Bop Jazz Ensemble. \$1 admission. 767-3911.

Mini-Grant Program The Junior League of Portland is accepting requests for grant applications for its bi-annual community mini-grant program. Funds are available for grants up to \$1,000 to meet community or agency needs. Requests for applications should be made in writing to Junior League Community Mini-Grant Program, Care of Denise Martin, 39 Old Birch Lane, Portland, ME 04103. Completed applications need to be submitted by March 30.

Miss Teen Portland Girls between the ages of 7-19 are invited to compete for over \$20,000 in prizes and scholarships in the Fourth Annual East Coast Pageants "Miss Teen Portland" pageant. Contestants compete for the titles of Miss Jr. Pre-Teen, Miss Pre-Teen, Miss Jr. Teen and Miss Teen. Judging is based on personal interviews, sportswear and evening gown competition. The pageant will be held April 18 at Lewiston Jr High School, 75 Central Ave., Lewiston. Call 1-800-PAGEANT, X139009 for info.

Musical Chairs It's not just for kids anymore. Phi Mu Fraternity and Maine Medical Center's Children's Miracle Network invite you to play an adult version of this child's game Feb 27 from 1-4 pm at the USM Campus Gym, 96 Falmouth St., Portland. The grand prize is round trip airfare for two on Delta Air Lines to anywhere in the continental U.S. Proceeds benefit the Children's Miracle Network. Cost: \$5 per ticket. 871-2101.

Music Swaps Portland Folk Club invites you to share a song or a story in a supportive atmosphere every first and third Tues at 7:30 pm at Swedenborgian Church, 302 Stevens Ave. The theme of the Feb 16 swap is love songs. Cost: \$1 donation. 773-9549.

Names Project/AIDS Memorial Quilt holds a panel-making workshop the first and third Sun of each month. 774-2198.

Out for Good Lesbian discussion/support group meets each Thurs from 7-9 pm in Saco. Non-smoking. \$1 donation. 247-3461.

People Against Crime provides classes in personal defense strategies at 565 Congress St., Suite 207, Portland. 799-0607.

Planetarium Show USM's Southworth Planetarium presents Alligator in the Elevator Feb 27 at 3 pm; The Mars Show Feb 27 at 7 pm; Led Zeppelin Feb 27 at 8:30 pm; A Tour of the Solar System Feb 28 at 2 pm; Dark Side of the Moon Feb 28 at 3:30 pm. 780-4249 for info and reservations.



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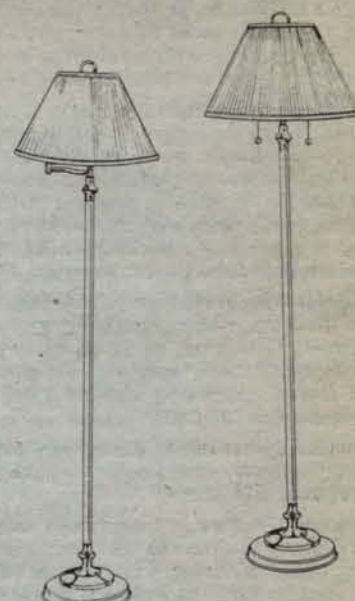


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Portland Camera Club meets Mondays at the American Legion Hall, 413 Broadway, S. Portland. Monthly events include B&W, color print and color slide competition.

Quilts Art The Freeport Historical Society announces the opening of its new exhibit, "Graters, Grinders and Gadgets: the Kitchen of c. 1900." See everything from the ralsin seed to the coffee grinder Mon-Sat from 10 am-5 pm and Sun from 12-5 pm. The society is located at 45 Main St., Freeport. Free. 865-3170.

Railroad Talk Railroad historian Robert MacDonald presents a slide talk, "Along the Two-Foot Rail," March 2 at 7 pm at the Maine Narrow Gauge Railroad Co. and Museum, 58 Fore St., Portland. Refreshments & Tours included. 828-0814.

Rock-Off Rocks On Wanna win a record contract? Maine Musicians Association invites high school rock bands from all over Maine to compete for a recording deal with Reindeer Records in this year's annual Rock-Off being held in Portland. A series of Sunday afternoon elimination shows will determine five semi-finalists who will then compete in a final bout to determine the best high school rock band in the state of Maine. Deadline registration for Rock-Off '93 is March 1. 874-9002 for info and registration packet.

Ronald McDonald Fundraiser The S. Portland Red Riots and Ronald McDonald will be on hand Feb 27 from 2-5 pm to help raise money for the future Ronald McDonald House in Portland. Purchase raffle tickets to win Red Riots football jersey, football and restaurant gift certificates. 761-2889.

SCORE Service Corps of Retired Executives, a volunteer organization supporting small business, holds "The Business Plan and Cash Flow" Feb 25 from 4-6 pm at 66 Pearl St., Room 211, Portland. 772-1147.

Seashore Trolley Museum The museum displays trolleys from all over the world and offers rides on authentically restored electric trolley cars. Open daily from 10-5, at Log Cabin Road, Kennebunkport. Cost: \$6 adults, \$5 senior citizens, \$4 children 6-16. 967-2800.

See the World a Different Way Refugee Resettlement Program of Catholic Charities Maine seeks volunteers to help welcome European, Asian and African refugees. Help newcomers to build new lives. Register now for the next volunteer training workshop scheduled March 19 from 9-9 pm and March 20 from 10 am-5 pm at 107 Elm St., Portland. 871-7437.

SHARE Support group for separated, divorced and widowed people meets Feb 26 at 7:30 pm in the Meeting Room, Sacred Heart Church, 80 Sherman St., Portland. 775-4347 or 855-5542.

Sweet Adelines invite interested women to weekly rehearsals Thurs at 7:30 pm at the Frank Harrison Middle School, McCarty Street, Yarmouth. 846-4726.

The Taxman Major IRS offices in Maine will remain open each Tuesday until 6 pm for the remainder of the tax filing season to assist individuals with tax questions and preparing their tax returns. The S. Portland office is located at 220 Main Mall Rd., S. Portland.

Tax Workshops Service Corps of Retired Executives, a volunteer organization supporting small business, offers the "Do You Know" seminar, a small business tax education program March 4 and 18 from 1-5 pm at 66 Pearl St., Room 210, Portland. Nominal cost. Call 772-1147 for info and registration.

Turkey Tactics Learn everything you'll ever want to know about turkey hunting and more at this year's Advanced Turkey Hunting Seminar offered via satellite March 18 at Southern Maine Technical College. Learn dozens of turkey hunting secrets including how to call like a real turkey, decoy tricks, ways to fool silent gobblers and desperation tactics. Cost: \$25, \$5 kids under 14. Register by March 4 to receive \$50 in free gifts. Registration recommended, walk-ins welcome. 767-9528.


Twin Nominations The Portland YWCA is now accepting nominations for its Tribute to Women in Industry (TWIN) awards to be presented this spring. Any company, large or small, may participate by nominating a woman in a senior management or professional position who has made a significant contribution to her company. Nominations forms are available at the YWCA, 87 Spring St., Portland, and will be accepted through March 9. 874-1130.

Volunteer for African Nonprofits Volunteer for one year as an urban development intern. Positions available in Kenya, Uganda, Burkina, Zimbabwe and South Africa. Call (202) 625-7403 for info.

Women's Caucus of Windham meets March 1 at 7 pm at the Windham Community Center Annex, School Rd., Windham. Chris Hattad from Pine Tree Legal will discuss the state budget. Everyone welcome to attend. 892-6591.

Yarmouth Historical Society seeks donations and loans of artifacts and photographs for "Yarmouth Women at Home," a women's history exhibit to be displayed in March and April. Artifacts and photographs should reveal everyday life in the home, at the mill or in women's new-found leisure time during the period of 1880-1930. Of special interest are items revealing life at the Royal River Cotton Mill, where French-Canadian immigrant women worked. 846-6529.

Yarmouth Radio Club meets the third Sunday of the month at 1 pm at the Yarmouth Community House, East Main Street, Yarmouth. 846-0700.

Younger Widowed Support Group Men and Women 50 years of age and younger who have experienced the death of a spouse within the last three years are invited to join a support group to help and encourage each other through the normal grieving process. Eight meetings will be held in Yarmouth on Tues evenings beginning in March. Small donation will be accepted. Call 846-5285 for info. 

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GM, 31, SEKS M/F to share large, 2-story West End apt. L.R. eat-in kitchen, hardwood floors, yard, storage plus studio space. \$262.50/mo. including heat. 773-2440.

MAINE MED/USM AREA—Responsible, quiet, professional/grad student. N/S men and/or women wanted to share spacious 4BR house in quiet neighborhood. No pets. \$208.25/mo. +1/4 heat & util. Call Rick 775-3973.

MALE LOOKING FOR PROFESSIONAL M/F with interest in the outdoors to share modern 2BR apt. in Portland, Parkside area. \$275/mo. includes all. 772-7999.

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SEEKING FEMALE ROOMMATE! Three bedroom (2-story) apt. (So. Portland). Dead end street. Storage and parking. N/S professional age 20-30 preferred. \$275/mo inclusive. We have one cat. Jen or Diane, 767-1291.

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WESTBROOK—Responsible M/F to share large, sunny & tasteful 3BR w/2 realists, 1 smoker. Hardwood throughout. Cats. Parking. Storage. \$200/mo. + util. 854-2747.

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775-2406

DiPIETRO'S MARKET SOUTH
"Take An Italian Out To Lunch"
We Deliver 4:00 - 10:00
In South Portland & Cape Elizabeth
16" Pepperoni Pizza - \$5.99!
799-2839 385 Cottage Rd., S. Portland

If you deliver to our readers, we'll deliver our readers to you!
To be included in this special advertising section in next week's issue, call Rodney at 775-1234.
DINING EXPRESS
Delivery 7 Days per Week
From 16 of Portland's Finest Restaurants
Fast Hot Quality Food Delivery
Portland and Surrounding Towns
Call Us At: 774-5500

Loring Short & Harmon
Loring Short & Harmon offers delivery from office supplies to coffee to cleaning supplies. Supply orders placed by 2:00 p.m. will be delivered to your location the next business day. Call our friendly people in customer service or fax us an order.
Telephone # 797-9750 Fax# 878-9787
Orders over \$50.00 will be delivered free. There is a \$2.50 handling charge on orders under \$50.00.

PWM EXPRESS services inc.
Same Day Delivery Nationwide from Portland Jetport
"From your home or office to the entire country"
In Maine 800-794-8015
207-871-8015
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Flowers & Plants for All Occasions
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PORTLAND ME



REAL ESTATE AGENTS!

Show off your best!

On March 11th, *Casco Bay Weekly's* Best of Portland Issue will feature a *Best of Real Estate* section!

To find out how you can show off your **BEST PROPERTIES** in front of Greater Portland's Best & Most Qualified Prospects, call Rodney or Sheila at 775-1234 now!

Deadline March 5th

business services

GLIDDEN ELECTRICAL SERVICES (GES)—Any electrical. Residential/commercial/industrial wiring. Replace existing electrical service with new 100 amp service. Fuses to circuit breakers for \$475.00. Full insured. Perry Glidden, Master Electrician. 1-800-283-9896. 642-3274.

HANDYMAN MAINTENANCE—Home improvement projects, repairs, decks and light trucking. Small jobs our specialty. Senior citizens call for quality work at reasonable rates. Call 727-4034.

HEALTH INSURANCE—AT LAST, a serious discount offered to the self-employed through the National Association for the Self-Employed. No employees required. Call Gordon Glidden, 642-3274.

HEATING PROBLEMS? KEITH'S SERVICE, 767-4531. Gas & oil repairs, maintenance, installations, trouble-shooting. Some appliances, odd jobs, Keith Gaudet, formerly of Gray Old Ridge Rd.

HOUSE CLEANING PAR EXCELLENCE—Reliable, efficient, affordable rates. Excellent references. 12 years experience. Free estimates. 774-6657.

HOUSE CLEANING—Need cleaning done? I have great references and reasonable rates. Call Vickie, 878-9992.

HOUSECLEANING & GARDENING SERVICE—\$8/hour, references, environmentally safe products. 874-2365.

HOUSEKEEPER PLUS! Care of your home, errands, shopping, cooking for you just home. Excellent references. Please call Donna Hendry, 925-3811 after 5pm.

IMMEDIATE SERVICE COMPANY specializing in general maintenance & repair. 1-800-439-7707. Also, 24-hr. emergency repair service.

INCOME TAX PREPARATION—Virginia M. Johnson, Certified Public Accountant, 696 Brighton Ave., Portland, ME 04102-1012. 272-2322.

INCOME TAXES PREPARED—Member National Association of Tax Practitioners, Lawrence Barker, 1576 Broadway, South Portland, Call 751-0137 evenings and weekends.

K&S SERVICES—Bathroom remodeling and repair, ceramic tile, carpeting, linoleum, plumbing, heating. No job too big or too small. Many references available. Insured. 767-3378.

LASER TYPESETTING—Bold business cards, respectable resumes, brilliant brochures, funky flyers & awesome advertisements. Your satisfaction is key. Low prices. Free estimates. Call Mark, 773-8886.

LIGHT TRUCKING—Call types. Rubbish removal, cleaning, clearing out yards, basements etc. Demolition and tree work, complete grounds maintenance, references, insured. Call anytime 781-1698.

MATURE, RESPONSIBLE PERSON to clean home. Flex hours, affordable prices, free estimates. Call Wendy if interested, 828-1918.

MONITOR Vented Heating, Heating & hot water. 725-4451. For the best deal call us LAST!

NEED ELECTRICAL WORK DONE? Best deals on service charges, "Fuses to Breakers". Calling time, no job too big or small. Quality work at very reasonable rates. Free estimates. Master Electrician, insured. Gerry's Electric, 773-5897.

OFFER ANSWERING MESSAGES—Individually tailored to you, your interests, and your machine. Home or business. Flip-roping, not boring. Call Eric, 774-9596.

PATRICIAN INTERIORS—The elegance and beauty of custom window treatments, bed ensembles, upholstered headboards or covered cushions should be a part of your home. To schedule a private and complimentary consultation in your home or office, please call 874-2933.

QUALITY ELECTRICAL WORK DONE reasonably by Master Electrician. Free estimates, fully insured, service upgrades, remodels, additions, new construction, residential/commercial. FASULO ELECTRIC, 871-9269.

SELF-EMPLOYED JOIN a 340,000-member nationwide business association and enjoy more than 120 benefits, including medical plan at affordable rates. Call representative at 799-2163.

SUNSHINE CLEANERS—Housecleaning, weekly or bi-weekly, by professionally trained staff. 16 years experience. Affordable rates, excellent references, insured/bonded. Free estimates. Greater Portland, 799-5323.

THE CAPE CARPENTER—Any phase of carpentry, additions, decks, painting, roofing, walling, tile work, reasonable rates, excellent references. So Portland, Cape Elizabeth, Portland, Scarborough areas 767-5032. Dan.

TUNES "T" MUSIC SERVICES—Aldo's 10,000-song playlists, lighting, fog, bubbles, 1800-watts. \$99 mid-week special. MEAN! Call the pros. 775-6443. Page 1-800-629-7707.

WEDDING GOWN—Beautiful, long train. Very detailed, long sleeves. Warm once, professionally dry-cleaned, altered to size 7. Asking \$400. 773-2828 evenings message, 885-2519 days.

WINE SPECIALIST—Don't wait 'til Spring, save 25% off, call Mike today! 878-5521.

WANTED—A METAL WAGON WHEEL—Tel. 934-4535.

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stuff for sale

ONE DOZEN LONG-STEMMED ROSES and one pound gourmet chocolates, \$24.95 delivered in Greater Portland. Call "Just Because", 797-6091. MO and Visa accepted.

ONE WAY TICKET FROM N.Y. TO BERLIN, Germany. Leave 3/12/93. \$250. Call 799-1884. Panasonic KXP-1124 DOT MATRIX PRINTER. 3 yrs. old. Works like new. \$75 or best offer. Computer work center assembled, 2 yrs. old, \$75 or best offer. 854-8109.

RAVISHING RECALLS, 101 CONGRESS ST. A new & used clothing consignment store. Jewelry & accessories. Open: Tues-Sat, 10am-5pm. Accepting larger women's clothing. Prices are negotiable. Let's make money together! Cash or consignment. Call 874-3005.

REFRIGERATOR for your kitchen or camp. It's used, but it's full-sized (not full of food) and it works! \$550. 750-7037.

STEEL DESK, 4-DRAWER, 30x60, good condition, has place for typewriter, \$25. gentle lift, owners manual & warranty, \$500. 767-4804.

USED MOVIES \$9.95 including adult, Disney \$14.95, posters & standees \$3.99 and up. VCR cleaning & repair. Captain Video, Oak Hill Place, Scarborough areas 767-5032. Dan.

WEDDING GOWN—Beautiful, long train. Very detailed, long sleeves. Warm once, professionally dry-cleaned, altered to size 7. Asking \$400. 773-2828 evenings message, 885-2519 days.

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wheels

BLAZER S10, 1986, 4x4, Tahoe package, air, loaded, excellent condition, 101,000 mi., mostly highway, no rust. \$4,500. Call weekdays after 2pm, all day weekends 283-1115.

BMW 325i, 1989, 6-cylinder, 5-speed, loaded, power everything, sunroof, excellent condition, 66,000 miles. \$10,500 or B.O. 799-1741.

BUICK LASABRE LTD., 1989, 3.8 V6, automatic, 4 dr, FWD, loaded, auto alarm system, auto locks, keyless entry, climate control a/c, new tires. \$5,600.00. Want quick sale! 283-0578.

BUICK SKYLARK, 1970, new brakes, new dual exhaust, new tires, new water pump, radiator, some rust, needs some work but runs well. Asking \$1,500 or B.O. Great deal! 642-5335 eve. 856-6356 days Dwight.

BUICK SKYLARK, 1970, new brakes, new dual exhaust, new tires, new water pump, radiator, some rust, needs some work but runs well. Asking \$1,500 or B.O. Great deal! 642-5335 eve. 856-6356 days Dwight.

CAMARO, 1988, Auto V6 coupe, loaded, A/C, power windows, sunroof, best stereo, 14K miles, one owner. Excellent condition, stored winters. \$10,900 or B.O. Call 773-3523.

CHEVROLET CORVIR MONZA, 1965, 140 h.p., must-4 speed, newly painted, quick car, must drive! \$1,900 or B.O. Contact Jeff at 839-4508 or 856-6522.

CHEVROLET S-10 BLAZER, 1988, 5-speed, Tahoe package, clean and very good condition, loaded, 58K miles. Priced below book for quick sale. \$6,995 or B.O. 775-0800.

CHEVROLET 1500 4x4, 1988, V8, rebuilt automatic transmission, new tires, brakes & paint, 136K miles, runs good. \$5,500 or B.O. 856-0013.

CHEVY C10, 1985, Auto, Pw/B, radio, new tires, 44,000 miles, boat, rock, excellent condition. Can be seen at 364 Mitchell Rd., Cape Elizabeth. \$4,500. 799-5466.

CHEVY LUMINA APV, 1990, Cargo van, V8, auto, 35K, maroon, like new. \$8,500. Call 883-5575.

CHEVY NOVA, 1986, 4-door, 5-speed, 80K, A/C, P/S, Am/Fm, new sticker, reliable transportation. \$2,500. 775-2246, 10-5-30 or leave message. 854-8109.

CORVETTE, 1986, Black, auto, low miles. Consider interesting 80K-70K muscle car in partial trade. Best reasonable offer. 774-3643.

DODGE CARAVAN LE, 1986, Auto, 7-passenger, luxury equipment package, air, power everything, roof rack, tilt-wheel, Am/Fm cassette, 68,000 miles, good condition. Asking \$3,500. 883-4081.

DODGE DAKOTA, 1988, 4 cyl., 5-speed, long bed, stereo cassette, cloth seats, new tires, 56,000 miles. Well cared for. \$3,900. 1-737-8763.

DODGE RAM 1989—Cargo van, automatic, V-8, 84,000 mi., tilt-wheel, roof racks, 35,000 miles, excellent condition. \$4,500. Book value we're asking \$7500. 967-2882.

DODGE RAMCHARGER, 1987, 4WD, 31 auto, P/S/B, power windows, Am/Fm, U-haul hitch, new tires, never plowed, 47K, very good condition. \$6,800. Call 883-6524.

EAGLE TALON, 1991, 5-speed turbo, all-wheel drive, sunroof, leather, alloy wheels, 16,000 miles, call Debbie, 767-5173.

ECONOLINE VAN, E-250, 1989, Lots of extras. Can be used as a camper. Good condition, nice interior. \$7900. 969-9838.

FORD DUMPTRUCK, 1971, 6 yard capacity. New power up on dump, with only 18K original miles. \$2000. Please call 798-831.

FORD ESCORT, 1986, 4-speed standard, in-spec condition, new brakes, good tire, ways starts, runs well, low miles, good gas mileage. \$795 or B.O. Morry, 879-1675.

FORD THUNDERBIRD, 1983, Popular winner! Rusty but trusty, new brakes, shocks, battery, exhaust, front-end, carburetor. Excellent running condition. NADA \$2400. "Priced to sell" \$995! 883-4310.

GRAND CARAVAN LE, 1990, V-6, P/S/B, cruise, A/C, Am/Fm stereo, plus mobile phone. \$11,000. Call 655-4263 or daytime 892-5034.

HONDA CIVIC LX, 1989, Sunroof, 5 spd, 4 dr, 30,000 mi., stored winters. \$7900. Call 767-4148, mornings.

HONDA PRELUDE, 1987, Red, Am/Fm cassette, electronic sunroof, alarm system, excellent condition. 78K, 5-speed, A/C, new clutch, one owner. \$5,800. 772-3258.

ISUZU TROOPER II, 1988, 4x4, 5-speed, 87,000 miles, 4 cylinder, 4 door, \$5000. 892-7833.

MAZDA 626 LX, 1987, Dark blue, 5-speed, sunroof, excellent condition. \$3895. Call 781-2069.

OLDS DELTA 88, 1990, Cranberry red, V-6, 4 door, air, tilt-wheel, Am/Fm cassette, new tires, tire spoke wheels, all power, \$9900 firm. 865-3394.

OLDSMOBILE 98, 1982, V8, brand new inspection sticker, rebuilt engine, approx 58K miles, good condition, power, AM/FM stereo. \$1,500. 799-2736.

PLYMOUTH VOYAGER, 1984, 4-cylinder, 4 speed, good condition. \$2,300. 799-8513.

PLYMOUTH WAGON, 1981, Low mileage, excellent condition. \$1,300 or B.O. 799-3356.

PONTIAC 6000, 1984, V6, automatic, A/C, Am/Fm Stereo, requires some work. Make an offer. Call 828-0354 after 6pm.

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adult services

DROWN IN ECSTASY, SWEET AGONY! 1-800-72-ERICA. \$2.99/min. Visa/MC.

HEAR TALKING PERSONALS—1-900-884-8600. \$2/min (18+) OR TALK TO LIVE GIRLS! 1-900-884-1220. \$2.99/min (18+). CONNECTIONS USA R. Laud, FL. Info. 305-525-5433. (412).

HOT PORTLAND GIRLS! Private Home Numbers. 1-900-726-4008. \$2/min. 18+. Exciting Single Girls Await!

LISTEN FREE ANYTIME—The Dr. Susan Block Show, plus Telephone Sex Therapy and more. 213-661-6300. Maine Introductions 1-900-678-9690. (\$2.49/min. 18+). Good stuff!

LOWAS 20CENT MINUTE—Uncensored adult phone lines. Straight or gay hot live groups, scuzzing live 1-on-1, XXX recordings. Credit card or check-debit. 1-800-365-4897.

MORE THAN ADAM/ELITE—Fun Exciting! Available Portland singles await your call. Also, get horoscopes, sports updates, & more! 1-900-992-5630. \$2/min. 18+.

SINGLE? SEXY? SMART? Call the PORTLAND GIRLS. 1-900-884-1595. \$2.95/min. Rand, S.D., CA. 18+.

THEY ARE HOT! THEY ARE SINGLE! Portland Girls, Sexy, Seductive, Sweet. Call 4 a day tonight! 1-900-287-5550, ext. 12. \$2.49/min.

UNCENSORED LIVE, NO CC NEEDED! Party Line, 1-800-627-9669. \$2/min. Man to Man, 1-800-726-9425. \$2/min. (One On One Live) Ladies, 1-800-726-7548. \$3.50/min. Adults only.

YAMAHA VIRAGO, 1987, 1/2 new, low miles, complete turn-up, new diaphragm, battery, voltage regulator, 1992, \$1,495. Joe, 283-8610.

recreation

SLEIGH RIDES—Over the river & through the woods, 44,000 miles, boat, rock, excellent parties or romantic rides for 2. Perfect weather. Stables, 839-2243.

learning

FICTION WRITING & AUTOBIOGRAPHY WORKSHOP for experienced writers. Supportive environment, strong focus on craft. Every 3rd Sunday, 3-5pm, for 7 sessions. Portland, beginning 2/28. \$100. 729-3686.

TUTOR—Certified teacher, 20 years teaching experience. Enthusiastic, motivating. Remedial academics or intellectual enrichment. 3rd graders through high school. Weekdays or weekends. Call 874-0053.

animals

ACAT HOUSE—FOR CATS ONLY, offering NO-CAE accommodations. New, large outdoor enclosed play area and TLC for your cat while you're away. Call 883-9611.

ALL-BREED HANDLING CLASSES offered by Dogs In Training. Call 926-3174.

FORNITURE PARASITES, tender pads, and sex problems, ask Oak Hill Ace Hardware, 883-5558 about Truennicle, Padlock, Mixer, & Ear Canker Powder. Available O.T.C.

HAPPY JACTIVEMOVIE—Recognized sale & effective against hook, rod & luge worms in dogs & cats. Available O.T.C. at OAK HILL ACE HARDWARE, 883-5058.

TAKING A TRIP—Don't know what to do with your pet? Call Kim at 879-1914. Many options, references. Competitive rates.

TEACH YOUR DOG TO OBEY—6 weeks beginning course, \$25. Puppy classes, 5 weeks \$15. Also advanced classes. Instructors with 30 yrs. combined experience handling a variety of breeds. Dogs in Training, Portland. 839-8439, 929-3174 or 893-6912.

DATE A DATE! SEXY SINGLES AWAIT! 1-900-289-4440, \$2.49/min. 18+. The Hottest and Most Exciting People in Portland!

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personals continued

women • men

YOUNG INTRIGUING LADY of Italian heritage who enjoys dancing, shooting pool, and independence, looking for genuine gentlemen who enjoy similar interests and children. #2563 (3/15)

men • women

1. DWM, 40, NO EXPECTATIONS, no games, loves to ski, sail, travel, music, educated professional, looking for 30+ WF, same interests. Let's be friends. #2513 (3/15)

1 PART INDIANA JONES, 1 PART ALF, the rest a poets heart, adventurous romantic, nutty, humorous DWM, 39, seeks missing partner and inspiration average lady dream, 28-35. #2570 (3/15)

1968 MODEL, LOADED WITH TOYS, 4x4, dual purpose, quiet motor, white body, brown top, brown headlights. Looking for good owner, same year, SWF, who enjoys ocean drives, mountain top sunsets, summer toys. #2565 (3/15)

21 YEAR OLD FORMER MARINE turned hippie, believes in love and brotherhood, wishes to meet someone with same values, 18-25, for long-lasting relationship. Let's get together. #2678 (3/22)

22 YEAR OLD NONPROFESSIONAL unstable college student looking to meet women of all ages, race, and lifestyles. If you are open-minded and non-materialistic, please call me. #2449 (3/8)

27 AND LIFE JUST STARTED AGAIN-DWM looking for 22-30, DSWF like to ride motor-cycle in summer and snowmobile in winter. Enjoy camping, canoeing, nights out. Must be outgoing and adventurous. #2453 (3/8)

34, ROMANTIC, IDEALIST, college-educated, artistic. Mission in life, meaningfulness. Quiet, pre-determined, intimate solitude, mutual devotion. Champion Christ's true teachings, not man-made religious dogma. #2721 (3/22)

AFUN-LOVING GUY TO BE WITH-Love to play pool, go to the movies, to the dinner, and love softball. #2559 (3/15)

ADNE-WOMAN MAN LOOKING for a one-man woman, 25-37, for lasting relationship. I'm SWM, 35, N/S, N/D, likes pool, long walks, candlelight dinners. #2695 (3/22)

ACCOMPLISHED, ATTRACTIVE 36, N/S, L/D and I do all the fun things. I like relationships with depth, preferring laughter, but comfortable with tears. If you want a committed, playful, loving, mutually supportive partnership with a direct, compassionate, and honest man, extend yourself courageously and call #2717 (3/22)

ACTIVE 52 DWM SEEKS 35-55 female who is drug-free, sensitive, honest, caring, intelligent and loves to dance! #2700 (3/22)

AFFECTIONATE, BENEVOLENT, Creative, Dependable, Enthusiastic, Faithful, Gregarious, Honest, Incontinent, Jocular, Knowledgeable, Loving, Monogamous, Non-smoking, Optimistic, Pro-choice, Quick-witted, Romantic, Sensitive, Thoughtful, Understanding, Veracious, Wholesome, X-temporaneous, Youthful, Zealous, SM, 29, seeking a special lady who feels that my qualifications best satisfy her needs! P.O. Box 1255, Westbrook, ME 04098-1255. #2548 (3/15)

ALL I WANT is female companionship, good conversation, intimacy, without commitment. You are 25-35, attractive, uninhibited. I am 39, handsome, with great sense of humor. #2766 (3/29)

ANYONE BE MY VALENTINE? SWM, 28, love hockey, love God, looking for SWF, 20-35, who would spend time & share with me. I love WCLZ. Call or write to me. #2441 (3/8)

ARE YOU AVAILABLE? 30+, career professional, 5'10", average-looking with country home, seeks sim, attractive female for relationship. Must like dancing, music, shopping & kids. #2520 (3/15)

ARE YOU MY VALENTINE? DWM looking for relationship or just friends who enjoy music, outdoor activities. Also enjoy playing pool and good movies. Sick of winter? Let's warm up! #2557 (3/15)

ATTENTION LADIES: Attractive, intelligent, sensitive, down-to-earth SWM, 22, likes occasional adventures, seeks attractive SWF, 18-23, for friendship & relationship. #2785 (3/29)

ATTRACTIVE SWM, 20, Br/Br, 5'10", 165#, enjoy pool, music, bicycling, movies and romance, seeks SWF, 18-26, with similar interests. #2526 (3/15)

ATTRACTIVE SWM, weight proportionate to height, physically fit, sense of humor, into ocean walks, movies, dinner in/out, ball games, and much more. Seeks attractive, honest, slender, 5'7-37, for companionship and/or relationship. Don't be shy, give it a try. #2539 (3/15)

AVAILABLE! That supposedly rare man with warmth, intelligence, charm and no major vices. I am an attractive, artistic, college-educated SWM, 40, with quick wit and easy smile. Like you, I am physically and emotionally healthy and gainfully employed. Love the arts, movies, reading, hiking, traveling, dining out and exploring the Maine coast. Prefer attractive, trim, SWF, 27-40, with sense of humor and adventure. An independent, warm, easy-going woman with confidence and a little craziness is the ideal. Photo preferred, boredom never a factor. CBW Box 185. #2726 (3/22)

DOWN-TO-EARTH CHRISTIAN DWM, 35, N/S, fit, stable, great cook, honest, great listener. Enjoy theater, symphony, festivals, outdoors, looking for SWF, 24-40, with same interests. #2450 (3/8)

DWM, 33, SOMETHING SPECIAL, so I'm told. Down-to-earth and interested in a caring relationship with the right person. Several interests. Not a couch potato. (Well, okay, occasionally.) #2558 (3/15)

BEACH BUM, TALL, DARK, HANDSOME to most eyes, SWM, 24, 5'11", 160#, N/S, who takes life just serious enough, seeks SWF, 18-30, to share beach, music, stasias and much more with. No TV/shore junkies please. CBW Box 182. #2544 (3/15)

BIG THINGS, SMALL PACKAGES- SWM, 45, athletic, professional, sense of humor, interests: Boating, skiing, great food and wine, travel, hiking, dogs, fishing, racquetball, music, the Arts. Seeks petite, attractive, fit, N/S, intelligent SWF, 30-45, with similar and dissimilar interests. #2522 (3/15)

BRIGHT, HONEST, trustworthy, warm & caring, handsome & attractive (to the mind & heart as well as the eye), active, athletic, physically fit, wealthy, professional man who enjoys a variety of sports & activities, values communication, emotional equality, integrity & wellness. Hoping to connect with exceptionally beautiful, intelligent, physically fit woman, 25-45. CBW Box 183

CAN YOU NAIL JELLO TO A TREE? Try me! SWM, 40s, fit, groomed, ok, head, wants someone I love WCLZ. #2541 (3/29)

CAPTAIN SEEKS MERMAID-Mid-coast male, 44, witty, curious, easy-going, N/S, blue eyes and blue jeans. Dreaming of warm, sunny islands, and you? #2814 (3/29)

CARY GRANT, JAMES DEAN, ALAN LADD, Edward VIII, Grace Kelly, Rita Hayward, Natalie Wood, Jean-Paul Sartre, Ralph Nader, Richard and Jane Fonda. #2825 (3/29)

CITYBOY TURNED COUNTRY BOY, Tall, professional SWM, 33, looking for N/S SWF girl, 20-35, who would spend time & share with me. #2441 (3/8)

CUPID, DRAW BACK YOUR BOW, and let your arrow go!... Don't spend Valentine's Day alone. SWM, 45, N/S, L/D, unconventional, liberal, hopeless romantic, affectionate. All replies answered... with an Elvis stamp! #2540 (3/15)

DISWM, 31, 6', 170#, looking for attractive, fun, SWF, 20-35, for friendship or relationship. No head game, down-to-earth only. #2704 (3/22)

DECENT-LOOKING N/S DWM, 38, dependable and humorous, seeks down-to-earth SWF, 30-40, who shares outdoor and social activities and hope for a relationship. Kids are fine. #2815 (3/29)

DO YOU WANT TO GO STEADY? I am 58, 6'10", don't drink or smoke, like to do anything. I go to church and read the Bible. What you would go with me. #2709 (3/22)

DOWN-TO-EARTH CHRISTIAN DWM, 35, N/S, fit, stable, great cook, honest, great listener. Enjoy theater, symphony, festivals, outdoors, looking for SWF, 24-40, with same interests. #2450 (3/8)

DWM, 33, SOMETHING SPECIAL, so I'm told. Down-to-earth and interested in a caring relationship with the right person. Several interests. Not a couch potato. (Well, okay, occasionally.) #2558 (3/15)

DWM, 37, LOOKING FOR SOMEONE to have fun and romantic dinners with. Am very active. Like sports and being outdoors. Like slim, N/S women. #2690 (3/22)

DWM, 40, ROMANCE? Interested in arts, politics, good times. Want to share some with me? Why not? #2800 (3/29)

DWM, 40s, CONSIDERED ATTRACTIVE, sensual and sensitive. Enjoy travel, x-country skiing, beaches, dining out, and private time. N/S, social drinker. Will return calls. #2801 (3/29)

DWM, 43, 5'7", 150#, N/S, single parent, easy-going, with a good sense of humor, seeking petite S/DWM, Portland area with similar interests. #2529 (3/15)

DWM, 50, ONE WOMAN MAN- Open, honest and sincere, seeking long-lasting relationship with same. Needs to be down-to-earth, fun-loving, good sense of humor. #2451 (3/8)

DYNAMIC, SOON-TO-BE 50 DWM, likes all most every thing, would like to meet lady free to do almost anything. #2446 (3/8)

ELECTRIC WM, 38 YEARS YOUNG, N/S, social drinker, looking for a N/S female into gourmet cooking. Must like fine dining and good music. #2681 (3/22)

EHH, WHAT'S UP, DOC? Honest, caring SWM, 23, seeks attractive, intelligent, N/S SWF who's looking as Bugs Bunny, with a touch of the Tasmanian Devil, for friendship or relationship. #2511 (3/15)

EXPLORE IT ALL- Christ, crystals, Lazarus, alternate life choices, alternative realities, transreality, inner soulscapes. N/S, N/D, father of handicapped child, your guide, journeyman, friend. #2764 (3/29)

FEEL MY HEAT TAKING YOU HIGHER, burn with me. Heaven's fire. SWM, 26, seeks attractive, N/S female- Let's put the X in sex. #2527 (3/15)

HANDSOME SM, 29, professional, well-built, caring, intellectual, enjoys exercise, movies, sports, and good conversation, looking for pretty woman with similar interests for a one-on-one relationship. #2778 (3/29)

HANDSOME SWM, 22, Br/Br, N/S, N/D, N/S, 21-24, Let me cook you dinner. #2808 (3/29)

HANDSOME, HUMOUR, HUNKY, HEY! Maximize your pleasure, combine sensuality with wit and artistic as well as musical stimulation. This is one of those gifts like rainbows coming your way. #2466 (3/8)

HANDSOME, INTELLIGENT SWM, 33, 6'1", nice body, intelligent, varied interests, looking for honest, attractive female with nice figure, intelligence and nothing to hide. #2765 (3/29)

HARD-DRIVEN MAN, 33 years young, professional driver, musician, semi-spontaneous, enjoys outdoors as well as working out at home. Seldom drink. Seeks hard-driven female workout partner. #2562 (3/15)

HOPLESS ROMANTIC DREAMER- 31, fun-loving, humorous, witty, intelligent, attractive, playful, affectionate AND sensitive, seeks sophisticated older woman for romance, closeness, and... who knows? Pursue! #2442 (3/8)

HUMAN LOST HIS MERMAID- Unattached SWM, youthful attractive 42, wants thoughtful, caring and compassionate woman for relationship with no biological alarm clocks. I like my freedom to sleep in, cook, sing, write and enjoy skiing-dipping on forested shores. #2831 (3/29)

I DON'T BELIEVE I ASK FOR MUCH- Level-headedness, strength of convictions, mentally & physically fit, just humor- just an unpretentious, easygoing, non-materialistic woman for the new age. Let's work this out. #2684 (3/22)

I'M LOOKING FOR A SPECIAL WOMAN who enjoys sitting and enjoying a beer in the shower. #2568 (3/15)

INDEPENDENTLY WEALTHY, healthy, 25 year old hardbody, rugged, outdoorsman seeking cure from cabin fever. #2680 (3/22)

INTERACTIVE COURSE- Cuddling & Conversation. Only qualification is a great smile. This is a core course and pre-requisite for advanced studies. #2545 (3/15)

JUST ONE GOOD WOMAN is all I need! DWM, 40, N/S, open, honest, able to communicate, and capable of intimacy. Seeks friendship and romance. #2525 (3/15)

LET'S GET TOGETHER IN '93- SWM, 29, looking for SWF, 25-45, I excel at sports and workout hard. I am adventurous, spontaneous and romantically obsessed. #2769 (3/29)

LOOKING FOR A WILD GOOD TIME- Very active, hiking, skiing, dancing, biking, laughing, crying, sensitive and caring. #2679 (3/22)

LOOKING UP IN SPACE- Blue eyes, 5'10", 155#, attractive, mature, physically fit, honest, seeks SWF, 22-33, physically fit, honest, communicative, who is interested in sign language, friendship. #2464 (3/8)

MAINIAC GENTLEMAN- SWM, 36, 195#, seeking gal-pal for these "BRAR" dead months for some extraordinary times. Must like movies, music, walks and current affairs. #2531 (3/15)

MINIS, HEELS, LEATHER, LACE- 45-y.o. male seeks females who love Fredericks Fashions, have the style and figure for them. Let's start an adventure. #2535 (3/15)

MISSING KISSING- SWM, 34, 5'8", 160#, Br/Bl, musician/writer seeks Plain Jane w/brain for relationship. Let's get together and work the KINKS out. #2763 (3/29)

MOTORCYCLES AND SNOWMOBILES- Let's ride together! 25, 5'8", 145#, physically fit, seeking mature, 25-30, to ride through life's wind-tunnels. Friendship, possible relationship. All calls replied. #2456 (3/8)

NATURALIST SEEKS LADY ADVENTURER for camel-trailing the Australian outback or other natural adventures, for fun, relaxation, warmth, and good times. Come swing with me! #2798 (3/29)

NO STRINGS, JUST FLINGS? My career prohibits the possibility of anything more. 22, N/S, athletic, intelligent, attractive, naughty, attentive to women's desires. I know exactly what you need. Interested? #2705 (3/22)

NORDIC KING SEEKS NORDIC QUEEN- I'm the submissive warrior. You can dominate the conversation. Together we could rule. #2770 (3/22)

NOT A FITNESS FREAK, but in pretty good shape. SWM, 30, loves children, outdoors, cooking, many other interests. Looking for woman to enjoy quality time with. Age not important. #2701 (3/22)

OUT OF PLACE IN TIME DWM, 30, enjoys country living, hiking, camping, history, horses. Seeks DSWF, 20-28, who enjoys going places and doing things. #2697 (3/22)

OUTDOOR TYPE- Enjoy quiet times, country music, looking for down-to-earth woman. No head games. Romantic evenings. Single parent. If this sounds like what you want, call. #2554 (3/15)

SAM, 57, 175#, seeks S/DWM, 20-25, who's interesting. Asian customs. I'm very shy, please don't make me nervous. Please call. #2434 (3/8)

SEEKING DOWNHILL SKIER- 47yo professional, DWM, 5'6", seeks intelligent, dark-skinned female with green/brown eyes, who is a downhill skier with interests in music, dining & travel. Must be authentic, autonomous, spontaneous, flexible, good listener. No narcotics or addicts. CBW Box 184. #2720 (3/22)

SEEKING OLDER LADY, 40-50, for non-commitment dating with SWM, 26, professional, N/S, attractive, athletic. Desire pretty, energetic, fun person for dancing, dining, weekend trips. #2532 (3/15)

SENSITIVE GUY with an attitude, seeks bidionously expressive female for fun and companionship. Must be attractive. Can be intelligent. 30s SWM N/S M/D. #2427 (3/8)

SHOW ME you're intimate with me and I'll show you a wonderful father. Show me you'll marry me and I'll show you my promising financial career. #2517 (3/15)

SINGLE COWBOY SEEKS COWGIRL to boot, scout, boogie with. I'm interested just to ABE! #2683 (3/22)

SINGLE WHITE BOY, high cheeks and slingshot briefs, looking for lust, lunacy and change for the toll booth. I need sex and sympathy, and the change! #2804 (3/29)

SM, 38, FUN & FRIENDLY, looking for an intelligent, warm, witty female to write away some winter days and warm up some winter nights. #2803 (3/29)

SOLID, FAMILY DWM, professional entrepreneur, brown-eyed, fit 50 (168#) 5'11" seeks lady (32-45) to share TLC, home, travels, parenting, sports, humor, kindness & dependability. N/S N/D. #2710 (3/22)

SPONTANEOUS AND UNCOMMON, early 40s, 6'3" professional, educated, secure, keen sense of humor, mischievous, seeking SWF, 32-42, with similar qualities to share adventures with. #2444 (3/8)

STRONG, SILENT TYPE SEEKING AMY GRANT with wild side. Love children, music, the coastline, moonlight, quiet, romantic nights. Into soul-searching, looking for lost soul mate. #2564 (3/15)

SWM LOOKING FOR ADVENTURE- Heir to a fortune, living in Portland; looking for a wonderful woman who will share in my good fortune. #2676 (3/22)

SWM, 34, COLD & LONELY, looking for SWF, cute, cold & lonely. Let's warm up together. #2559 (3/15)

SWM, 34, LOOKING FOR SWF, 24-30, who enjoys outdoor activities, cooking, campfires, movies, going out to dinner. Love to cook, previous chef. Let's cook something up together. #2807 (3/29)

SWM, 34, YOUTHFUL LOOKING, 5'8", 145#, handsome, working the night shift, seeks SWF in similar situation. #2445 (3/8)

SWM, 37, LOOKING FOR SWF between 30-37. Enjoy outdoors and relaxing evenings dining or movies or home. Looking for sincere relationship. Enjoy fitness. N/S. #2465 (3/8)

SWM, 38, 5'7", 160#, N/S, LD, enjoys dining out, movies, weekend getaways, music, long walks, good conversation, cuddling. Looking for a petite woman, 30+, with an over-sized heart and lots of spirit. #2782 (3/29)

SWM, 40s, INTO SKIING, athletics and likes to stay home with the right woman. Likes out doors a little. #2815 (3/29)

SWM, 43, 5'11", 190#, N/S, very easy-going with a zest for life. Enjoy cooking, movies, dancing. Seeking a S/DWM with a good personality. #2528 (3/15)

SWM, 6'3", 190#, I am a drummer in a band looking for a SWF for fun and adventure. #2687 (3/22)

TALL, ATTRACTIVE DANCER, 53, seeks lady to learn Tango, Two-Step, or 7 Need only learn heart and smile. Other interests, too. Please call. #2536 (3/15)

TALL, DARK AND HIPPER SWM seeks petite, independent, feminine lady to share my life with. Like to dance, music, and affection. I'm secure, independent and adventurous. #2821 (3/29)

TALL, DARK, HANDSOME TYPE, 42, bright, internationally sophisticated, pan-cultural, high self-esteem, seeking good-looking, stable female. #2518 (3/15)

TALL, RUGGED, HAPPY, youthful physician, 40, seeks intellectual, pretty lady, 25-32, to love and have happy kids with. Please write or call. CBW Box 175. #2264 (3/22)

THAT SPECIAL SOMEONE YOU SEEK could be waiting for you at the Seamen's Club on Thursday nights from 5-7 pm. It's the Personal Connection!

THE REAL RICHES IN LIFE are not what one owns, but what one does. Energetic, passionate, loves life, loves to travel. Just say yes! #2677 (3/22)

TOUGH TO BE SHY! Outdoorsy gentleman, heart and soul belong in the woods, seeks SWF, 25-32, who is not afraid of trying anything or being themselves. No games please! #2561 (3/15)

men • women

SWM, 28, SEEKING N/S SWF, 26-36. Would like to meet honest, independent, mature, monogamous, relationship minded, healthy, conscious person who has evenings and weekends available. #2532 (3/15)

SWM, 30, N/S, N/D, PROFESSIONAL who is open and not afraid to say what he feels. Really, I like skiing, instrumental music, and reading this column. Friendship first, then. #2686 (3/22)

SWM, 30, SEES FRIEND & LOVER to share time with. I'm healthy, athletic, sometimes quiet, affectionate, securely employed. I enjoy dancing, movies, parties, travel, kids, adventure, sports & intimate evenings. #2516 (3/15)

SWM, 31, 5'10", 170#, lover of the outdoors & all seasons, seeks positive, patient, open-minded & healthy woman who also enjoys her passions. #2716 (3/29)

SWM, 31, Black hair, Blue eyes, 170#, 5'10", enjoy the outdoors, movies, hanging out over coffee, camping, reading, etc. Seek SWF, 25-32, to enjoy time together doing what we both like. #2811 (3/29)

SWM, 32, Enjoy camping, fishing, ballgames, diving, boating and the beach. Looking for intelligent SWF, pretty, good cook, with sense of humor, enjoys outdoors. #2569 (3/15)

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UNPRETENTIOUS PHYSICIAN- 48, DWM, attractive, in shape, enjoys nature, dining, simple pleasures, seeks soulmate who values communication, caring, affection, to share marriage, childbearing, slim woman. #2534 (3/15)

VIRLE 23 YEAR OLD- Not currently "tied down", but would enjoy being so. Open to any heterosexual relationship demanding stability and stamina. Any questions? #2469 (3/8)

WARM, HANDSOME, SLIM, professional, brown-eyed, Italian, DWM, 36, with music in his soul, looking for professional, slender female share friendship, romance and house. #2530 (3/15)

YOUNG GIRL- OLD MAN, 45, 6', 275#, bearded gentleman, kind, easy-going, seeks young, 18-24, attractive, single lady for permanent relationship. Blue-eyed blonde a plus. #2790 (3/22)

YOUNG MAN SEEKS WOMAN 25-40, single, for dancing, theatre, movies, romance. #2459 (3/8)

YOUNG RATIONAL LOVESEIK mongrel awaits. S/DWM, 34, French, Irish, German, English, enjoys events from each. You, 30-38, enjoys life, smiles, conversation, sun, beach. #2703 (3/22)

YOUNG STUD AT 40 LOOKING for female that can keep up. Love to dance and make romance. Let's get off the porch and swing! #2813 (3/29)

women • women

ATTENTION YOUNG LESBIANS! I'm looking for one special lesbian. Must want to have fun, enjoy dancing, movies, parties, travel, kids, adventure, sports & intimate evenings. #2833 (3/29)

ATTRACTIVE, SPIRITUAL, L30s, creative, learned, androgynous, independent, compassionate, amok seeking lightening, light-hearted, handsome woman able to connect easily with people and live simply with Mother Earth. #2439 (3/8)

EMERGING GF, 31, new to the scene, wishes to find a friend. Interested in great conversations and spending quality time together. Oriental GFs are welcome to respond also. CBW Box 81. #2543 (3/15)

F 28 SEEKS F 25-35, who are amazed at the competition most women exchange, and prefer to offer a smile. Please be feminine, pretty, and very independent. #2714 (3/22)

GWF, ATTRACTIVE, FUN, SEXY, and passionate. Looking for other intelligent, attractive, easy women for fun, friends, movies, and possible playtime. Feminine qualities and sense of humor a must. #2519 (3/15)